

Hi. My first post.

Posted by yosefthet zadik - 30 Jun 2025 17:42

Hi everyone, fellow fighters. This is my first post, trying to figure out how this forum works. Will post my journey shortly.

This forum seems to be quite complicated and confusing. I'm used to 2025 technology, this system seems older then the internet itself....

=====

Re: Hi. My first post.

Posted by hashemisonmyside - 27 Aug 2025 18:40

Wow, what a Millstone Yosef Hatzadik!!

=====

Re: Hi. My first post.

Posted by hollyari - 27 Aug 2025 19:09

YosefHatzadig.

I hope you're doing better already..

Well, how can't you? After 49 days you may roll around jumping on the streets.. You're a super-hero, you're a king!

We say every day ???????????? ?????????? ???????????? ?????????? ???????????????

I'm sure Hashem is thrilled having you so close to him. and vise versa, I'm sure you're thrilled being that close to Hashem..

You just keep going your way, we believe he won't let you down for too long. The YH might come up with even more and worse ideas on how to get you back in his net, but you don't let yourself take a fall again! You are holy and this time it's forever!

=====

Re: Hi. My first post.

Posted by sdney - 27 Aug 2025 23:47

dud you put me to shame! you just named some real trauma in which porn would seem as a legitimate escape. and your still on this platform breaking free and finally healing the pain. It raises the bar for all of us. thnx for shearing

=====

Re: Hi. My first post.

Posted by yosefthet zadik - 28 Aug 2025 01:46

Sad and lonely days.

Holding on tight.

I should be happy, my younger brother is getting married Tommorow, but somehow I'm very sad.

Now I can share that I was dating someone but it doesn't look like it's gonna work.

At least I can actually feel my emotions.

Thank you Ari for that ????? It really resonates, more then you know. And same goes for SDNY, I didn't even share a drop in the ocean of what I went through, just posted how that specific day went... (For example, today I was notified that I have to arrange my own transportation to the

wedding In another city, my father "needs his privacy.")

=====

=====

Re: Hi. My first post.

Posted by yosefthetzadik - 28 Aug 2025 01:47

I didn't want to update my streak, 50 sounds bland.

I should've left it on 47, I like that number.

=====

=====

Re: Hi. My first post.

Posted by chosemyschem - 28 Aug 2025 16:15

[alex94 wrote on 27 Aug 2025 18:00:](#)

[yosefthetzadik wrote on 27 Aug 2025 17:17:](#)

My connection pillar is virtually nonexistent. Would love to connect with a recognized GYE veteran.

HHM - Hashem Help Me - is the mentor-in-chief around here. He's reachable at michelgelter@gmail.com.

Some of the other great guys here are Eerie - 1gimpelovitz@gmail.com, Muttel - muttel15@gmail.com, Reb Akiva - mevakesh247@gmail.com iwantlife - iwantlifegye@proton.me minhamayim - minhamayim1@gmail.com amevakesh - amevakesh23@gmail.com iwannalivereal - iwannalivereal@gmail.com Proud Yungerman - proudyungerman@gmail.com

And, for a high-impact low-effort way to flesh out that connection pillar, consider joining the vaad.

Definitely also talk to some of those people.

=====

=====

Re: Hi. My first post.

Posted by hollyari - 28 Aug 2025 16:53

Bland?? 50 days bland?? Yosef, are you serious?! Five-zero holy days FIFTY!! not some random number on a clock. Every single one of those days is packed with fire, with wins, with gevurah!! You didn't just sit there, you fought through pain, through urges, through the hardest tests — and you came out standing taller than ever. 47 is cute, but 50? That's a crown of victory. In my humble eyes, you're not just winning streaks, you're rewriting what it means to be strong. You're a living proof!!

And seriously... if 50 looks bland to you, I don't even know what to say. by 75 you'll say, 'Meh, could've been 73

At this rate, by the time you hit 100, you'll probably complain the number is too round!

=====

=====

Re: Hi. My first post.

