

GYE - Guard Your Eyes

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Never Give Up

Posted by shalom1530 - 04 Apr 2025 05:30

Life has been really great the past 13 days I just found out of this site I signed myself up and I really felt that this time I'm going to make it through, and for 13 days I felt sky high.

Until now when I got a painful reminder that the struggle is a tough one,

I have fallen through twice, and feel terrible about it, but being on the right path doesn't guarantee you that you will not fall, but it does guarantee that eventually you'll get home it might take some time it might take some pain but as long as you're on the right path you will make it through,

As I'm writing these lines, I feel now more determined than ever to keep standing back up, and to not give up.

And ??? this time will be the time that I will make it back home without falling ever again

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Re: Never Give Up

Posted by shmuel613 - 04 Apr 2025 07:10

I understand the feeling completely, its really tough and depressing. Its great to see you've got chizzuk to keep going., You can do this!

What gives you the strength to keep going though?

I know sometimes I just feel so worthless and helpless and dont know what to do

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Re: Never Give Up

Posted by captain - 04 Apr 2025 12:54

Wow great to have you here! If I can make a suggestion with your permission, that you add one of the tools from the site and do it daily, to have a daily positive growth as you push through this.

Some great options:

The F2F Program

The Battle of the Generation (book/ebook/ai audiobook)

The Fight (audio series)

(Links to some of these are in my signature.)

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Re: Never Give Up

Posted by shalom1530 - 06 Apr 2025 08:12

The truth is that I have no idea what makes me keep fighting, but a lot of times I guess it's better not to think and just keep on fighting

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Re: Never Give Up

Posted by lamaazavtuni - 06 Apr 2025 19:01

Love the attitude brother!!! Keep fighting and remember eventually it s gonna be way less of a fight .

Hazlacha!!!! Keep us posted how your doin

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Re: Never Give Up

Posted by shalom1530 - 07 Apr 2025 06:35

Thanks everyone for the support you guys are showing, without you guys I would never be able to do this.

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Re: Never Give Up
Posted by shalom1530 - 07 Apr 2025 06:37

I will try every day to post a little quote sweeten the day

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Re: Never Give Up
Posted by shalom1530 - 07 Apr 2025 22:10

I already had the old phone in my hands and selected the Wi-Fi option that's supposed to work and thought that if hashem doesn't want me to watch then he could disconnect the Wi-Fi then i put in the code I'm 100% sure it was the right one but still it came up that it's a wrong password and should have made me put it away as it was clear that hashem is here to help me but I'm just human and I tried again but still it didn't work in the end i tried 4 times and all 4 time it didn't work and here I am right away logged onto GYE to distract me from any bad thoughts

NEVER did I have this before that 4 times and still it didn't work it always connects on the first try

THANK YOU, HASHEM!!!!!!!!!!!!!!!

and "please" give me the strength to keep on going

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Re: Never Give Up
Posted by shalom1530 - Yesterday 03:30

I cannot believe I actually made through the day with the urges that I had just a few hours ago!!!

Never since the start of this fight to stop watching P have I ever felt as good as I feel now, I literally had an unfiltered device in my hands ready to start watching and managed to get out of there without falling.

THANK YOU, HASHEM!!!!!!

Guys it's totally worth it!! the feeling of winning is 1,000 times better than what I would've temporarily gotten if I would've used that device

Anyways, have a great night Y'all

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Re: Never Give Up
Posted by Muttel - Yesterday 14:27

Just noticed this thread!

Looks like you're well on your way, Shalom! Stick around and learn the ropes, this is the warmest family who can provide the support needed to get clean and conquer the damned beast!

Muttel

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