

Tov veyoshor Hashem al kein yoreh chata'im baderech!

Posted by Yosef Hatzadik - 18 Feb 2010 17:44

Rabbeinu Yonah explains this posuk, (as heard from Rabbi Mattisyahu Salamon Shlit"a) that hashem leads people who were *nichshal* in a chet on the proper way, *ze hu mah sheshalech nevi'im* to teach us the proper way.

BORUCH HASHEM! We were zoche to be directed to this eida kedosha, a truly holy gathering of people who are Hashem's ONLY freinds in this lowly world. [i] *Bemokom shebalei teshuva omdim ein tzadikim gemurim yecholim la'amod!* [/i] We may not be like the tzadikim of previos generations, but in the dark, dirty, dingy, discusting, and degrading society we were put into, {in his infinite wisdom... we belive we are lucky to be in this generation, otherwise we wouldn't be here! HE doesn't make any mistakes!} we can accomplish even more than the amolige tzadikim did! **WE CAN BRING THE GEULA!** After all, a small 4 watt nightlite bulb will make all the difference whether you bump into the walls or not in if you put it in a room which is otherwise in total darkness; whereas a million candlepower searchlight does little good when used in bright daylight. As CHAZA"L say: *Shraga betihara mai ahanye*.

This forum is for personal intoductions, well... an "anonymous introduction" is quite a difficult feat to pull off. Just kidding, I understand the purpose, to start our connection with others and give/get chizuk.

This writer is a yungerman who has been looking at re'ios assurios even before he knew that he shouldn't be looking at them. He was doing the ma'aseh before he knew that it is an aveira, r"l. At 14 I happened to see the last chapters in the Sefer *Kitzur Shulchan Oruch* and discovered the rotzon Hashem (after double checking with my Rebbe that I understood what I read. I am married now with a few children, Boruch Hashem, and have been struggling with the yetzer horah since then.

Since I do consider myself somewhat of an oved hashem, after all I am jewish too, the last couple of months I generally managed to withhold from looking at the worst, but I did indulge in looking, searching, and staring at pics which my filter did let through as they are not classified as dirt in the lowest sense of the word, but were enough to be meorer the ta'avos in my heart. They were against the rotzon Hashem. The proof is that yetzer horah was pushing me to do it, and even more so, the results of these pics were often tumah ma'asim.

Brov rachamov vechasodov, I was zoche to be directed to this great and holy site by a Rabbi

who knows about my struggles (I am forever indebted to him for this refferral!) and with much siyata dishmaya and the chizuk I recived from this site, I was zoche to have a highler level of shmiras einayim for the last 29 days that I haven't had since before I was a Bar Mitzvah!

Yasher Ko'ach to all the good jews who set up this site, to all those that post on this site, to all those that help fund this site, and to all those dear friends of Hakodosh Boruch Hu who value true kosher SIGHT!!!

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Re: Tov veyoshor Hashem al kein yoreh chata'im baderech!
Posted by laagvokeles - 28 Apr 2011 23:43

hey dov! nice to see u!

[dov wrote on 28 Apr 2011 22:47:](#)

Laag. Perhaps you truly consider your problem (*and* the problem that everyone else has) with compulsive and progressive porn use and masturbation to be a *yir'as Shomayim* problem. I think you consider it *only* a yir'as Shomayim problem. And that is the same whether the person is a frummy seeing prostitutes, too, whether he is happily married or not. I think you consider it a religious problem, period.

in my case i HOPE its only a ????? ???? problem, in other cases i think that at first we dont have to think someone is sick, so first try toiro. Just the problem is that usually this ppl have no interest in starting to spend more time in shul etc (or whatever needed al pi toiro in his matzav), so they should really go to a doctor and not to the toiro, but im fortunate and i can really dedicate to this time with toiro.

[dov wrote on 28 Apr 2011 22:47:](#)

The Torah heals everything - the tzaddik you quoted was saying 100% true. But **you**, when **you** have a chronic headache - do you go to the Torah? Or do you go to a doctor? Perhaps he really does - but do you? Do you suggest that we all should do that?

(?? ?????? ?????? ;D)

there is a difference between ?????? like headache etc and ?????? True that there is ?????? like OCD etc that also need to be treated by a doctor no doubt, but our problem here is been mentioned 100 and 100 of times in chazal, that it is a very potential taava, i dont want to bring down examples cause its gonna make the post way to long, ill just say that ?????? why there is ?????? is because the toiro says when you are alone with a woman you kinda out of control...

