

Tov veyoshor Hashem al kein yoreh chata'im baderech!

Posted by Yosef Hatzadik - 18 Feb 2010 17:44

Rabbeinu Yonah explains this posuk, (as heard from Rabbi Mattisyahu Salamon Shlit"a) that hashem leads people who were *nichshal* in a chet on the proper way, *ze hu mah sheshalech nevi'im* to teach us the proper way.

BORUCH HASHEM! We were zoche to be directed to this eida kedosha, a truly holy gathering of people who are Hashem's ONLY freinds in this lowly world. [i] *Bemokom shebalei teshuva omdim ein tzadikim gemurim yecholim la'amod!* [/i] We may not be like the tzadikim of previos generations, but in the dark, dirty, dingy, discusting, and degrading society we were put into, {in his infinite wisdom... we belive we are lucky to be in this generation, otherwise we wouldn't be here! HE doesn't make any mistakes!} we can accomplish even more than the amolige tzadikim did! **WE CAN BRING THE GEULA!** After all, a small 4 watt nightlite bulb will make all the difference whether you bump into the walls or not in if you put it in a room which is otherwise in total darkness; whereas a million candlepower searchlight does little good when used in bright daylight. As CHAZA"L say: *Shraga betihara mai ahanye*.

This forum is for personal intoductions, well... an "anonymous introduction" is quite a difficult feat to pull off. Just kidding, I understand the purpose, to start our connection with others and give/get chizuk.

This writer is a yungerman who has been looking at re'ios assurios even before he knew that he shouldn't be looking at them. He was doing the ma'aseh before he knew that it is an aveira, r"l. At 14 I happened to see the last chapters in the Sefer *Kitzur Shulchan Oruch* and discovered the rotzon Hashem (after double checking with my Rebbe that I understood what I read. I am married now with a few children, Boruch Hashem, and have been struggling with the yetzer horah since then.

Since I do consider myself somewhat of an oved hashem, after all I am jewish too, the last couple of months I generally managed to withhold from looking at the worst, but I did indulge in looking, searching, and staring at pics which my filter did let through as they are not classified as dirt in the lowest sense of the word, but were enough to be meorer the ta'avos in my heart. They were against the rotzon Hashem. The proof is that yetzer horah was pushing me to do it, and even more so, the results of these pics were often tumah ma'asim.

Brov rachamov vechasodov, I was zoche to be directed to this great and holy site by a Rabbi

who knows about my struggles (I am forever indebted to him for this refferral!) and with much siyata dishmaya and the chizuk I recived from this site, I was zoche to have a highler level of shmiras einayim for the last 29 days that I haven't had since before I was a Bar Mitzvah!

Yasher Ko'ach to all the good jews who set up this site, to all those that post on this site, to all those that help fund this site, and to all those dear friends of Hakodosh Boruch Hu who value true kosher SIGHT!!!

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Re: Tov veyoshor Hashem al kein yoreh chata'im baderech!
Posted by silentbattle - 26 May 2010 02:55

Well said, Briut.

I'd say almost the same thing. *So think about it!* Every day, every minute, you're having victories. Consider them, think about them, feel good about them!

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Re: Tov veyoshor Hashem al kein yoreh chata'im baderech!
Posted by Yosef Hatzadik - 26 May 2010 14:26

Chizuk is GREAT... when given to others, to myself it is much easier to critisize & belittle any & all acomplishments.

When I wrote 'a brush' it was still only that, a brush, but by the next post it was already too late.... :'(

Thank G-d for givings us our **Rebbe Reb Bardichev**! He took some time out of his busy

schedule to lift my spirits last night!

Thanx to all of you who showed interest in me!

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Re: Tov veyoshor Hashem al kein yoreh chata'im baderech!

Posted by briut - 26 May 2010 16:02

[Yosef Hatzadik wrote on 26 May 2010 14:26:](#)

Chizuk is GREAT... when given to others, to myself it is much easier to criticize & belittle any & all accomplishments.

Well, I'm not sure what you meant. I hope it wasn't that you think folks like me give chizuk to others and not to you! Sometimes my flat words on a screen can be taken the wrong way, but I hope you know that my intent is chizuk and not Ch'V the opposite. I am certain that's true for anyone else taking the time to post for you. We all want to be there for you.

