

So lost

Posted by vibrantdolphin18 - 20 Jun 2025 07:34

So lost. 18, still live at home with the folks. Can't seem to get my things together when I'm obsessing over P & M. The months or weeks I put together are always so freeing. But I get complacent, I get happy and content with my situation. Let's give this thing a try.

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Re: So lost

Posted by someone123 - 20 Jun 2025 08:07

Welcome! You found the right place! You will BH be able to get through this. If you've already months being clean you know you're able to and will be able to succeed!

What a blessing that you found this site early on in life at 18!

BH you'll start getting a plan together and you'll be able to start soaring.

For a start, are there unfiltered devices around? Have you thought of a way of how to deal with that?

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Re: So lost

Posted by upanddown - 20 Jun 2025 10:25

[vibrantdolphin18 wrote on 20 Jun 2025 07:36:](#)

Made it to thirty before. That was the goal and on the thirtieth day right after I achieved it I went out. 90 really is the ticket to know if I'm in this. **I really really really want to want this. Sometimes I don't want it. But I always want to want to.**

Welcome to the forums!! Kudos for reaching out and daring to post...

I love that line you wrote about "wanting to want". It's so real and honest. And you hit the nail on the head! Because at the end of the day it's down to the real ???? of a person. Nothing at all can

stop a person from acting out if he really wants to act out. And vice versa.

So wanting to want is definitely a great start and iyH with a lot of input it will become your primary ????.

Have you heard of the book "The battle of the Generation"? It's worth a read (see link in my signature). It has helped me and so many others to appreciate our struggles and to really **want** to make the right choices.

Keep up your great work and keep us posted!!

Wishing you tremendous success.

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UpAndDown

Responding here to your post on your other thread as there is no need to open a new thread for each post. It's common for newcomers not to realize this.

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