??? ?????????? ???????

the story with the ??? that felt that he is going to do it so he started to scream FIRE FIRE. and many many more

what do i see from all this? that sex is a powerfool thing and a very hard thing to control and like a said the toiro is full of ?????? etc etc how to overcome it.

if i would try all that and not manage i have a all megila about that to.... (its not our subject now)

[dov wrote on 28 Apr 2011 22:47:](#)

are you saying there is no such thing for some people, that these too should go to the Torah?
Yes, you are.

no im not saying that....

not everybody was lucky enough to grow up with a real tora atmosphere etc, so they would not really invest ther energy and seriousnes by the toiro as much as they would by this doctors research so they shouldnt go the toiro, (and as said above if its proven this guy is sick he should go to the doctor even if he is moshe rabeinu)

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Re: Tov veyoshor Hashem al kein yoreh chata'im baderech!
Posted by Shteeble - 28 Apr 2011 23:58

Look at all these megillas.

Anyone for a coffee break?

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Re: Tov veyoshor Hashem al kein yoreh chata'im baderech!
Posted by Dov - 29 Apr 2011 01:32

Blue words are mine:

[laagvokeles wrote on 28 Apr 2011 23:43:](#)

...so first try toiro. Just the problem is that usually this ppl have no interest in starting to spend more time in shul etc (or whatever needed al pi toiro in his matzav), so they should really go to a doctor and not to the toiro, but im fortunate and i can really dedicate to this time with toiro. Not everybody was lucky enough to grow up with a real tora atmosphere etc, so they would not

really invest their energy and seriousness by the *toiro* as much as they would by this doctor's research so they shouldn't go to the *toiro*, (and as said above if it's proven this guy is sick he should go to the doctor even if he is *moshe rabeinu*)

Laag, you should come with me to the weekends we have twice a year here, where 100+ sex and lust addicts in some stage of recovery - most are (very) chassidish and yeshivish - come to spend a beautiful Shabbos together (many with their wives). We daven together, have meetings together, eat together, sing and dance together - the whole nine yards. Most are SA members, and every single one of them tried what you call "Torah" before, for years and years. And for every one of *them*, there are ten more like them out there who are in recovery but not coming for these Shabbosos, and maybe fifty or more 'out there' who are slowly losing their marriages and their lives to an addiction. We walk around like we are fine, but are really bleeding. Eventually blood runs out. But I think you would spend the whole time at that Shabbos-thing trying to interview each guy to understand for yourself exactly how what **they** tried was '*not really Torah*'. No wonder they didn't get better: I guess they were not as *good* as you or as *fortunate* as you were to grow up 'really frum'. For such a nice guy, you seem to look down on others too easily, *chaver*. Saying they are not really good enough is just another easy lie, in my opinion.

[laagvokeles wrote on 28 Apr 2011 23:43:](#)

there is a difference between ????? ???? like headache etc and ????? ???? True that there is ????? ???? like OCD etc that also need to be treated by a doctor no doubt, but our problem here is been mentioned 100 and 100 of times in Chazal, that it is a very potential *taava*...what do I see from all this? that sex is a powerful thing and a very hard thing to control and like I said the *toiro* is full of ????? ???? etc etc how to overcome it.

if I would try all that and not manage I have a all *megila* about that too....

Our problem is mentioned hundreds of times in Chazal? I would like you to know that practically every one of the alcoholics and drug-addicts (frum and not frum, Jewish and not Jewish) who I have met over the years who come to SA, SLA, SAA and other lust recovery groups report *b'peh echod* that their alcoholism or heroin or cocaine addiction runs exactly the same as their sex/lust addiction. It's the same. And every one that I have met tells me that their *recovery* from alcohol or drugs was so much easier than their recovery from lust. Their recovery from the lust really, *really* brought them down and to Hashem, in other words.

The principles of Chazal about sex and lust are similar to addiction and recovery because they are describing the same *body* and the *machloh* is of the body. But they are **not** talking about crazy people, except in a few isolated cases like R' Elazar ben Durdaya, obviously.

Addicts are just people who **themselves** come to believe that they are failures at controlling and enjoying their drug. They keep using it and it makes them miserable, but they keep trying to use it, harder and harder. They get more and more desperate and more and more twisted to enjoy and 'make it work right', but remain miserable.

And notice that the solution for *R' Elazar ben Durdaya* was **not Torah, at all**. No one there says *anything at all like* 'Torah fixed him'. No sir. "Moshcheihu l'beis hamidrash" is for *normal* yidden with lust challenges - not at all for addicts, I believe. Anan lo b'shatyan askinan.

