

GYE - Guard Your Eyes

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Hello from Blind Beggar

Posted by Blind Beggar - 28 Aug 2010 21:19

Hello Tzaddikim! I just found this site last week. I think it is going to make my Rosh Hashono and Yom Kippur. I think the newness of the 90 day chart will get me 40 clean days to Shemini Atzeres but I am afraid of what will happen next. Does anyone have any suggestions?

I have read enough of the forum to see that you are all tzaddikim and all serving Hashem every day clean and again after every fall.

The holy Baal Shem Tov taught that the yetzer horo is more interested in the post-sin depression than in the sin itself.

Blind Beggar who wants to have eyes only for Hashem.

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Re: Hello from Blind Beggar

Posted by Blind Beggar - 04 Jul 2011 09:27

Great Dov, I am pleased to be a catalyst for you practicing some positive sobriety.

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Re: Hello from Blind Beggar

Posted by TheJester - 04 Jul 2011 09:51

[Blind Beggar wrote on 03 Jul 2011 21:21:](#)

Eye.nonymous told me the affirmation should be positive, "I guard my eyes.", "I looked away." and not negative "I didn't stare and lust!", because the mind only hears the positive so if you think "I didn't stare and lust!" your mind registers, "I did stare and lust!"

I like this, a lot.

100 DAYS SOBER IN SA!

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Re: Hello from Blind Beggar
Posted by Blind Beggar - 04 Jul 2011 09:53

This is the second time in my life that I have gone 100 days without masturbating. The first time was before I came to GYE when I read a sefer, ????? ?????? by Rabbi Yosef Goldschmit of Kiryat Sefer. The main point of his sefer is based on something that Rav Chaim Friedlander zatzal wrote which I am about to post in the [Beis Medrash](#), bezras Hashem.

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Re: Hello from Blind Beggar
Posted by Blind Beggar - 07 Jul 2011 05:39
I like this, a lot, too

There are 2 new posts from ????? ?????? in [the Bais Medrash](#)

A group of bochurim in Gateshead Yeshiva got so much ????? from the sefer that they divided it up into 30 parts so they could learn it every month. The mechaber now prints it according to

their system.

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Re: Hello from Blind Beggar
Posted by KiviYVY - 07 Jul 2011 21:01

Any idea where I can find this Sefer? Does anyone sell it online?

Thanks - YVY

[Blind Beggar wrote on 07 Jul 2011 05:39:](#)

There are 2 new posts from ???? ?????? in [the Bais Medrash](#)

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Re: Hello from Blind Beggar
Posted by Blind Beggar - 07 Jul 2011 21:11

We know from the seforim hakedoshim that the 7 days of the week are influenced by the 7 aliya of the weekly sedra. This Shabbos is influenced by shevii of Bolok which is the terrible sin of znus with Moabite girls and Baal Peor and a plague which killed 24000 yidden. *We are all in danger of falling this Shabbos even without the Internet even if the only shiksas are in our head.*

On the other hand, in the aliyo of shevii we also have Pinchos who acted with great mesiras nefesh and became a great winner, stopping the plague and becoming a cohen. *We can all gain closeness to Hashem and big rewards if we act correctly this Shabbos.*

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Re: Hello from Blind Beggar
Posted by Dov - 08 Jul 2011 03:08

Dear KateDaring52,

Your username makes it sound like you are female. And that's great. But if you are, there is a mechitza here for a reason. If you are not, then why use a female-sounding username?

I am not the police here, so all I will do is ask, and then wish you a hearty:

Hatzlocha!!

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Re: Hello from Blind Beggar
Posted by Blind Beggar - 11 Jul 2011 05:20

I am proud to be a member of GYE for 320 days. I have 108 days sobriety in SA and 17 days on the GYE chart.

TODAY MY CUMULATIVE TOTAL OF DAYS ON THE CHART IS 300

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Re: Hello from Blind Beggar
Posted by silentbattle - 11 Jul 2011 12:50

Glad to hear it, my friend - I hope you keep moving forward from here!

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Re: Hello from Blind Beggar
Posted by Eye.nonymous - 11 Jul 2011 16:13

[Blind Beggar wrote on 11 Jul 2011 05:20:](#)

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I think that's a very significant number according to kabbalah.

--Eye.

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Re: Hello from Blind Beggar
Posted by ZemirosShabbos - 11 Jul 2011 21:29

[Eye.nonymous wrote on 11 Jul 2011 16:13:](#)

[Blind Beggar wrote on 11 Jul 2011 05:20:](#)

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--Eye.

in baseball, batting .300 is also very good...

KUTGW rebbe BB

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Re: Hello from Blind Beggar
Posted by Blind Beggar - 18 Jul 2011 05:27

24 days on the chart.

Boruch Hashem, I have not masturbated for 114 days and I haven't stuffed myself on food for two weeks. Since I don't smoke, drink, take drugs or gamble, I am left without any drugs for my problems. Consequently, I am very depressed and angry all the time because of my ever growing debts.

I think it is time for the Third Step: Made a decision to turn our will and our lives over to the care of God as we understood Him.

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Re: Hello from Blind Beggar
Posted by Eye.nonymous - 18 Jul 2011 06:09

[Blind Beggar wrote on 18 Jul 2011 05:27:](#)

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It sounds like you are getting increasingly in touch with those issues that have been driving your addictive behaviors. And, it sounds like you're on the right track to be able to overcome them now, with G-d's help.

Good luck.

--Eye.

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Re: Hello from Blind Beggar
Posted by geshertzarmeod - 18 Jul 2011 07:09

Mazal Tov on your accomplishments!

if you'd like to commiserate about debts we have alot in common

but I must tell you that its much better to deal with the debts without having to deal with the guilt that the masturbating is causing the debts.

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