

we all want to be good

Posted by laagvokeles - 15 Dec 2010 16:18

hey i am new here bla bla bla.... and my english is not the best

bekitzer i ``officially`` seat and learn.....but in my free time i wach films and porn.....

Oh yes i allready cutted (geshniten, chotachi) the wires that provide internet, i took out the possibility of wlan of my laptop, NOTHING HELPS in the long run.....

I dont understand how dos a jewish frum person "relax"? i mean bederech heter.... how? by reading a book? by eatting steake? by waching a concert of lipa? come on!.....

I am not eaven talking about porn! waht about waching films....? thats also included in the "veloi sosuru"! there is also in normal films not tzniesdige woman....., but with what else can we relax?

I have more than 2 children and i am after my 30 years and i study.... i am ven very good at it... very deep... and i enjoy it very very much i can seat in koilel 13 and and sometimes 15 hours!!! true! i can also seat as a regular koilel yungerman 8 hours, nothing really makes a diffrence, after a month and a half sometimes less, i get a "lust atack and sometimes i can struggle for hours sometimes for a day BUT NOT MORE!!!

oH RIBOINOI SHEL OILOM WHAT ALLSE CAN I SAY

what allse there is here to say ill say at a diffrent ocasion

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Re: we all want to be good

Posted by laagvokeles - 26 Dec 2010 22:33

whats going on here? no action , no movment!

thats it huh....? i sayd u CAN NOT help me, so u stop speacking huh? a shame i had a such a good time!

u very bussey...? shame!

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Re: we all want to be good
Posted by Dov - 27 Dec 2010 00:12

Hey, we are all tired from climbing down and up all those chimneys to deliver presents for all the good children all over the world. Give us a break for a day, OK?

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Re: we all want to be good
Posted by laagvokeles - 27 Dec 2010 00:24

[dov wrote on 27 Dec 2010 00:12:](#)

Hey, we are all tired from climbing down and up all those chimneys to deliver presents for all the good children all over the world. Give us a break for a day, OK?

non given!!!

message.... , i think it helps to understand the proportion of my

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Re: we all want to be good
Posted by ur-a-jew - 27 Dec 2010 02:44

Dov, thanks for the clarification. Originally I thought it was the isareruso d'liayla that was coming down the chimney.

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Re: we all want to be good
Posted by bardichev - 27 Dec 2010 05:15

Hi LV

Vuss macht men?

I couldn't speack

I was busy with the snoe

I was on GIE very liddle today

I am also shocked that u mist me

I tak is as a kompliment

Mist u too

Keep on trucking

Keep on speacking

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Re: we all want to be good
Posted by laagvokeles - 27 Dec 2010 08:15

bards for sure i miss you! you speack loud and clear!

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Re: we all want to be good

Posted by ur-a-jew - 27 Dec 2010 16:27

I knew I would get my hisorerus from the chimney. ZS that was great.

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Re: we all want to be good

Posted by bardichev - 29 Dec 2010 02:28

Why did u stop speacking to us??

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Re: we all want to be good

Posted by 1daat - 29 Dec 2010 05:19

ZemZem, I literally have tears rolling down my face laughing so hard from the chimney story.
that's gonna make the rounds.

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Re: we all want to be good

Posted by laagvokeles - 29 Dec 2010 09:48

it seems we are all out of words...

any way it was nice when we all still had what to discust, now it seems ??? ??? ??? ????. i
cant tell u any ??????? and you neither..... so asta la vista baby!

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Re: we all want to be good

Posted by ur-a-jew - 29 Dec 2010 15:35

[laagvokeles wrote on 29 Dec 2010 09:48:](#)

i cant tell u any ???????

A ????? he can tell us is that he is actually here to listen and to try and change. Hopefully that will come before he destroys himself completely. LvK hatzlacha in getting up from wherever you are.

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Re: we all want to be good

Posted by laagvokeles - 31 Dec 2010 02:22

guys!!! the unbelievable just happened!!!

i wanna go back to my ritual, spend less time in the ????? internet!!! isnt it greate! ????? ?????!

i wanna help my self get back to life SLOWLY, so i need to ask u a few questions, but first ill have to explain u something :

i am in the internet "problem" around 15 years,

My new problem that started to ocure (?????) BECAUSE i stayd away on a radical way of the internet is, that once a month because i dont have internet i rent a movie at a blockbuster store (i belong to chasidishe croud....its not normal) and that puts me very much in "socail danger" if i am seen there, but i took the risk cause i simply got sooooo bored!

i still (?????) did not finish.

but lately because i did not have internet when i went out "shoping" my "koshere" videos, i also (2 or 3 times) ???? ??? shoped dvd with porn.

so evendo i wanna start back "normality" and i dont need internet cause i dont work, i dont wanna cut my internet AGAIN because, i am in a new level, a new problem cause by bringing in at home such dvd (porn) its really dangerous, much eazyer)??) my wife to catch me, so i dont wanna cut of the internet, i just wanna put in a good filter and not because i believe ithat the filter is gonna help me, only because thats what i can do now, and hopefully ill not go shop exclusively (??????) porn

but i need the internet for yideotube hidabroot etc and also videos (blockbuster).

so i need from u guys 2 things:

1 a exact page with the filter i need

2 what do u think about my aproach?

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Re: we all want to be good

Posted by im not alone - 31 Dec 2010 06:59

Hi!

boy does hashem love you!! i think everyone up there are chaping a rekidah could you believe that laagvokeles is taking his first but huge step

so here is my 2 cents

its a great massive huge giant step altough its not enough but it is the first step

www.guardyoureyes.org/?p=24

just follow the easy simple steps to add this great free filter

but please dont use your personal email when you sign up, the whole filter would be useless.
use the email from GYE

i really really hope that one day (very soon) you should go on the 90 day chart and
win.....back your life

its your life, get going, take it back

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Re: we all want to be good

Posted by Eye.nonymous - 31 Dec 2010 08:24

Hello, I'm just stopping in here for the first time.

Don't you hate it when someone jumps in and offers advice for something you wrote 4 months
ago and have gotten over already?

We'll, I'm going to do that anyways, assuming it still may be relevant.

You started out wondering how to relax. Also, you said you can learn sometimes for 15 hours
straight.

I noticed about myself, I was undermining my own sense of calm and peace-of-mind. I needed to relax, to escape to acting out. BUT, IT WAS I WHO WAS DRIVING MYSELF CRAZY IN THE FIRST PLACE! I was setting really high goals, pushing myself too much, being too critical of myself, always frantic, always running, always catching up!

So, I started to ease up on myself. To be more realistic. To still try to acheive, but to allow for shortcomings and unexpected circumstances.

When I stopped pressuring MYSELF so much, the urge to act out got MUCH weaker, and occurs MUCH less frequently.

--Eye.

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