He needed only 2 things:

He needed **self-honesty** by asking to run away to the mountains and everything else....until he saw *ein hadovor tolui ella bee* - I am screwed up. the only 'gift' I have for Hashem is the precious honesty about how much of a mess I have made here, so far. That is the **1st** step of AA.

Then he needed to really **get with Hashem** - to die to himself *finally*. And that is ultimately what the **3rd** step is, in the extreme. It is what the Sh'ma is, too, in the extreme. He only needed those two things. They are the **entire** program of AA's recovery. The rest is just pirusha.

Zil g'mor.

Addicts just need to go about the same path in a different way.

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Re: Tov veyoshor Hashem al kein yoreh chata'im baderech!
Posted by jewinpain - 29 Apr 2011 03:46

Hey guys, old friend here, I usually don't comment on such delicate matter especially if I lack the knowledge to argue on all that, & I am also the one really believing that most guys on GYE are

not addicts (just future addicts maybe if not addressed on time) so that means that 12 steps is indeed not for everyone, but reb "laag" I don't know u, nor do I know how much torah u learn, u can use 12 steps big time ur ego is way too overblown, guess what we all feel guilty after acting out and run to mikva and open a sifer, it helps zilch as proven by many people and as that story in chazal were the tana was screaming fire! U really think U are raised better or know better torah than him, if u really think so than again 12 steps is very crucial for u, I only did 1st few steps and dropped out for various reasons, but I know that all my sobriety comes from GYE and the few months I spent with the group in the 12 step program, and those weeks I was participating I was the best stage in my life, so u don't make this 12 step program such a joke, and very single word reb dov said is 100% true, I'll finish up with asking mchila here in public, but u r dead wrong my dear friend

I encourage u strongly to join a 12 step program, yeah its a mix on rabunim was pasken shalas and learn torah 12 hours a day to truck drivers who don't even know how to open a sifer, we r all the same bro

KOT

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Re: Tov veyoshor Hashem al kein yoreh chata'im baderech!
Posted by laagvokeles - 29 Apr 2011 11:11

[dov wrote on 29 Apr 2011 01:32:](#)

[color=blue]

[color=blue] I would like you to know that practically every one of the alcoholics and drug-addicts (frum and not frum, Jewish and not Jewish) who I have met over the years who come to SA, SLA, SAA and other lust recovery groups report *b'peh echod* that their alcoholism or heroin or cocaine addiction runs exactly the same as their sex/lust addiction. It's the same.

yes for sure its the same (i dont think so, but even if u r right) its the same for ppl who dont

have the toiro, or dont wanna use it, or for goim (what do i mean toiro is an other subject, but its also a way of life ????" , ill just say that i know that most of the ppl dont know how its supposed to work with toiro, they think its mikva and other superficial things.... oh yes they also do a favor to god and they learn 10 min, it dosnt go like this, u have to really change your life,how? ask a rabbi)

[dov wrote on 29 Apr 2011 01:32:](#)

[color=blue]

Chaza"l are **not** talking about crazy people, except in a few isolated cases like R' Elazar ben Durdaya, obviously.

you see here is a thin line where i disagree with you. you call every body who watches porn crazy ppl or addicts, and i call them baalei aveiro, so yes chazal speack plenty about huge baalei taava that they need more gedarim

(the other day someone brought a ?????? that there is ppl who have to make ?????? even about theyr own daughters etc) so u see that they knew that this is a delicated issue and every boddy has to do his own meassurments.

True that there is addicts also, but ?????? ?????? i loock to every boddy as a simple baal aveiro, unless he has ?????? ;D that he is a sicko.

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i agree that there is sick ppl called addicts they need treatment.

but there is plenty of ppl that are just baale aveiro no treatment needed, just to work on theyr midot.

my opinion, about the way i see things through my eyes, no intention of telling any boddy he is wrong or wright

AND ONE THING IS FOR SURE: SOMEONE WHO WANTS TO GET OUT OF THIS PORN
THING SHOULD SPEACK TO U DOV.... NOT TO ME

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Re: Tov veyoshor Hashem al kein yoreh chata'im baderech!
Posted by Dov - 29 Apr 2011 12:57

As usual, Laag, you missed my point or just did not understand what I wrote *bichlal*. Of course most people who look at porn are just with tayvoh and need to work on yir'as Shomayim directly, and *only* on that. That is for most people out there - and that's why I call them "NORMAL"!!

If you were right, then gedarim is all we really need. What about the kabolah of those gedarim? No - to you all we need is more gedarim. It is nonsense.

