Generated: 21 August, 2025, 22:02 Hello from Blind Beggar Posted by Blind Beggar - 28 Aug 2010 21:19 Hello Tzaddikim! I just found this site last week. I think it is going to make my Rosh Hashono and Yom Kippur. I think the newness of the 90 day chart will get me 40 clean days to Shemini Atzeres but I am afraid of what will happen next. Does anyone have any suggestions? I have read enough of the forum to see that you are all tzaddikim and all serving Hashem every day clean and again after every fall. The holy Baal Shem Tov taught that the yetzer horo is more interested in the post-sin depression than in the sin itself. Blind Beggar who wants to have eyes only for Hashem. Re: Hello from Blind Beggar Posted by Blind Beggar - 23 Jun 2011 04:05

If I would have groped her like that I would have ended up in a police station and a lawyer's office, chabibi. I meant if she would let me do it in a fantasy world it still would have not been a very positive experience.

90 days clean in SA and 17 on the GYE chart!

Re: Hello from Blind Beggar Posted by Shteeble - 23 Jun 2011 04:08

GYE - Guard Your Eyes

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KUTGW
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Re: Hello from Blind Beggar Posted by ZemirosShabbos - 23 Jun 2011 18:57
very glad you did not get slapped into next Wednesday, rebbe BB, i could just imagine what tha would mean for krias hatorah
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Re: Hello from Blind Beggar Posted by Dov - 24 Jun 2011 00:06
How did Shteeble <i>do</i> that?
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Re: Hello from Blind Beggar Posted by Dov - 24 Jun 2011 00:10
BB! Mazel Tov indeed!!
Ashrechaand now for todayand todayand todayand the rest of your great (and consumingly interesting) life. Ashrecha. With sobriety as your basis and starting point, everything is possible with Hashem's help.

Re: Hello from Blind Beggar Posted by Eye.nonymous - 24 Jun 2011 05:03	
MAZEL TOV!	
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Re: Hello from Blind Beggar Posted by Yosef Hatzadik - 24 Jun 2011 19:02	
MgAeZvEaLlTdOiVg!!!	
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Re: Hello from Blind Beggar Posted by Blind Beggar - 27 Jun 2011 05:15	
Thank you everyone for your latest posts. I am currently 94 days sober in the GYE chart.	SA but only 3 days or
I saw this in an AA book:	
After joining AA in October, I drank on Christmas Day and again on New disaster followed. I returned to my AA group feeling as smug as anything, survived the holidays.	
That is me using Google to find images and texts but not masturbating. La	ater on it says this:
Two weeks later, I was suddenly taken drunk. I hadn't planned it; I hadn't l just started drinking, and I couldn't seem to stop until I passed out.	even thought about it;

accountability partner.
One day at a time.
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Re: Hello from Blind Beggar Posted by Eye.nonymous - 27 Jun 2011 10:23
Blind Beggar wrote on 27 Jun 2011 05:15:
I do not want to get to that so I am teaming up with PostalServicio from the forum as an accountability partner.
Shkoyach, and Hatzlacha!
Eye.
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Re: Hello from Blind Beggar Posted by ZemirosShabbos - 27 Jun 2011 14:11
Great to hear you are being proactive and taking good steps
be'hatzlocha

GYE - Guard Your Eyes Generated: 21 August, 2025, 22:02 Re: Hello from Blind Beggar Posted by Blind Beggar - 30 Jun 2011 05:22 Only 6 days clean on the GYE chart but I am sober according to SA for 97 days for the second time in my life! The first time was in 2006. The last 96 days was about 4 months ago, before I joined SA. One day at a time, now and we must always remember: SHE IS NOT MY PROBLEM. Re: Hello from Blind Beggar Posted by Blind Beggar - 02 Jul 2011 20:44 Blind Beggar wrote on 20 Jun 2011 10:01:

I have an elastic band around my wrist. If I catch myself lusting, I snap it on my wrist to show myself I am takeh an addict. If I see an attractive woman and I look away without lusting, I look at my tzitzis.

I am continuing with the elastic band and the tzitzis but I realized that after Alert and Avert I have to have to Affirm. So, if I look away within 3 seconds I don't only look at my tzitzis but I also tell myself that I just did a good thing to look away.

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GYE - Guard Your Eyes Generated: 21 August, 2025, 22:02

Posted by Blind Beggar - 03 Jul 2011 21:21
Eye.nonymous told me the affirmation should be positive, "I guard my eyes.", "I looked away." and not negative "I didn't stare and lust!", because the mind only hears the positive so if you think "I didn't stare and lust!" your mind registers, "I did stare and lust!"
100 DAYS SOBER IN SA! ====================================
Re: Hello from Blind Beggar Posted by ben durdayah - 03 Jul 2011 21:23
Mazel Tov BB!
May you have a happy and constant sobriety.
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