

My name is Y'honatan

Posted by jonatrosse1024 - Today 06:25

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Hello. Shalom. That's about all the Hebrew or Yiddish I know. I am the black sheep of this app, so bear with me. I do not know all the words you guys use. All I know is that I have a sexual lust problem and I need more community and fellowship.

So, here goes.

I began P&M at age 12. I found my dad's stash under his bed. I used it to escape from my fears, my anger, my insecurities. However, I know now, it made life worse.

I went to a Bible college after graduation. It was there I found temporary freedom from the use of sexual content to fill my longings. I realized: I need connection!

I had the connection with my fellow believers for 4 years. Then I got married and moved out of state.

After being married, I thought that would solve everything. Instead, I wanted more!!

I sought p&m more. And when that wasn't enough, I sought out anonymous hook-ups. I hit rock bottom when my wife found my fake email and fake social media account.

We separated. And that was the first of many times.

Fast forward:

After our last separation, I sought recovery and fellowship through SA. I have been attending and serving and leading meetings overall for over 5 years.

I have a great sponsor and a couple sponsees.

I still struggle and have fallen a few times since January of this year. But, I know what I need and am taking action steps to stay focused on recovery.

I am expecting to have my first child in a couple weeks and I do not want to bring this into its world. I want to be a father like my Father in the heavens, heavenly places. I want to continue to serve my wife, my family, and Hashem.

I know I might not belong to this group. But I'm trying anyways.

I look forward to talking with all of you.

Reach out to me if you have any questions or comments, or just want to know more about me.

Thanks.

P.S. My name is actually Jonathan R.

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Re: My name is Y'honatan  
Posted by eerie - Today 18:12

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Hi Jonathan!

As this site can be seen by anyone, I would suggest you keep your identity somewhat concealed

You sound a wonderful person who has really worked on growing and understanding yourself.

This place is a wonderful place, but, in my experience it has not been very helpful for those who are using the 12 step program to deal with their addiction. For them, many of the messages here can be confusing. My own advice would be, the 12 step program worked for you, so keep working that program, do the steps, apply yourself fully to it, and may G-d shower your efforts with loads of success, and may you build beautiful family that brings only honor to G-ds name

With friendship,

Eerie

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Re: My name is Y'honatan  
Posted by azivashacheit101 - Today 20:03

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[jonatrosse1024 wrote on 16 Jun 2025 06:25:](#)

I know I might not belong to this group. But I'm trying anyways.

Welcome to GYE!

Everyone of all levels of jewish backgrounds and religious affiliations belong on this forum. That being said, I can say as a fellow SAer that eerie is correct that much of the info here is counter-productive to those in SA. That doesn't mean you don't belong here just bear in mind that you will have to be your own filter to figure out what is helpful to you and what isn't.

Enjoy and keep in touch with the guys!

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