

3 year struggle

Posted by yolk - 30 Mar 2025 14:48

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Ive been struggling with PandM for 3 years now. Thank god I'm over hardcore photography, but ive been stuck in a slump of softcore pornograp hy and masterbation for about 2 years. I dont know what to do at this point. I feel helpless and lately I've been unfortunately developing the habit of masterbating until climax. I feel like such a failure, its so hard. I'm someone who never asks people for help and guidance, but with years of failure ive gone to where I never thought I would. I dont know what to do anymore. How can I stop failing! I have all the filters set in place not to watch inappropriate content and still live a semi modern life, and still I bypass the filters and go back to breaking my good habits. I'm desperate for help. Thank you.

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