I am **with you** that Rav Twerski and others are completely off-base when they imply that *anyone* who likes watching porn or masturbating is a sex/lust addict. Of course that is silly, for then every tanna who had a challenge with lust is an addict, then Dovid haMelech is an addict, Zimri ben Salu is an addict, etc. That would be just plain ridiculous. These were not sick people, they just had a tayvoh for whatever reason - some as part of a Divine plan, some because they made a cheit. How are we to judge, anyway?

I believe that there are sick people, people who know better and still use it because they have to. This is not at all 'yodaya bor'oh umiskavein limrod bo' - we are talking about people who are good in many other ways, but not in this one way.

Like Par'oh, they have a hardened heart, as the RMB'M explains it. It is a sickness and they are like klal Yisroel in golus: how is taking away the mikdosh and neviim a way to get us to do

teshuvah? If we are no good with neviim and a mikdosh, how will we be better without all that help for kedusha?! Hmm? - Ella what...He knows that until all the levush for help is taken away and we have to crawl to Him without any help, coming to Him just because we cannot survive without Him....*then* there is hope for us and we will let Him in. ***In*** the golus, ***in*** the mud davka.

Same for Paroh. He needed many makkos till he relented and broke down to go to Hashem, to know Him a bit.

That is the same for the recovery of an addict. It is not at all the normal way for everybody else who likes porn just because they are guys with testosterone.

And the chinuch thing about the geder for the daughters is for kedusha and to avoid lust - not like for some addicts at all, where such a geder is (at the beginning, at least) in order to prevent them from getting sexual with their daughters. It's completely different and as usual, you are comparing apples to oranges again. Both fruit, yes, but nothing at all more the same.

You probably still do not hear me. Gam zu letovah.

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Re: Tov veyoshor Hashem al kein yoreh chata'im baderech!
Posted by kosher - 29 Apr 2011 14:38

Moderators:

Can we:

Declare this a "debating the validity of the 12 steps" free zone

Move all such debates to a special thread dedicated to that purpose

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(This debate has its place in the world, but it is overwhelming so much other good stuff...)

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Re: Tov veyoshor Hashem al kein yoreh chata'im baderech!

Posted by Dov - 29 Apr 2011 15:15

Sorry - Kosher is right. If Yosef wants me to remove all these posts I'd be happy to, if he cannot. Yes, he does deserve his nice thread back, indeed.

I look for no fights and never intend to 'throw down a gauntlet'. I have met those types here before and their attitude makes me nauseous. I like to live and let live, especially in recovery - **except** when someone is speaking to a *rabim* - that's different, I feel. Perhaps I got out of hand, but was really referring to Laag, specifically and not to anyone else or their opinions. I truly feel that he is full of it, period, and that he does not even realize how insincere he really is.

I know Laag a bit, see, and felt that he needed some rump-removal. Since I run a fledgling rump-removal business on the side, I took the opportunity. What with the economy, and all.

Hope it was fun for him. :-*

Love you, Laag! (and Yosef H.)

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Re: Tov veyoshor Hashem al kein yoreh chata'im baderech!

Posted by laagvokeles - 29 Apr 2011 16:09

dov i cant wait to start to want to get better, and then i hope youll have pacience to me and help me.

but we simply have a ??????? in one thing, wich is: does the toiro speack about heavy heav baalei taava or not, i think yes (im not 100 % sure about your opinion, but u intend to say mmm i dont know.)

goim think that homosexuals is not theyr fault for been so, i once saw a ????? ??? throwing the all ball on a guy that said he is homosexual there is also the ramban that says that ppl that are way to much using sex, they will eventually wanna do it even with animals.

there is also a bet halevi that i quoted once here ill quote it again

[laagvokeles wrote on 14 Mar 2011 10:42:](#)

i saw this , and i said i must share it with u guys! its scary! (its a ??? ????? ?????? ?"?)

1)

???????? ???? ??????" ???? ??? ???? ????? ?????? ????? ????? ???? ?

2)

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????? ??????.

in other words ones we get use to masturbate we are almost (????) out of control!

wow!

in other words many of us dont have the complete fault that we started to porn our life through...
cause many of us had a very hard childhood, etc

????

that the begining of it its not our fault either, so dos it mean we can party....? why not? the
begining is not our fault... its the fault of the melamed, or from our parents, or from our i dont
know what..... and now that we are used to this its defnetly (almost) not our fault as the bet
halevi says.....

so lets go party?

achhhh!!! but ??? ??? its famous

??? ???"? ?? ??????? ?? ???????

so we gotta get better.....