Instead, I'm guessing you mean that YOU have a harder time comforting YOURSELF than you do giving chizuk to OTHERS. And, yeah, that's hard on most of us. I'm particularly rough on myself. Even when I'm NOT feeling depressed, I hold myself to a high standard and don't get off my own case until I've arrived.

Which is all wrong. I need to either "lower the bar" to a series of small and achievable steps, or I at least need to find some plateaus in the long climb and have a little celebration over the small progress made.

When we're hanging on a cliff, even small progress is huge.

If what you're really going through is being "down," then I hope you pull out quickly. I don't know anything I could say that would speed the process. But I will say that I KNOW you'll pull out, because you've pulled through this GYE work so well, in so many ways, that it's clear you've got "what it takes."

When you're going through hell, keep going. (Churchill)

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Re: Tov veyoshor Hashem al kein yoreh chata'im baderech!

Posted by silentbattle - 26 May 2010 17:09

It is difficult. That's why it's so important to work on it. Give yourself rewards, celebrate, take time to appreciate how wonderful and valuable each day is.

I even know a guy who'd be happy to sponsor a bottle of woodford and share a shot with you to celebrate your new start! I've been itching to buy a bottle every since my first 90-day celebration, and I still wouldn't mind!

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Re: Tov veyoshor Hashem al kein yoreh chata'im baderech!

Posted by yehoshua - 27 May 2010 07:49

Hi,

reading your posts and your struggle, makes me feel small, honest and thankful.

- I am small. Because each moment is a new fight and is a precious moment. Your struggle shows how strong one can become and then it boils down to NOW, this moment. And your fall has given me strenght for this moment, for NOW. Thank you.

- I feel honest. It takes guts to be honest about a fall, to click that "I had a fall". Shit, it's an

addiction, but it takes guts to talk about it, real guts to admit how tender we humans are. I am having bad thoughts all the time and I break down in the bathroom and cry. Thank you for saying, that you also cry.

- I am thankful, today I stand because of you. And I am thankful, because if GYE goes down for a moment and it will be difficult moment for me, then I will know, NOTHING WENT AWAY, ALL IS STILL HERE. Then I think I will have tears of joy.

Thank you for making me feel human, tender and thankful for this moment.

May Hashem give us strength to be thankful and may he lift our hearts and help us smile just now.

your co-human,

Yehoshua

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Re: Tov veyoshor Hashem al kein yoreh chata'im baderech!
Posted by Yosef Hatzadik - 27 May 2010 19:00

[Briut wrote on 26 May 2010 16:02:](#)

Well, I'm not sure what you meant. I hope it wasn't that you think folks give chizuk to others and not to you!

No, that is not what I meant.

[Briut wrote on 26 May 2010 16:02:](#)

Instead, I'm guessing you mean that YOU have a harder time comforting YOURSELF than you do giving chizuk to OTHERS.

Now you got it right.

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Re: Tov veyoshor Hashem al kein yoreh chata'im baderech!

Posted by Yosef Hatzadik - 27 May 2010 19:14

Silentbattle:

If you choose to get drunk, it is your choice. Please do not lay the blame for your drinking an entire bottle of woodford on me. i beer enough of a burden already without the knowledge that I am supplying AA with new members. ;D

Yehoshua:

If you are crediting me with having a part in making you more honest, I will accept that.

But I do not want any connection to making you feel small. :D

I thank all of this thread's posters for helping me feel that I am not alone in this world, this struggle. Yes, I know Hashem is here too. I just don't feel it all the time.

BTW, I read in a few others' threads that they were overpowered by the Yezter Horah on Tuesday too. I wonder if everybody felt something? Even those that stayed strong, did have a harder time too? Was there some significance to the date? Some special Ko'ach Hatumah? It was the last day of Tashlumin for Shavuos. Is that why the Yezter exerted himself, boosting his temptational powers?

