

Hello from Blind Beggar

Posted by Blind Beggar - 28 Aug 2010 21:19

Hello Tzaddikim! I just found this site last week. I think it is going to make my Rosh Hashono and Yom Kippur. I think the newness of the 90 day chart will get me 40 clean days to Shemini Atzeres but I am afraid of what will happen next. Does anyone have any suggestions?

I have read enough of the forum to see that you are all tzaddikim and all serving Hashem every day clean and again after every fall.

The holy Baal Shem Tov taught that the yetzer horo is more interested in the post-sin depression than in the sin itself.

Blind Beggar who wants to have eyes only for Hashem.

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Re: Hello from Blind Beggar

Posted by Blind Beggar - 07 Jun 2011 09:48

Thank you, Eye.nonymous. Now I just have to fix my head, one neuron at a time.

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Re: Hello from Blind Beggar

Posted by Eye.nonymous - 07 Jun 2011 12:24

[Blind Beggar wrote on 07 Jun 2011 09:48:](#)

Thank you, Eye.nonymous. Now I just have to fix my head, one neuron at a time.

We need to change the Operating System.

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Re: Hello from Blind Beggar
Posted by ontheedgeman - 07 Jun 2011 18:51

I believe that the programme works because people say they have been helped.

I also believe (more and more) that we can hypnotize ourselves back into sanity. that we are all, for the most part, totally in trance when it comes to p**. SNAP OUT OF IT!!!

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Re: Hello from Blind Beggar
Posted by Dov - 10 Jun 2011 17:09

The *program* does not work - it works *if we work it*.

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Re: Hello from Blind Beggar
Posted by Blind Beggar - 20 Jun 2011 10:01

I am 14 days clean on the GYE chart and 87 days sober in SA.

I have an elastic band around my wrist. If I catch myself lusting, I snap it on my wrist to show myself I am takeh an addict. If I see an attractive woman and I look away without lusting, I look at my tzitzis. I have been doing this for 2 days so far. I also like to put my hand in my pocket and feel my SA sobriety chip.

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Re: Hello from Blind Beggar
Posted by ZemirosShabbos - 20 Jun 2011 16:59

gevaldig!

KOT and KUTGW

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Re: Hello from Blind Beggar

Posted by Yosef Hatzadik - 20 Jun 2011 21:23

[Blind Beggar wrote on 20 Jun 2011 10:01:](#)

I also like to put my hand in my pocket and feel my SA sobriety chip.

In some Chasidishe circles putting the hand in the pocket is a MAJOR no-no!!!

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Re: Hello from Blind Beggar

Posted by Blind Beggar - 20 Jun 2011 21:28

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Thank you Yosef Hatzadik, I meant my jacket pocket, not my trouser pocket.

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Re: Hello from Blind Beggar

Posted by Dov - 21 Jun 2011 05:07

[Yosef Hatzadik wrote on 20 Jun 2011 21:23:](#)

[Blind Beggar wrote on 20 Jun 2011 10:01:](#)

I also like to put my hand in my pocket and feel my SA sobriety chip.

In some Chasidishe circles putting the hand in the pocket is a MAJOR no-no!!!

The great Rebbe taught us that a yid must have a piece of paper in his right pocket with "bishvili nivra ha'oilom" on it, and a paper in his left pocket with "va'anochi ofor vo'eifer" on it. When he gets carried away with worries about his big olam haba, his all-important image in front of other people (even good ones), and feels that he is a great big, fat tzaddik and 'deserves' to be on a *very, very* high madreigo after all...well, then he reaches into his left pocket and the note reminds him that he really is no big deal! He is lucky to have what he does! He is just dirt that Hashem made into a man for His good purpose, and to be used for His good Will, whatever that may be.

And when the yid feels that he is so low that he is worthless c"v, that he doesn't even deserve to *try* to be good and that he can't possibly have a part in Hashem's great Will and cannot make *any* difference at all in this world - that he is truly lost...he puts his hand into his other pocket and reads that *through him* (bi**shvil**) the entire world deserves to be created, too. Even *without* Rav Moshe zt"l, the Chofetz Chayim, and all the other tzaddikim - as far as Hashem is concerned, the entire world is worth it to be created today just for his little sake!! Oooh.

OK, so what about pockets?

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Re: Hello from Blind Beggar

Posted by TheJester - 21 Jun 2011 09:06

[dov wrote on 21 Jun 2011 05:07:](#)

OK, so what about pockets?

I was walking down the street (as a *bochur* and my (*Chassidishe*) *Rosh Yeshiva* saw me, and told me that "we do not put our hands in our trouser pockets" (I was wearing a suit). I told him that I was cold - he suggested a coat, into which I *could* put my hands. And it would help to

I still keep my hands in my pockets (ingrained habit), but when I remember, I pull them out. I'm

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Re: Hello from Blind Beggar

Posted by Blind Beggar - 21 Jun 2011 09:47

My night kollel made a siyum last night. There was a head table, three tables for avreichim, and one table for women behind a mechitza. Now, we all know that mechitzas have two ends and holes in the middle and are only meant for normal men, so I had to sit at the end of a table with a bar at the height of my knees in order to face away from the mechitza. In the end it turned out that the mechitza was a mistake and the table was for children and there were no women. I managed to switch my seat and protect my knees and **thank Hashem for giving me the chance to serve Him for a few minutes.**

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keep me warm

Re: Hello from Blind Beggar

Posted by ZemirosShabbos - 21 Jun 2011 14:06

great attitude you have!

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Re: Hello from Blind Beggar

Posted by Eye.nonymous - 21 Jun 2011 18:31

Shkoyach!

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Re: Hello from Blind Beggar

Posted by Blind Beggar - 22 Jun 2011 22:24

I was in a doctor's waiting room this evening with an ultra-orthodox woman who was tall and slim and who puts a lot of effort into her appearance. The sort who learns tznius from what she sees in the street and not from a Rov or a sefer. The lust hit me like the aroma of cheap coffee not like a bucket of cold water.

I told myself that her body is not for me to enjoy. Even if I could put my hand up her skirt (which only just covered her knees) it would be like feeling a dead body because I don't love her at all and it would not be satisfying or really pleasurable. It was an effort to think all that and it would have been easier to lust after her with all my imagination but I think I won that particular challenge.

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