

Sticky SituationPosted by nowhere to turn - 10 May 2010 02:11

Sholom Aleichem warriors,

I am a regular 15 yr old yeshiva bochur in a top yeshiva in somewhere, but has internet at home. Besides for my own problems with watching my eyes and controlling my hotzoas zera that has been with me for years, i noticed something interesting recently. I have noticed my father, a heimishe guy by the computer late at night. My curiosity got the better of me, and when noone was around, I pressed ctrl H to see history, and found out that my porn problem is inherited from him. I also noticed a secret email address that he has, so i put my hacking skills to work, and got the password from a free keylogging program. What i found was heartbreaking- a bunch of heimishe guys from shul are all a bunch of porn addicts forwarding porn around to each other! So lately i go in and delete all unread inappropriate inbox messages, but i now realize this is just a "moire heter" of my yetzer to do it myself, as my hz"l has been worse lately, so this is no solution for me. How is a 15 yr old yesiva bochur from a good home supposed to deal with this- I cant confront him, and i cant let my mother know about this- she'll divorce him! So before i deal with my own shmiras einayim/bris issues, how do i deal with this without destroying my home????

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Re: Sticky Situation

Posted by UTS - 13 May 2010 01:25

[dov wrote on 11 May 2010 18:05:](#)[Chazak wrote on 11 May 2010 04:26:](#)[nowhere to turn wrote on 10 May 2010 02:11:](#)

Sholom Aleichem warriors,

I am a regular 15 yr old yeshiva bochur in a top yeshiva in monsey, but has internet at home. Besides for my own problems with watching my eyes and controlling my hotzoas zera

that has been with me for years, i noticed something interesting recently. I have noticed my father, a 55 yr old heimishe guy by the computer late at night. My curiosity got the better of me, and when noone was around, I pressed ctrl H to see history, and found out that my porn problem is inherited from him. I also noticed a secret email address that he has, so i put my hacking skills to work, and got the password from a free keylogging program. What i found was heartbreaking- a bunch of heimishe guys from shul are all a bunch of porn addicts forwarding porn around to each other! So lately i go in and delete all unread inappropriate inbox messages, but i now realize this is just a "moire heter" of my yetzer to do it myself, as my hz"l has been worse lately, so this is no solution for me. How is a 15 yr old yesiva bochur from a good home supposed to deal with this- I cant confront him, and i cant let my mother know about this- she'll divorce him! So before i deal with my own shmiras einayim/bris issues, how do i deal with this without destroying my home????

Can the rov of your shule or someone in your yeshiva consul you?

Finally, with all very due respect to **Chazak**: How do you know that the Rov of his shul (or the rebbe in his yeshiva) is *not* one of the guys his father is sharing the porn *with*? Addicts come in all shapes and sizes, my friend.

Of course, I'm not saying to trust no rabbi/rebbi, c"v. But this problem, like drinking or using drugs, has nothing to do with whether the person is a talmid Chochom, Rov, good man, or whatever. It's a compulsion that goes way beyond bechirah and often has roots that grew long before anyone's gadlus in learning began. So you may want to consider backing off on giving a plumbeh to any man just because he is the rov of your shul. Sorry.

Choose your da'as Torah the best way you can: by *your heart* - who do *you* really trust - not by a sign on the door. And please consider focusing on your *own* recovery so that your children will not have to catch *you* one day.

Much love,

Dov

Dear Dov, and Habochur hechoshuv NTT,

Dov, I hardly disagree with you. However, I just asked this bochur to consider doing these things. He knows these people, and if he feels comfortable speaking to them and trusts them, it could be helpful. There probably is someone either in the yeshiva or the rov who is trustworthy. However, there is no guarantee of this. Many rabbonim are trained at counseling and many yeshivos have such people available. Many do not, So, this bochur, who obviously has a lot of seichel, can read the situation.

Incidentally, a lot of incredibly good advice was posted here for NTT!!!

I have heard Rabbi Viner speak and have contacted him myself. He would be an absolutely **excellent** choice, and right there in Monsey!!!! There are links to one or more of his speeches on this site. Below is one link.

www.hakhel.info/archivesPublicService/RVienerSummer09.mp3

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Re: Sticky Situation

Posted by nowhere to turn - 13 May 2010 02:46

[feedtherightwolf wrote on 13 May 2010 00:18:](#)

Just wanted to add my 2 cents, even though there is a lot of good advice already.

I used to carry so much anger towards my father, only to grow up exactly like him. Now 6 months sober, and almost 3 years in recovery I often think back wondering if I could ever go back and help my father. But I can't. The only person that I can help is myself. By being sober, and staying sober, I hope to show my children a new way, and be a good father.