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Re: Tov veyoshor Hashem al kein yoreh chata'im baderech!
Posted by an honest mouse - 27 May 2010 19:32

I personally felt the extra yetzer horah on monday, maybe its flowing west from eretz yisroel...

one can tell your mood from your latest dvar torah (posting even when you're down) i personally missed your divrei torah very much in that time :(keep posting! and i read the 'lomo nigorah' one from pesach sheini again (coz its this weeks parsha) - loved it! thanks for the chizuk!! keep it coming!

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Re: Tov veyoshor Hashem al kein yoreh chata'im baderech!
Posted by Yosef Hatzadik - 27 May 2010 19:32

As part of my civic duties the our golus country (aka the USA), I reported for jury duty. I went through the process of jury selection, was excused from the case, and dismissed from serving, B"H.

Upon reflection, the process of selecting an unbiased jury can be quite lengthy. The court must be confident that the juror will decide the matter on hand entirely based on the merits of the case at hand. No prior conceptions, prejudices, or other feelings may influence his deliberations.

When we judge our fellows and friends in the courtroom of our minds. When we judge *ourselves* in the courtrooms of our minds. We ought to judge everything based entirely on the matter on hand! We may not completely negate a person who is otherwise a very good guy, moral & upright, based on our perception of one specific instance. Or worse yet, based on feelings which have no basis in fact. We should not put ourselves down - in our own eyes - due to not being constantly on the level where we would have liked to stand and expected to be.

Hevai dan es kol ha'adm l'kaf zchus, - every man, **yourself** included!!!! *Ess kol ha'adam* - the **entire** man, not base ourselves on one point. Include his upbringing, past life experiences, physical and mental capabilities and incapacabilities in your evaluation. The result may be quite different than on first glance. Quite better!

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Re: Tov veyoshor Hashem al kein yoreh chata'im baderech!
Posted by Yosef Hatzadik - 27 May 2010 19:44

[an honest mouse wrote on 27 May 2010 19:32:](#)

one can tell your mood from your latest dvar torah (posting even when you're down) i personally missed your divrei torah very much in that time :(keep posting! and i read the 'lomo nigorah' one from pesach sheini again (coz its this weeks parsha) - loved it! thanks for the chizuk!! keep it coming!

Thank you!

And yes, I do try to reflect my mood in that thread. (I am not always successful. Oftentimes I
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I don't feel comfortable baring all my thoughts and struggles for all the world to read, the way

many others do in their journalizing. (Even though this is an anonymous forum, a nature is hard to change, besides what if someone recognizes me?) Therefore I hide it in a Torah'dig thread. I get to vent and only someone (like you!) with a disconcerting eye will read between the lines...

I only have internet access at work. I try to write a new post in that thread every day that I am on GYE! (Except for when I need a mikve. I try not write divrei Torah then)

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Re: Tov veyoshor Hashem al kein yoreh chata'im baderech!
Posted by an honest mouse - 27 May 2010 23:05

[Yosef Hatzadik wrote on 27 May 2010 19:32:](#)

Hevai dan es kol ha'adm l'kaf zchus, - every man, **yourself** included!!!! *Ess kol ha'adam* - the **entire** man, not base ourselves on one point. Include his upbringing, past life experiences, physical and mental capabilities and incapacities in your evaluation. The result may be quite different than on first glance. Quite better!

great vort! very profound, thanks for sharing.

[Yosef Hatzadik wrote on 27 May 2010 19:44:](#)

only someone (like you!) with a disconcerting eye will read between the lines...

GYE - Guard Your Eyes

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sorry about my eyes... ive been trying to sort them out recently....

Re: Tov veyoshor Hashem al kein yoreh chata'im baderech!

Posted by Yosef Hatzadik - 28 May 2010 14:23

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Re: Tov veyoshor Hashem al kein yoreh chata'im baderech!

Posted by silentbattle - 28 May 2010 19:44

Post in whatever way you can, you know that we love you anyway.

I can only speak for myself and say that opening up on this forum feels very liberating.

Hope you have a great shabbos!

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Re: Tov veyoshor Hashem al kein yoreh chata'im baderech!

Posted by Yosef Hatzadik - 07 Jun 2010 17:16

Yetzer Horah & Yosef Hatzadik share initials.

They got together again on Friday for (hopefully) THE LAST TIME - EVER!

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