

Looking to start a 12-step SA group in Yerushalayim

Posted by Avrech - 01 Dec 2010 00:45

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I am a 31-year old baal teshuva, married with 2 children, learning in kollel full time. I've been addicted to masturbation and internet pornography since age 15.

Around 2 years ago I came to realize that I'm addicted and that I cannot stop on my own.

Since then I've tried to stop in many different ways - praying, nedorim, installing filters, trying to get to 90 days (never made it past 30), talking to accountability partner, reading about 12-steps (Big Book, White Book), reading chizuk stories on GYE - all to no avail.

Finally I have come to realize that nothing is going to help me besides for attending a 12-step group meetings and working the steps. I know that there is an existing SLAA group in Yerushalayim, but time (11 am Friday), place (French Hill) and my guess that the group mostly consists from non-religious people struggling with more than pornography addiction, don't leave it as a viable option for me.

I know that there are phone groups, but they are not good for me for 2 reasons:

- 1) They are in US, thus the times are inconvenient, also, being a family man, it's very difficult to commit to a daily session.
- 2) I have a feeling that phone meetings, especially long-distance, would not produce the same effect as face to face meetings with real people.

I think time has come to create a real 12-step group for people like ourselves, facing our particular problem. As far as I gathered from the forums, there are quite a few of us in Yerushalayim.

So I'm looking for:

- 1) People who are interested to join me.

2) A sponsor willing to guide us through 12 steps.

3) Location where we can meet one evening a week, in Jerusalem, ideally centrally located.

Please post on this thread or PM me directly if you can help me with any of the above, or any other useful ideas/suggestions.

Thanks,

Avrech

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"Together we stand, divided we fall"

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Re: Looking to start a 12-step SA group in Yerushalayim  
Posted by yedidya aleph - 01 Dec 2010 22:50

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Re: Looking to start a 12-step SA group in Yerushalayim  
Posted by Dov - 13 Dec 2010 18:24

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Maybe I didn't read your poist right, but I went to a few SA meetings is Yerushalayim a few years ago and knw that there already are SA meetings in Yerushalayim/beit Shemesh/etc...

Can you explain? Or PM me about it?

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Re: Looking to start a 12-step SA group in Yerushalayim  
Posted by Dov - 20 Dec 2010 01:55

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Please tell me what your progress is, OK? I have friends in yerushalayim who are interested in this, thanks.

Found the other meetings yet?

PM me and I have a guys # for you in EY, OK?

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Re: Looking to start a 12-step SA group in Yerushalayim  
Posted by aryehtahor - 20 Dec 2010 03:09

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I will be in Jerusalem in a week, staying for a while, and would like to join a frum SA group. Please keep me in the loop.

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Re: Looking to start a 12-step SA group in Yerushalayim  
Posted by gevurah - 20 Dec 2010 07:52

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would be interested to join

or talk

let me know

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Re: Looking to start a 12-step SA group in Yerushalayim

Posted by Dov - 20 Dec 2010 23:57

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Gevalt! To heck with the "meeting"! Just get together you two and make a meeting for one hour whatever happens after that can't be as bad as not having any meeting at all!

Go for it!!!!

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Re: Looking to start a 12-step SA group in Yerushalayim

Posted by aryehtahor - 21 Dec 2010 23:41

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I'm confused about the situation in Israel. Is there a known, recommended SA group for frum people with regular meetings in Yerushalayim? If so, please tell me about it! If not, there should be!

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Re: Looking to start a 12-step SA group in Yerushalayim

Posted by gevurah - 23 Dec 2010 08:31

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Re: Looking to start a 12-step SA group in Yerushalayim

Posted by Avrech - 22 Jan 2011 18:53

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Hey guys!

I'm glad there's activity in this thread, cus' I almost gave up on it.

Ok, so here's the update:

Me and PostalServicio have started a new "group" in Yerushalayim a month ago. We've been having weekly meetings and it has been going well so far.

If you would like to join us, please send me a Private Message with your phone number, and I'll get in touch with you.

This could be a beginning of a great thing!

-Avrech

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Re: Looking to start a 12-step SA group in Yerushalayim  
Posted by the.guard - 25 Jan 2011 19:33

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Wow, that's great news! I didn't know... Please keep me in the loop at [eyes.guard@gmail.com](mailto:eyes.guard@gmail.com). I get requests from many guys who want a frum, English speaking, men only SA group in Jerusalem...

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Re: Looking to start a 12-step SA group in Yerushalayim  
Posted by Dov - 26 Jan 2011 02:19

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I am told that there will very soon be iy"H, a rather significant meeting of **all the SA groups in Eretz Yisroel**. I think it will be in Beit Shemesh.

If you are interested in more info about it, please PM me.

I will send you to the GYE member who told me about it.

I also have an SA contact guy in EY. I sent his phone # to one of the fellows on this thread a few weeks ago...has anyone used it? What did he tell you?

Hatzlocha!!

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Re: Looking to start a 12-step SA group in Yerushalayim  
Posted by Avrech - 08 Feb 2011 23:06

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We had 3 people in the meeting today and it went great.

We're starting to grow!

Join us!

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Re: Looking to start a 12-step SA group in Yerushalayim  
Posted by Dov - 09 Feb 2011 01:19

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Have you read my comment above yet? Have you connected with the guy whose phone # I PM'd you yet? Have the other SA meetings in the Yerushalayim area been a resource to your group? And finally, did you connect with that Israeli SA conference?

Hatzlocha in recovery, chaveirim!

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Re: Looking to start a 12-step SA group in Yerushalayim  
Posted by BentleyJunkie - 12 Feb 2011 19:30

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Any interest and inquiries can also be sent to me in a PM since I check GYE several times throughout the day.

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