

First Day Joining GYE

Posted by sprightlyotter77 - Yesterday 20:02

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I don't have much to say. I am a 20 yr guy, and have struggled with P & M since i was 14. Longest ever streak i can remember was around 35-40 days. I have done countless hachlatas, all to no avail. Just sucks always feeling defeated, and I truly can't grasp that it's possible for me to win this problem, and that it isn't too late and the damage can still be reversed. I am very scared that when I get married it will chas veshalom have terrible irreversible consequences and Im too far gone. I obviously don't know that and I am speculating, but the fear is real. And the Shame.

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Re: First Day Joining GYE

Posted by boardg - Yesterday 23:20

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welcome aboard! You're in the right place with many people here having similar stories as yours and B"H finding healing. Look around at all the threads, and keep posting!

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