

Here I start

Posted by yehoshua - 12 May 2010 17:16

Hi,

well feeling a bit close to a fall and just starting. I am a porn and masturbation addict. Have been since the age of 11, viewing porn and masturbating cosed me many opportunities, many missed moments of happiness, sanity, memory, jobs... I am 30, I have a steady job and I am married (and no children).

I am so sorry about this Hashem, I love my wife, she is the best, and I have this sickness, that no one knows about.

Right no I am going through the 12 steps, I thank you for this opportunity to share my story. I gives me great comfort that I do not stand alone.

Thank you and may He help you, just like He helps me every time!

yehoshua

p.s. on the chart i am yehoshua1...

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Re: Here I start

Posted by yehoshua - 03 Jun 2010 08:00

Thank you daat1, it' a new day, a new life and I'm feelin good! Stars in the sky, you know how I feel. Freedom!

Is a bird, that falls in the river, kosher or not? If it swimms against the current, than it is kosher, otherwise not . So the analogy to a human: a person, that swimms against the current of time is

kosher too. Noah was wise to build a boat. Hey Moshe, tell the rivers and seas to open up, because we journey forth!

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Re: Here I start

Posted by Yosef Hatzadik - 03 Jun 2010 16:28

When the sea/see splits it is easy to go forth in purity. We strive to be like Nachshon. We follow Hashem's order and enter even [what seems to us to be] raging seas. Once we undertake to do Hashem's bidding, the rest is up to him! He may choose to split it, thereby removing the obstacle in its entirety, or He may choose to give His help to overcome the current and swim against the tide.

The main thing is: **We need to have onboard. We must have Him on our team!**

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