

Hello folks

Posted by oisvorf - 18 Apr 2010 22:10

Well, here goes, yet another new member in this august society of those who are attempting to bring some kedusha back into their lives.

I hate to say it, but I too am a Rabbi, perhaps not so well-known but with my share of talmidim over the years, who has been struggling in this area for a long time.

I am not quite sure what to say in my initial post. On the one hand, it seems like others have gone through much more pain and anguish than me, and perhaps are dealing with a more difficult Yetzer Hara than I do. So perhaps I should just be quiet and thank my lucky stars, and gain some chizuk from seeing what some of the heroes here have done. ???

On the other hand, the issues that I seem to have little or no control over have been dogging me for many years. Baruch Hashem although I had fallen deeply into the chat room trap years ago, I have been able to completely stay away from that for a long time now.

And for the most part, I am able to stay away from hard core porn sites, except on rare occasions.

But certain types of soft core porn, I seem to not be able to break away from checking out, time after time after time - anytime I am slightly bored or need a break, or even if I am busy...I just cannot seem to break away from the urge to check out

I know that the answer that I should just be stronger has not worked. I have said several times in my Rosh Hashana sermons that the biggest emotion that I have often is embarrassment - the same stuff I was klopping al cheit for last year is still here, and I have not even changed a bit despite whatever other things I have done in other areas of my life and growth...it is so embarrassing and frustrating that I cannot pull myself away and waste so much time, kocho, and feelings on it - especially if truth be told, I enjoy it when I look, and feel only partially guilty about it.

I am not sure what the tachlis of posting this is, but that's about it for now.

Kol Tuv,

Your newest colleague

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Re: Hello folks

Posted by jewinpain - 22 Mar 2011 20:53

My holy brother, its good to see u in such a good stage , may the 300 become 3000 and so on, u are a man u came very far in this game , I'm sure u r much stronger than b4, hope everything is good on all fronts, keep it up & of course we like to hear more often how u doing , we are all hear for u

Ur friend JIP

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Re: Hello folks

Posted by oisvorf - 22 Mar 2011 21:38

Wow -

So many nice responses! I appreciate them all - the public and the private.

Yes, this anniversary feels good, and I am looking forward to freedom soon after Zman Chairuseinu - a year without acting out, something incomprehensible to me for about 40 years, and now iy"h almost within reach. And it is only due to the wonders of Guard Your Eyes, the forum and the calls,

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Re: Hello folks

Posted by Yosef Hatzadik - 22 Mar 2011 21:43

So..... Do you agree that you are NOT an **Oisvorf** after all?? ;D

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Re: Hello folks

Posted by oisvorf - 22 Mar 2011 22:19

(oops - somehow that got posted in mid-sentence)

I am eternally grateful.

And I know that even though I got this far, the struggle is far from over. Just today I was cruising on the net (yes, filters and all), and I all of a sudden found myself hit with a HUGE temptation, which took a trememndous effort and siyata dishmaya to go away from, which BH I finally was able to before it was too late.

Never get arrogant or sure of yourself - that is for sure

Again, thanks to everyone

Shmendrick

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Re: Hello folks

Posted by pinokio - 25 Mar 2011 09:32

dont worry,

the struggle may take 3 more years (i hope it doesnt)

so just take the tip s/one gave me:

you might as well enjoy every minute of the experience

kinda like being drafted into the yugoslavic republican army,

we were given minds to look at sick revolting things (TANYA eyin sham for details) BEC. god
"needs" some little elves to do his work of blowing up the YH with c4 and Grad rockets

bottoms up!

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Re: Hello folks

Posted by david712 - 08 May 2011 16:43

Just saying hi,

HI>

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Re: Hello folks

Posted by oisvorf - 09 May 2011 20:54

Hi Back atcha

I haven't hung around here in a long while....I hope all is well

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Re: Hello folks

Posted by Dov - 09 May 2011 23:05

Dear Schmendrick,

I do not know what your real name is, and you may know how silly I feel all these fake names are - especially in a recovery context. But....I think of you (as shmendrick) very often. Probably once a week. And I daven, as you are on my post-it note in my siddur.

Hatzlocha.

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Re: Hello folks

Posted by heuni memass - 10 May 2011 20:20

I would love to have the zchus to be on a post-it note in Dov's Siddur.

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Re: Hello folks

Posted by Kedusha - 10 May 2011 20:25

[heuni memass wrote on 10 May 2011 20:20:](#)

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Re: Hello folks

Posted by 1daat - 12 May 2011 04:51

SHMEN!!! YOU'RE BACK. You have no idea how many times I think of you. I rejoice in your hatzlocha. So how goes it with the bochur? I so missed you.

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~~Well~~, you're already in his Rosh Hashana and Yom Kippur Machzorim.

Re: Hello folks

Posted by oisvorf - 13 May 2011 17:20

[dov wrote on 09 May 2011 23:05:](#)

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I guess I really am a shmendrick. With such amazing friends and great people on this forum, and I have allowed myself to stay away for so long.

Dov, that is the most wonderful thing I have heard for a long time. It is a tremendous honor to be thought of by you, let alone regularly, let one davened for. Wow....I am not sure what to say! :(

I could say I am speechless, but that is how I have been for too long here.

Thank you so much - and have a great Shabbos!

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Re: Hello folks

Posted by oisvorf - 13 May 2011 17:29

[1daat wrote on 12 May 2011 04:51:](#)

You have no idea how many times I think of you. I rejoice in your hatzlocha. So how goes it with the bochur? I so missed you.

Thank you so much 1Daat...I think of you as well, and wondered how you are...thanks for the good thoughts.

I have been devoting most of my GYE time over the past few months to Duvid Chaim's call, where I became very much a regular. Somehow did not feel the need to be here as well, besides life and its ups and downs . . .

Today is not a good day to write, Erev Shabbos and all. But I hope to do so soon.

I also am very much looking forward to the sailing of the next "cruise" with Duvid Chaim. We are embarking on this coming Monday, May 16, at High Noon, EDT. Call in number is 760-569-6000, access code 121318. Why don't you check this out - it really is an amazing experience, and Duvid Chaim is one of the most incredible people I have ever been privileged to "meet". You don't need to say anything if you don't want to...go ahead and lurk away if you wish, until you are more comfortable joining in.

Once again thanks, and look forward to being in touch

Very best wishes for a great Shabbos

Shmendrick

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Re: Hello folks

Posted by oisvorf - 13 May 2011 17:31

[Kedusha wrote on 10 May 2011 20:25:](#)

[heuni memass wrote on 10 May 2011 20:20:](#)

I would love to have the zchus to be on a post-it note in Dov's Siddur.

Well, you're already in his Rosh Hashana and Yom Kippur Machzorim.

Great!!!!

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