Posted by hashemisonmyside - 28 Aug 2025 17:43

Yosef, hope the wedding could change your mood to Simcha and from there things should start going uphill, after all Hashem sees that you're truly going out of the way and he will for sure repay you, just sometimes it takes a bit longer... please don't lose your patience

remember that Yom Hachipa is like Yom Kipur to all family members so what a special day... you have the privilege to ask from Hashem anything special, so please have all your GYE friends in mind too.

=====

=====

Re: Hi. My first post.

Posted by kavey - 28 Aug 2025 18:10

Reb Yosef if you have a Rebbe who can keep a check on you so you don't jump off the deep end I would say move far far away across an ocean if you have to. Don't take the abuse.

=====

Re: Hi. My first post.

Posted by yosefthet zadik - 31 Aug 2025 19:00

53!

Just about entering "Gan" Eden!

The past few days was one big Chulent of emotions. Sad and happy, depressed and dancing, crying from happiness and laughing from nostalgia, loneliness and blessings.

The biggest blessing is that I'm more emotionally present then ever.

Warning: Spoiler!

=====

Re: Hi. My first post.

Posted by stopsurvivingstartliving - 31 Aug 2025 19:05

[yosefthet zadik wrote on 31 Aug 2025 19:00:](#)

53!

Just about entering "Gan" Eden!

The past few days was one big Chulent of emotions. Sad and happy, depressed and dancing, crying from happiness and laughing from nostalgia, loneliness and blessings.

The biggest blessing is that I'm more emotionally present then ever.

Warning: Spoiler!

Warning: Spoiler!

53!!!!!! Wow that's a ton of days to be clean. So happy for you. May things only get better for you moving forward.

Hatzlacha Raba!

=====

=====

Re: Hi. My first post.

Posted by yosefthet zadik - 31 Aug 2025 19:11

[stopsurvivingstartliving wrote on 31 Aug 2025 19:05:](#)

[yosefthet zadik wrote on 31 Aug 2025 19:00:](#)

53!

Just about entering "Gan" Eden!

The past few days was one big Chulent of emotions. Sad and happy, depressed and dancing, crying from happiness and laughing from nostalgia, loneliness and blessings.

The biggest blessing is that I'm more emotionally present then ever.

Warning: Spoiler!

Warning: Spoiler!

53!!!!!! Wow that's a ton of days to be clean. So happy for you. May things only get better for you moving forward.

Hatzlacha Raba!

Lol.

Thanks for the Bracha. ??? ???!

=====

Re: Hi. My first post.

Posted by yosefthet zadik - 01 Sep 2025 12:31

[yosefthet zadik wrote on 31 Aug 2025 19:00:](#)

53!

Just about entering "Gan" Eden!

The past few days was one big Chulent of emotions. Sad and happy, depressed and dancing, crying from happiness and laughing from nostalgia, loneliness and blessings.

The biggest blessing is that I'm more emotionally present then ever.

Warning: Spoiler!

=====

Re: Hi. My first post.

Posted by chancyhk - 02 Sep 2025 20:37

Tzadik,

I am very proud of you. You have shown yourself that you CAN get over this! The streak is important just for that thought to reach your brain. You have shown a few times that nothing bad happens when you abstain. Yes, its hard and it hurts, but you can get thru it!

Another thing is that you are finally getting in touch with your emotions, THAT.IS.AMAZING!. Life is very colorful and it can hurt a lot. You have suffered a lot and you are still suffering. My heart goes out for you. BUT, remember that Hashem created you for a purpose and it wasn't just to suffer, because He loves you, and He wants only good things for you. I know its hard to see that now. Keep tugging along, keep your head straight, keep doing what's good, and one day, hopefully in the near future, you will be able to see how everything you have gone thru has been to build you into the person you are and the person that you are becoming. Because what doesn't kill us makes us stronger. You are a VERY strong person and you are VERY capable. You have a special mission in life, something that NOBODY else can do, only you!. The only thing you can do now is stay holy, stay sane, stay strong.

Find some good shiurim on Emuna and Bitachon and work on that. Your perspective will change!

Hashem should bless you with everlasting happiness and shefa both physical and spiritual.

=====