**GYE - Guard Your Eyes** Generated: 13 September, 2025, 13:25 Lost again Posted by Ben, Son of Noah - 09 Jul 2010 18:32 Hi, Wow! My first post, I didn't think it was going to be such an emotional experience for me. Well, Here goes, I installed the K-9 on my computer and let my wife pick the password, for about two weeks I felt victorious at overcoming a 30+ year old addiction. Until my yetzer hara and I got together and I discovered a way to bypass the filter. Dumbfounded, Ben ==== Re: Lost again Posted by ur-a-jew - 12 Jul 2010 15:13 Ben, Son of Noah wrote on 10 Jul 2010 03:24: Hi ur-a-jew, Thanks for the reply, I'm still trying to figure out how all this works, I'm interested in all these things you've mentioned. how can I go about getting started?

Ben, I would start by downloading the GYE Handbook under tools on the homepage.

Generated: 13 September, 2025, 13:25

Everything you need to know is in there.

Ben, Son of Noah wrote on 10 Jul 2010 03:24:

Maybe I can even make some new friends I don't know any religeous Jews here in Idaho.

Check out <u>www.jewishidaho.com</u> although I have to admit that there does not appear to be too many religious jews in the state.

I am probably speaking on behalf of a lot of folks here, but I suspect that there is a fascinating story behind how you discovered religious judaism. If you are interested in sharing it I think you would have a captive audience. Are you considering conversion? Do you keep the 7 Noahide laws? Not that either of these matters, it just that you appear to have a good grasp of jewish concepts and phraseology and I (and I'm sure others as well) we're wondering where you picked it up, especially since you're out in Idaho. On the other hand, if that's getting too personal just ignore the question.

Good luck in the recovery and keep on posting.

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Re: Lost again

Posted by Ben, Son of Noah - 12 Jul 2010 19:14

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installed wrote on 12 Jul 2010 03:48:

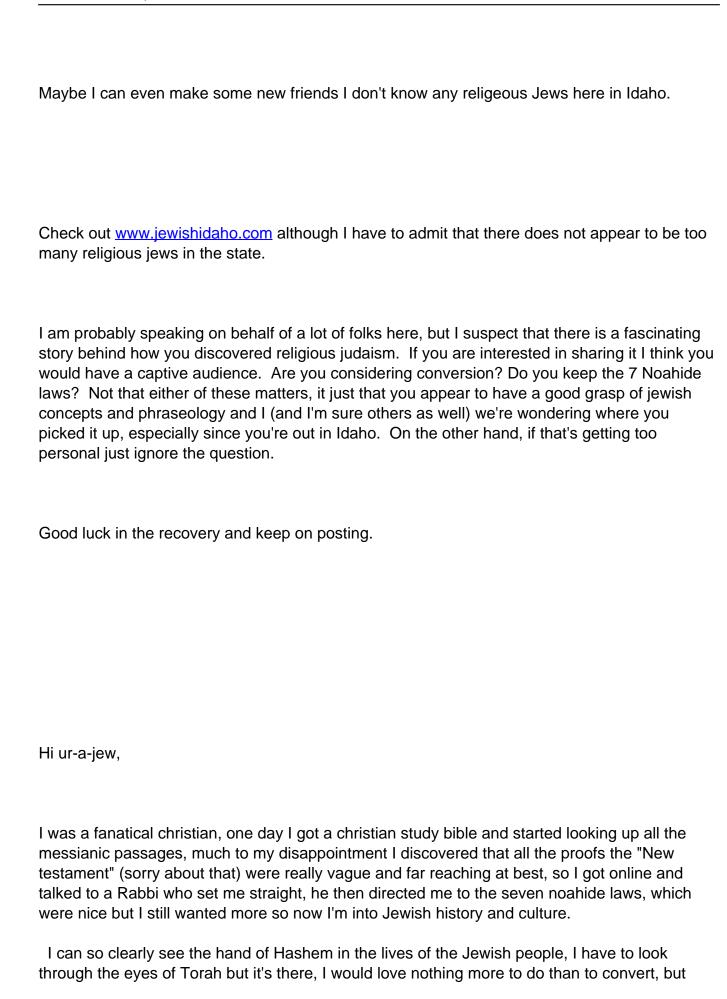
## **GYE - Guard Your Eyes**

Generated: 13 September, 2025, 13:25 Hey BSN, The Torah replaced years of drugs and alcohol abuse Wow, this is amazing! I'm trying to learn more in order to replace the tumah with kedusha. It sounds good in theory and it's great to see that it actually worked for you! Just curious, do you still feel that you are an alcoholic? Can you be next to alcohol without loosing control? Many people compare alcohol addiction with p&m addiction and I'm just curious if you feel the same way. Anyway, great to have you here. Chodesh tov, Installed. Hi Installed, Yes, I'll always be an alcoholic, but between the hard lessons I've learned and filling my soul with what it was meant to be filled with, I feel pretty secure these days. Yes, I can probably be around others who are drinking and not be affected, but like shlomo hamelech say's, "why put yourself in that position?"