BUT ITS SO F???? HARD!!!!!!

bekitzer sweet dov i hope u will have pacience to me one of this days, as u already had a few weecks ago, cause "i have a feeling" that soon is gonna be the good cheishek day that ill need your guidance to make out the most of it

git shabes

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Re: Tov veyoshor Hashem al kein yoreh chata'im baderech!

Posted by ur-a-jew - 29 Apr 2011 16:21

[dov wrote on 29 Apr 2011 15:15:](#)

I truly feel that he is full of it, period, and that he does not even realize how insincere he really is.

Couldn't have said it better myself. And this is why the whole discussion is not really about 12 steps vs. no 12-steps or addict vs. non-addict. It contains a much deeper message which we could all (myself included) do well to keep in mind. It's simply this laag is basically hopeless until he gets off his high horse. To guote the "toirah" (The Maharal in Derech Chayim, Perek Gimmel, Mishna Aleph) which Laag is so fond of hiding behind:

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Re: Tov veyoshor Hashem al kein yoreh chata'im baderech!

Posted by Dov - 29 Apr 2011 16:33

Dear chaver,

As long as you keep quoting chazals and igros Moshe's about this stuff you still have no idea what I am talking about. In fact, I bet you don't even know what *you* are talking about!

Homosexuality and even a desire to mess around with animals has nothing to do with this problem. I sincerely believe that if a guy messed around with animals a few times in his life, it does not make him an addict at all. You still do not hear me.

It has nothing to do with how bad the aveiro is. it has nothing to do with whether it is an aveiro at all. it is the same as drinking, using cocaine or gambling - the **drug** does not make you an addict!! **You** do.

If **you** use it compulsively and do not stop, even after **you** ask a rov and really try to quit even using what **you** like to call 'the Torah'...then it is **poshut** that whatever the philosophy says and whatever is right or wrong - the rov and what you call 'the Torah' **is not working** for **you**.

So?

That's all. There is no issue to argue about. No right or wrong, no good or bad. There is no mitzvah I am aware of that is to 'follow the heilige 12 steps'. Is there? Do whatever you want. Maybe there are 50 other ways to get better. I have no idea.

Those who want to watch their lives swirl down the smelly toilet (clutching their 'Torah' close to

their breast, of course), gey gezunderheit, I will not stop them and cannot, anyhow. Kol mi sh'ein bo deyah, assur lerachem olov.

You are a first class whiner, not a philosopher, and not a chochom. And though I am fine telling you all this face to face, boruch Hashem I haven't the time to waste.

I am sober today by one thing: Hashem's Chessed that I do not deserve. Period. You do not deserve it either, so we have a lot in common already.

Have a nice trip, whatever your name really is.

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Re: Tov veyoshor Hashem al kein yoreh chata'im baderech!
Posted by Me3 - 29 Apr 2011 16:40

No! No! Dov, Get off your high horse that UAJ said is an expression, he didn't mean that!

But seriously Dov, if you keep on posting replies it's you who has the problem.

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Re: Tov veyoshor Hashem al kein yoreh chata'im baderech!
Posted by laagvokeles - 29 Apr 2011 16:41

all i ment by this animal and homosexuals is one thing:

its a very tempting aveira and u get addicted to it, but u dont get any more any pleasure, by the missionary way so you keep on rolling till u fall to the animals and homosexuals, and still the toiro speacks to those ppl also ????? ?? ?' ??????

in other words our bible speacks about heavy heavy baalei taava that were straight, now they need animals to feel pleasure, and still ???? ?? ? ??????

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Re: Tov veyoshor Hashem al kein yoreh chata'im baderech!

Posted by Dov - 29 Apr 2011 16:50

Dear Me3,

Boruch hashem I am mekabel your daas here and only checked this thread at all because i saw your name as the author of the last post. When I stared this response, it notified me that there was a new response - from my chaver Laag. Hashem helped me have the wisdom and acceptance not to read it. And I will still bl"n not read it, for the time being.

You have helped me beyond measure already and it is really amazing at how Hashem sweetly uses all kinds of people to help us! Who would have thought that *Laag* would (accidentally) help my recovery so much? By remaining free of needing to respond to him, my recovery is boosting up a great deal and I will live better that I could have before the issue *became an issue*!

Not to c"v compare Laag the sweet yid to anything bad, but in a similar way, if we all knew how much we gain in sanity and recovery simply by avoiding and asking hashem's help to actually gain some freedom from loшон hora, tarfus, (and shtus like the pretty lady's image in the next car), we would have tremendous hakoras hatov to all these challenges...and *still* run from them kboreiach min ha'esh.

I love you and this life so much!

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