

desperateyid

Posted by tshuvayid - 20 Jan 2010 07:31

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one week clean already!

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Re: desperateyid

Posted by kidushashem - 18 May 2012 14:46

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kevin,

I know that *my* goal here is not to stay sober. My goal is to fix all the issues that led me down this path. Learning Torah might help you to stay sober (white knuckle sobriety), but it will probably not change the fundamental problems and disfunction that brought you to this place. Sobriety is nice, but it's simply not going to do much for us.

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Re: desperateyid

Posted by interveltnik - 18 May 2012 18:01

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Learning iyun is cerainly better for those that enjoy it, because it fills ur mind even when not learning. But b'kuis is also good if learnt with a geshmak chazering alot, living with it, even dreaming about it. Either way t doesn't help after the taivoh comes, it only prevents the taivoh from coming.

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Re: desperateyid

Posted by Kevin Pond - 20 May 2012 09:54

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hi KH & interV,

There are two pieces of gemara about how the yetzer hora can be conquered by Torah. One in Kidushin and one in Brachos.

To cut a long story short, Torah can help you as an ongoing way of life (Brachos 5A) , and also at times of crisis ("im poga becho menuvol ze"-Kidushin)

I agree with you that the problems are deeper and at times need MORE than learning,

It is true that just "staying out of trouble, and sobre" is not enough. we have to deal with the roots of the problem, and I think our issue is escapism; we have to analyze what is it that we escape from.

However, on some level, learning- one way or another- is always some type of help.

(and yes, I agree that b'khus can be geshmak as well...)

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Re: desperateyid

Posted by interveltnik - 20 May 2012 13:11  
wishing us all a gr8888888888 and clean week!

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KevinP, "Im puga" Is only at the beginning of the interaction, not once you've got an addiction or ) either way, this addiction should be classified as a "choli" as seen from the gemara sanhedrin (the doctors said he'll die, no taivah ever killed a person) Im puga does not mean "if u got sick"...

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Re: desperateyid

Posted by Kevin Pond - 20 May 2012 19:25

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very true, Interveltnik, and that is why we have our amazing 90 days porgram, support groups, etc. because it is already a disease.

However, I still think (and feel very strongly) that Torah imbues kedusha at any stage. it is NOT the only solution, but it definitely plays a positive role.

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Re: desperateyid  
ur in the taive knee deep ( or thigh deep...  
Posted by mirafait - 20 May 2012 20:20

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The same amud of Gemara (Kiddushin 30:) that says ?????? ??? ??? ?????? ????? ?????? also states ????? ?? ??? ?????? ????? ??? ??? ?????? ?????? ?????? ?????? ???" ? ????? ?? ????? ??.

So it seems pretty clear that its all are true.

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Re: desperateyid

Posted by Machshovo Tova - 21 May 2012 14:44

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[interveltnik wrote on 20 May 2012 13:11:](#)

KevinP, "Im puga" Is only at the beginning of the interaction, not once you've got an addiction or ) either way, this addiction should be classified as a "choli" as seen from the gemara sanhedrin (the doctors said he'll die, no taivah ever killed a person) Im puga does not mean "if u got sick"...

Granted, a "choli" - but Chazal also teach us that for every kind of choli, Torah can be used as a cure. See the following Gemara in Eruvin 54a:

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up in the taiva knee deep ( or thigh deep...  
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Bottom line: Toira iz dee beste s'choira.

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