

Really Stuck!!!!

Posted by Fatty - 12 Dec 2010 11:14

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Hi friends!

I have a very difficult wife. I used to look at internet SHMUTZ because I felt lonely and I had a feeling that these models in some way cared for me by showing....

Anyway I am clean since Peasach. But now I am going through a very hard time. My wife isn't talking to me for over a month and certainly there is no relations. I have no idea if she went to Mikvu or not. She refuses to go into counseling. So here I am STUCK!

I cannot get divorced because of the kids. 8 of them.

What am I supposed to do now RBONO SHEL OLOM???!! I am in late 30s and still have a YETZER HURU for like anyone else and now I have no s\*x at all. I feel lonely. I really need a mature relationship with a loving wife. OI VEIH what can I do???? Take a pilegesh?!!!!

Fatty

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Re: Really Stuck!!!!

Posted by frumfiend - 12 Dec 2010 12:43

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Welcome to our group. I really feel your pain. You will find on this forum many tools and people to help you deal with your situation.

Hatzlacha raba stick around

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Re: Really Stuck!!!!

Posted by jewinpain - 12 Dec 2010 15:04

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good morning brother, we are missing lots of details here, do u mind shraing a little more so we can help u get out of the mud, u r in good hands, keep up ur gr8 work

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Re: Really Stuck!!!!

Posted by bardichev - 12 Dec 2010 15:23

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Fatty

A breaiten shulum alychem

Welcome home

Talk talk talk

We are here for you

We have no magic

But communication really works

Yeah the digital models make you "feel" good. But they don't make you good

They also kill all feelings in every other area in life

I don't know your shalom bayis situation

But you say u will remain married because

Of the 8 yummy zeeseh lechtigger kinder

What can you do for them

If they live in jail with father and mother not talking

I am sure you have valid complaints on her

I want to know if "for the kids" find a creative way to ask her how are you?how do you feel?what can "I". Do to correct the situation?

Even if she went to counseling it wouldn't help. It only helps. When one wants help

You need to get to first base with her

It takes hach-na-ah

It hurts

Yes it does

Another thing is tefilla

The Basheffer is "imo anoichey batzara"

Daven!!

Post away here

Bardichev

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Re: Really Stuck!!!!

Posted by the.guard - 12 Dec 2010 16:48

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Nebach. We all feel your pain.

Kol Hakavod on your clean streak!

I have an idea; a way for you to get your wife back.

Read the book "Garden of Peace" by Rav Shalom Arush.

If you do the things he suggests, there's no way she won't want you back.

It will take a paradigm shift in thinking, and a lot of EGO bashing on your part.

But if marriage means something to you, you'd give it a try, no?

Meanwhile, sign up for the daily chizuk e-mails, get a good filter, and post on the forum... That

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Re: Really Stuck!!!!

Posted by Dov - 13 Dec 2010 02:27

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Dear Fatty,

Yes, you are indeed stuck. With yourself. Now, what to do?

It probably is great that you are here, and you are obviously trying to do something of great value. You are clearly in deep trouble. Thanks for coming forward and sharing all that with us.

And at the same time, I have some tough questions for you. As others have already mentioned, it is plain that there is much more to the situation than you are stating. Is your wife not talking to you because you used porn in the past (before pesach)? Is it because she just found out about it? Is it something else entirely? Do you blame your compulsive use of porn in the past on her and her behavior, her weight, or her attitude toward you? You may not have masturbated or used porn for a while, but are you in any sort of recovery, or just resisting your bad desires? If you are not in any active recovery, then I am reasonably certain that your wife is still living with the same man she was with before...no wonder she is treating you like garbage.

I just want to ask these things, for your benefit, as the answers make no difference at all, to me. No matter how much I may be concerned and care for you, the matter is completely in your hands, as is my recovery in my own hands. I am completely powerless to use lust and I cannot control it. I have resentments and fears and pride and it is only through Hashem's Chessed that I am a different person than I used to be. Living with me is actually not bad at all, and often quite nice for my wife and kids.

Vas is los?

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Re: Really Stuck!!!!

Posted by ur-a-jew - 13 Dec 2010 04:21

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Welcome. I agree with all the sentiments expressed above. We feel your pain, and there are many here who can (and already have given you) invaluable advice. You have your work cut out for you. But you look like you are up for the task. Hatzlacha. P.S. Check out the Sholom Bayis thread in the married men's section.

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Re: Really Stuck!!!!

Posted by gevurah - 13 Dec 2010 10:15

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There are two problems one marital and one your own addiction

possibly connected

there is no replacement for professional counseling

try to find a rav you can confide in -preferably one

with experience in marital issues we are here as friends

but prrofessional guidance may be necessary- you alone at first-

then b'h both of you

HATZLOCHOH RABOH!!!!

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Re: Really Stuck!!!!

Posted by ZemirosShabbos - 13 Dec 2010 15:32

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hi!

you got some of the real veterans to come and offer you some wonderful advice, good for you.

sounds like you are in a tight spot and the missus is not ready to face the music. that is really tough. but it has a hidden good side in that it forces you to focus on yourself at the moment. and ultimately the only place where we can directly effect change is in ourselves. not the wife, kids, friends, children, neighbors or anyone. but the magic is that when we make some changes to our attitude we suddenly see that all the people we saw as rotten nothings are really great somethings. it isn't easy but it is worth it.

you are fortunate to have signed up here. you can post and share here and get chizuk and ideas and a sense of a shared struggle.

much hatzlacha!

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Re: Really Stuck!!!!

Posted by desperate\_teddybear - 13 Dec 2010 16:15

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HI AND WELCOME ;D

why u calling urself fatty?

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Re: Really Stuck!!!!

Posted by mnman415 - 14 Dec 2010 02:47

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welcome.

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Re: Really Stuck!!!!

Posted by laagvokeles - 15 Dec 2010 17:17

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i dont know how your wife dosnt talk to you, it looks like you have a good sence of humor, lol

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Re: Really Stuck!!!!

Posted by Dov - 16 Dec 2010 16:11

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Maybe we scared the cheese out of him. :o

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Re: Really Stuck!!!!

Posted by bardichev - 16 Dec 2010 16:12

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maybe we didnt welcome him enough

fatty come back !!

we love you here

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Re: Really Stuck!!!!

Posted by Dov - 17 Dec 2010 02:55

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Yeah, we'll give you some of our **own** cheese!! ;D

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