I'm not enslaved by alcohol anymore but I think P&m is by far harder to overcome, women are a natural desire for men, you would have to practically live in total isolation to avoid it, it's comes at you from so many directions, all you can really do is guard your eyes. Thanks for the reply.

3/9

Ben
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Re: Lost again Posted by Ben, Son of Noah - 12 Jul 2010 19:37
<u>ur-a-jew wrote on 12 Jul 2010 15:13:</u>
Ben, Son of Noah wrote on 10 Jul 2010 03:24:
Hi ur-a-jew,
Thanks for the reply, I'm still trying to figure out how all this works, I'm interested in all these things you've mentioned. how can I go about getting started?
Ben, I would start by downloading the GYE Handbook under tools on the homepage. Everything you need to know is in there.
Ben, Son of Noah wrote on 10 Jul 2010 03:24:



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after my trip to Israel (By the way, you don't see Israel you feel Israel) I came home and married a devout Roman Catholic which makes things kind of difficult at times, especially when I start getting zealous over Hashem, but I know Hashem has a purpose for me.

Thanks for your interest.	
	Benny
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Re: Lost again Posted by installed - 12 Jul 2010 23:13	
all you can really do is guard your eyes	
I need to guard my eyes <u>and my mind</u> and I thir	nk that my mind is more of an issue.
If you like Jewish history, you may find this link	to be interesting.
www.aish.com/jl/h/cc/	
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Re: Lost again Posted by Ben, Son of Noah - 13 Jul 2010 04:3	7
installed wrote on 12 Jul 2010 23:13:	

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all you can really do is guard your eyes

I need to guard my eyes and my mind and I think that my mind is more of an issue.

If you like Jewish history, you may find this link to be interesting.

www.aish.com/jl/h/cc/

That's so true Installed,

I have quite a cache of P burned in to my memory over the years and some times It's all I can do to change channels.

"Crash course in Jewish History" by Rabbi Ken Spiro I had all 60+ lectures included for free when I bought an mp3 player from Aish Hatorah, I've listened to the entire series several times, very enlightening material, It really strengthened my faith in Hashem. Aish has the best lectures, I'm also into Israel National Radio, my favorite DJ is Rabbi Tovia Singer, he's a counter missionary specialist, what a treat he is to listen to, all the DJ's there are great. Well, it's past my bedtime, thanks for the reply.

Ben

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Re: Lost again

Posted by installed - 13 Jul 2010 05:31

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Re: Lost again

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Yep, great crash course. I was born religious and there is so much in there that I was not awar of. I went to the Discovery program at Aish and Ken gave one of the lectures. If you ever go back to Israel try to go to the Discovery program, I think you'll like it.
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Re: Lost again Posted by Ben, Son of Noah - 15 Jul 2010 03:44
installed wrote on 13 Jul 2010 05:31:
Yep, great crash course. I was born religious and there is so much in there that I was not awar of. I went to the Discovery program at Aish and Ken gave one of the lectures. If you ever go back to Israel try to go to the Discovery program, I think you'll like it.
Hey Installed,
I don't think I'll ever be able to make it back to Israel, but I'm very grateful to Hashem for letting me go that one time. I really think it was the best time of my life, davening at the Kotel, I've never been so spiritually moved in my life, I remember the first time I saw the walls of the old city in Jerusalem, I actually thought my knees were going to buckle, and the sense of awe was indescribable, I felt like a 20 year old, and my Jewish friend who escorted me everywhere, well she finally made aliyah, I still Email her and tell her how she's living my dream.
Ben

## Posted by installed - 15 Jul 2010 03:58 Hey, I'm glad you had such a positive experience. There really is something very special about the old city and the kotel. I hope that you are doing well and keeping strong.

**GYE - Guard Your Eyes**