

25 year of masturbation, peeping ,sexphones and enternet bs'd i gone win

Posted by david4043 - 09 May 2010 13:51

bs'd

i am 39 year old and for 25 year i'm addicted to masturbation, peeping ,sexphones and enternet bs'd i gone win.

i hope to get know people in this forum that call help me and talk about our problems.

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Re: 25 year of masturbation, peeping ,sexphones and enternet bs'd i gone win

Posted by silentbattle - 28 May 2010 03:16

It's true...but we can enjoy the feeling of being clean for a long time - as you said, it feels great!
Remember that, focus on how good it feels!

One day at a time...KUTGW!!

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Re: 25 year of masturbation, peeping ,sexphones and enternet bs'd i gone win

Posted by Dov - 28 May 2010 04:09

Dear david4043 we love you so much, you special yid! Have a nice Shabbos, a calm Shabbos, a clean Shabbos....not perfect, just nice, calm, and clean is good enough for me!

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Re: 25 year of masturbation, peeping ,sexphones and enternet bs'd i gone win

Posted by david4043 - 29 May 2010 19:33

bs'd

thanks guys, love you to! we are friends in a silentbattle a battle that we will win with the help of allmighty !!!

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Re: 25 year of masturbation, peeping ,sexphones and enternet bs'd i gone win
Posted by silentbattle - 30 May 2010 05:44

Absolutely!

How are you doing? How are you feeling?

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Re: 25 year of masturbation, peeping ,sexphones and enternet bs'd i gone win
Posted by david4043 - 31 May 2010 00:36

bs'd

feeling great !!sametimes try to find bad staff in the net although i have rimon, thank god i didn't feel !!!

may god continue to help us !!!!!

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Re: 25 year of masturbation, peeping ,sexphones and enternet bs'd i gone win
Posted by silentbattle - 31 May 2010 00:59

Remember - use the space you have, and the time, to get used to being clean - the filter won't always protect you, but it helps you stay clean, and gives you some time to get used to not needing that stuff.

I'll give you the example I gave someone else here - the yetzer hora (or addiction) is trying to attack you, and you're fighting back - this isn't something you really want! And you have bodyguards, all of us, rooting for you! Think of us wearing tefillin, kevlar trenchcoats, and carrying M-16's with grenade launchers, ready to fight off any attack - and we're always by your side!

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Re: 25 year of masturbation, peeping ,sexphones and enternet bs'd i gone win
Posted by david4043 - 01 Jun 2010 21:43

bs"d

thanks !!!

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Re: 25 year of masturbation, peeping ,sexphones and enternet bs'd i gone win
Posted by david4043 - 05 Jun 2010 22:03

bs'd

i'm "clean" for 24 days ! baruch hashem !!!

shavua tov for everyone! A GETE WOCH !!!

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Re: 25 year of masturbation, peeping ,sexphones and enternet bs'd i gone win
Posted by Dov - 06 Jun 2010 04:15

Thanks and same to you, chaver!

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Re: 25 year of masturbation, peeping ,sexphones and enternet bs'd i gone win
Posted by NeverAgain - 06 Jun 2010 04:59

[david4043 wrote on 05 Jun 2010 22:03:](#)

i'm "clean" for 24 days ! baruch hashem !!!

Yeah; I used to use that line too.

After a while it catches up on you though...

Take the da*n shower!

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Re: 25 year of masturbation, peeping ,sexphones and enternet bs'd i gone win
Posted by silentbattle - 06 Jun 2010 06:13

Hope your week is starting off well - keep on rocking and rolling!

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Re: 25 year of masturbation, peeping ,sexphones and enternet bs'd i gone win
Posted by NotGivingUpYetOldBean! - 06 Jun 2010 10:50

Hi David4043,

I've just read the thread. Beautiful.

With dieting, they say that "It took ten years to put on all that weight, so don't expect it to all come off at once". Yet, with these behaviours, I can see that you have been able to take a 25 year old habit, and with the Riboino Shel Oilam's help, stay clean for almost a month!

I find this all extremely powerful and noiradig. It gives me a tremendous sense of inspiration and hisoirarus!

Please G-d, you'll continue to have hatzlocha, brocha, siata d'shmaya and you'll reach dargos of tahara and kedusha that you never dreamt possible!

Ditto that for all of us too!

(By the way, apologies. Another of my bad habits is my gratuitous use of Yeshivish :-)

With love,

NotGivingUpYetOldBean!

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Re: 25 year of masturbation, peeping ,sexphones and enternet bs'd i gone win

Posted by david4043 - 08 Jun 2010 21:12

bs'd

i feel today and today i'm bignning from the start !!!

"??? ????? ????? ??"

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Re: 25 year of masturbation, peeping ,sexphones and enternet bs'd i gone win

Posted by Ineedhelp!! - 08 Jun 2010 21:23

Hey David,

We dont begin all over again when we fall. We pick up right where we left off. What you did in the past does NOT get erased by any means. It is still there. All of those days of growing towards Hashem are still there. In life, there is no reset button. Only continue to grow!

Kol Tuv!

-Yiddle

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