

New member

Posted by Levi613 - 03 Mar 2010 17:47

BS"D

Dear Friends,

My story starts a good 24 years ago.

I am now almost thirty, when I was six years old I started to do this Maaseh, which in later years of course caused zerah l'vatalah. Ever since I been doing that as much as six or seven times a day. Now I wasn't born Jewish and came from a family with a very liberal stance on practically all issues. My parents credo always was that you have to leave people do whatever they want to do as long as you don't infringe on the rights and lives of others. Throughout high school my lonely sexual activity was very high. I wasn't very popular as a teenager because most people didn't share and understand my concerns. I have always been a very emotional type of person. When an earthquake would hit the most forlorn corners of the world I was totally taken by it. I didn't care about what brand of shoes everybody wore and I certainly wasn't interested in the latest television shows etc... I liked classical music as relaxation and reading books about everything under the sun. I was frequently found in museums watching art, which were abundantly in our city. Since I had very low self-esteem I wasn't really grouped in the grades I belonged so all my peers were interested in just about the opposite. (Girl)friends, fashion etc...

At age 19 I entered university having for the first time the internet at my fingers. I didn't start looking for the bad stuff directly, but about two months into the semester my inquisitiveness got the better of me. Before I knew it, I was sucked in and started looking at this stuff full time. From early in the morning till late at night I was watching this stuff, skipping college and blowing my study.

As I told you, my parents are quite liberally and when I decided to convert to Judaism they were supportive under the credo: "If you are happy that way, then we are." First they wanted me to stay in our home-country, but after I failed in university they understood that they couldn't keep me there. They helped me and bought me an one-way plane ticket to Erets Yisroel where I would finally do what I yearned for, becoming Jewish!

I enrolled in a yeshiva and started learning there for my conversion, but unfortunately I brought my addiction along with me. Of course instinctively I always knew it was wrong to do it, whatever my parents had told me. So in the most holy city I kept looking for internet parlors to see just that. I couldn't stop myself. Every time I told myself I would stop the moment I would enter the mikveh and become a real Jew.

Well, all the good intentions were there..... I became a Yid Boruch Hashem. But again the cutting off, of old bad habits didn't go so easy as I had envisioned. After a few weeks clean I fell

again. I kept falling during my time in Yeshiva. Ashamed and afraid to speak with anybody about it. I was oiver in l'hoitzee zera l'vatalah b'yadayim numerous times. Several times a day.

Every once in a while I would go to internet parlors to watch stuff.

Then I got married after three years in a yeshiva. After a short bliss I fell back in the bad habits. I spoke with my wife about it. She was understanding B"H. She has been helping me battling it. After a few years I had her make belief that I was totally clean, to ashamed to tell her that I was still deep in the mud.

Then we bought a house in a small Hareidi town. My wife found a job which involved the internet. I went into a kollel.

Although we had a filter, still I was able to lay my hands on the stuff which I wanted to see. I didn't have the hard stuff at home, but I still had a lot at my disposal. I got very upset with myself and I spoke with a friend to speak with a great mekubal. (not the type of shady person, but more into the area of Rav Yaakov Hillel shlitah) He told me that I was in a certain amount in the class of oines, I certainly would have to work on it, but he regarded my case as not so bad. Oines because my whole youth I was encouraged to do it. He asked me how many times I was oiver two years ago and a year ago and now. Showing clearly decreasing numbers.

Notwithstanding, it was only going to get worse.

A few months ago I opened up totally to an avreich, with great understanding in numerous matters.

He helped me and is still helping me quite a bit.

Now, this is kind of what I am up to right now. Really wanting to stop, but feeling chained. I can't get to three clean days to be charted into the wall of honour -system. Now I am holding at the second day. Hashem Yisborach should help me that I will finally get sober me and all who are reading this.

Another time I will tell you more.

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Re: New member

Posted by Steve - 10 Mar 2010 14:27

I fell into the barrel,

and i got pickled...

If you don't jump back up,
you're gonna get **TICKLED!**

That threat ALWAYS works with my kids, cuz I'm a GREAT tickler. And they like to breathe....

Levi, don't wait for the feeling, just jump back on the wagon. SHOW HASHEM YOU MEAN BUSINESS.

Show Him what your REAL ratzon is, and that the fall was a glitch in your aliya b'ruchniyos. USE the fall as a springboard to RENEW your commitment, and you'll TURN THE FALL INTO A MERIT!!

Then take each day at a time. You CAN do this!

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Re: New member

Posted by silentbattle - 10 Mar 2010 17:13

When we say "feel shmell," no one is saying that a fall is good, or that it's not terrible - what we're saying is that right now, in order to grow and do the right thing, you have to move forward, and forget about the fall for now.

You're Levi613 - you can get up and move forward, and be clean! You had 8 glorious days of being clean, and that in itself is beautiful!

Now, how can you use this fall? What did you learn? What can you do differently in the future so that you can prevent yourself from falling again?

Please get up - even if you don't feel like it, we can't lie on the floor forever. Get up and move forward - and you KNOW that you'll feel happier about it!

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Re: New member

Posted by Eye.nonymous - 16 Mar 2010 20:34

How are you doing, Levi613?

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Re: New member

Posted by Levi613 - 25 Mar 2010 15:14

BS"D

Dear Everybody,

What can I tell you, try to juggle my responsibilities as father and good husband these weeks. And also learn in the afternoon and evening BS"D. So when I come home I am so tired, I fall asleep almost instantaneously. It helps good against the addiction. Just too tired to go sit behind the monster at night. Chasdei Hashem.

But I also feel more and more, as I gain more clean days, that I am more bSimcha and more content over the whole. I had a slip, now I am again up to six days (which for me is an accomplishment).

I have a Kolleljungerman, who is helping me with the problem. I learn IY"H every week with him Lev Eliyahu. He became very upset with me after my last slip. Since then this is also kind of holding me back. I don't want to go through dissapointing him again.

Davven for me....

Levi613

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Re: New member

Posted by silentbattle - 25 Mar 2010 16:43

Glad to hear that you're keeping busy with good things - we're always davening for you!

I'm very happy to hear that you're feeling more content - remember that you get far more pleasure from being clean than from anything else!

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Re: New member

Posted by Eye.nonymous - 26 Mar 2010 13:12

Hi Levi613. Good to see you here again.

Glad to hear you picked yourself up and are on another clean streak.

Sorry to hear about your slip. But remember, Yosef Hatzadik had a slip--and he's the only one of the shvatim we refer to as "Hatzadik."

Keep up the good work,

--Eye.

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Re: New member

Posted by Steve - 26 Mar 2010 18:01

Reb Levi,

just wanna wish you a Good Shabbos and a chag Kasher V'somayach.

visit my journal for a pre-pesach pickmeup!!

Stay strong, stay clean, and always remember how much Hashem loves you!!

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