

Looking for a mentor

Posted by yolk - 11 Apr 2025 14:21

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shalom! Ive been struggling for about 11 years, I discovered P when I was about 9. Over the last 3 years I've been trying very hard to overcome P and M. I very rarely fall for hardcore P, I do fall for softcore P more than I'd like. I have enough blockers in place to live a semi-modern life. I'm looking for someone experienced to talk to who struggled with P and softcore P for a longtime and has gotten over it! A mentor who still lives a semi-modern life and is able to watch a movie every once in a while. Please keep in touch. There's nothing I want more that to get close to ????" and receive his blessing, and PandM is what is stopping me from my goals. Kol tuv, chag sameach!

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Re: Looking for a mentor

Posted by upbeatsquirrel07 - 21 Apr 2025 15:25

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hey said me message. i know exactly what you going through and how hard it is! looking forward!

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Re: Looking for a mentor

Posted by yitzchokm - 21 Apr 2025 15:36

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Reach out to proudyungerman who has a list of mentors. The mentor doesn't have to be someone who watches movies. He just has to be able to leave space for someone who does and work with him on his level. You just have to tell the mentor where you are holding religiously and which things you don't want to change. I think all the mentors on his list can do that. It is part and parcel of being a good mentor.

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Re: Looking for a mentor

Posted by balancedfox70 - 21 Apr 2025 19:23

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Here is a list of mentors that can help:

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HHM (Hashem Help Me) - [michegelner@gmail.com](mailto:michegelner@gmail.com), Eerie - [1gimpelovitz@gmail.com](mailto:1gimpelovitz@gmail.com),  
ChaimOigen – [chaim.oigen@gmail.com](mailto:chaim.oigen@gmail.com), Muttel - [muttel15@gmail.com](mailto:muttel15@gmail.com),  
Iwannalivereal [iwannalivereal@gmail.com](mailto:iwannalivereal@gmail.com), Vehkam [vehkam7@gmail.com](mailto:vehkam7@gmail.com),  
Amevakesh [amevakesh23@gmail.com](mailto:amevakesh23@gmail.com), ProudYungerman [proudyungerman@gmail.com](mailto:proudyungerman@gmail.com)  
, Iwantlife - [iwantlifegye@proton.me](mailto:iwantlifegye@proton.me).

Hatzlacha on your journey!

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