Now, I view my fathers acting out as his gift for me. It made me question things early and realizing that I was an addict at a young age. I was 25 when I found out I was an addict, you are 15. You are my hero

To tell you the truth, what u say is very interesting, because ever since i started following my fathers actions, my own situation has improved dramatically- maybe becausei feel a sense of achrayus to be above him in this sense.

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Re: Sticky Situation

Posted by nowhere to turn - 13 May 2010 02:52

Now I guess its time to deal with my personal problem- hz"l. after being clean for quite a few days, I still suffered from it last night, which shttered my learning/whole day today, proably because i felt that i didnt deserve it. Does the oilam know any good ways to be masakein it other than mikva, and is tikkun klalli a real thing, or just made up by r nachman?

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Re: Sticky Situation

Posted by Dov - 13 May 2010 03:05

In the days before I became an out-of-control addict, I found that going to the mikkie was nice. Saying Tikkun haklali was also nice. But is it mainly *tikkun* that you want, or is it some freedom from the compulsion when it strikes that you are really looking for?

Please consider going easier on yourself. Bombarding this problem with energy often just gives

it more power. The ikkar might be in remaining busy in being useful to Hashem, His people, and yourself. Focusing on not focusing on the aveiro is probably the silliest thing we can do.

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Re: Sticky Situation

Posted by UTS - 13 May 2010 03:46

[dov wrote on 13 May 2010 03:05:](#)

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The main thing is to be involved doing other things. Physically and emotionally if at all possible.

I don't think that anyone said that mikvah and the Tikun are mesaken hz"l bemaizid by themselves. However, they help, and maybe you were not considered bemaizid by the One Who Knows.

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Re: Sticky Situation

Posted by silentbattle - 13 May 2010 05:48

If you're referring to having a wet dream, then it's not considered a fall - it's not a good thing, but don't worry about it.

Be happy that you're staying clean.

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Re: Sticky Situation

Posted by Today I am OK - 13 May 2010 08:42

[nowhere to turn wrote on 13 May 2010 02:52:](#)

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Teshuva repairs all. This is the forum to carry you and us on that journey of Teshuva. Mikvah and other things, like korbonos, are in addition to teshuva. You are on the right train my friend. Stop looking for outside and incomplete solutions that only assure that you will feel down, plus miss the main point: Teshuva. And don't forget that Yiddishkeit is nowhere without simcha. ???
??? ?? ?????? ?? ?' ???????? ?????? ?????? ??? ????? ???. This, says the pasuk, is the reason for the curses of the Tochacho. Be happy that you are on the train with us!

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Re: Sticky Situation

Posted by Stuart - 14 May 2010 03:32

How about someone from GYE at least contact the Rav of your shul to give (more?) shmoozes on this topic? When our Rav gives us the "internet danger" drasha it usually has an impact on me for a while.

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Re: Sticky Situation

Posted by briut - 14 May 2010 11:43

[nowhere to turn wrote on 13 May 2010 02:52:](#)

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Folks ask why Jews have free will is we believe that everything's in the hands of Heaven. The answer includes the idea that BEFORE the sin the choice was ours, but AFTER the sin the result was Hashem's. Which suggests that, once it's over, it's over. Period. Pick ourselves up, brush ourselves off to learn a lesson or two from it if we can, and start all over again.

If we let the cheit overtake our simcha, I don't think we're likely to brush ourselves off very effectively or start over very convnicingly. For me, I just have to tell myself that G-d loves me, that there was a good reason for this whether I see it or not, and get back in the game. Not so easy, I know, and a pretty pathetic excuse for chizuk. But I do know that my job, our job, any Yid's job, is to get back in the game with our simcha intact and our ahavas Hashem intact.

Have a goot choidesh and a goot Shabbus. That's an order... from the Big Guy Upstairs!

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Re: Sticky Situation

Posted by im not alone - 28 Dec 2010 06:40

Hey nowhere to turn, whats up? how are you doing? how are things going

I'm a father myself as well, and i fear that if i wouldn't stop acting out TODAY than at some

point my kids (who are still young ages 4-6) would know about it "although thats not the reason i work so hard to stop mas...."

So here is my 2 cents: work only on yourself how YOU should stay clean. how YOU should stop watching p..n

so one day YOU WILL BE A WONDERFULL AND LOVING FATHER TO YOUR KIDS

You are still young now is the time YOU DONT HAVE TO GO THROUGH WHAT ALOT OF US DID

In the mean time just hold on tight. we are all with you, were in it together,

with much success

Please let me and evryone know how you are doing?

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