

big win

Posted by mickey30 - 18 Mar 2025 01:43

Hey im new here.

Ive been fighting and falling for years, single married etc.

recently i met this guy Muttel and he saved my life,

Im 35 days clean from m and p and i never thought id get here. ive done longer streaks but those were just holding up against an impending tsunami. eventually i got crushed, every time. this muttel guy showed me how to really really beat it. after years of fighting this (over 15) im at a point where i actually see myself beating this (God willing).

i really thought there was some secret trick, some black magic to win, but totally not. I convinced myself that i wouldnt be able to survive without my 'healthy outlets' but really i was enslaving myself. i locked myself in my own prison, but this guy jailbroke me.

hopefullty i stay out forever.....

welcome to the NEW me

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Re: big win

Posted by cleanmendy - 18 Mar 2025 01:55

Wow, Wow, Wow, Another amazing guy!!

Yes the power of opening up, and having someone to talk to and believe in you, its amazing!

Were so happy to have you here, sounds like your in good hands, muttel and you.

We hope to hear tons of great things from you!!

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Re: big win

Posted by mickey30 - 18 Mar 2025 01:58

thank you!!

its so shocking to actually hear that its possible to overcome

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Re: big win

Posted by amevakesh - 18 Mar 2025 11:42

Welcome brother to the forums. You're a hero for reaching out to someone in this very private area. The fact that you exposed such a vulnerable part of yourself to someone else shows that you're serious about beating this damned beast forever. If you reached out to Muttel, you're in good hands! For many people, all that's needed, is to be taken out of isolation. The YH has this trick, where he makes you feel like you're the only Rasha that's living a double life, and everyone else you know, are Kedoshim VeTehorim. Once the light of friendship, understanding, and communication with a good mentor is shined on the YH, he can wither away. (I know that for many, these words are not applicable, but for some, that's all they need.) Beware to stay in touch with him, as the YH is one sneaky devious fellow. He might make you think that you're good to go, and you don't have to worry about him anymore. Muttel will be able to give you the right perspective on how to fight, how to manage the urges when they hit, and to ultimately break completely free for the long term. Hatzlacha on your journey and we're looking forward to hearing more from you. Stay in touch!

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Re: big win

Posted by Muttel - 18 Mar 2025 13:42

Welcome Mickey!

Having gotten to know you well, your maalos in learning, middos tovos, and of course, geshmake witty lines, I'm not a bit surprised you've broken free of this. You've rediscovered **you**! We here are just facilitators and the most empowering knowledge is that **you can do this!**

Moving up the spiritual ladder

In record time,

Creating a potent path towards shleimus

K'nocking all fronts and inspiring

Encouraging to see a comrade stick it to the damned YH

You prove to all that victory is possible!

With a ton of brotherly love,

Muttel

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Re: big win

Posted by jonthen123 - 18 Mar 2025 14:55

wowow amazing to hear that you have reached our in person i think we a lot of ppl dont understand that that's probably the best part on gye and i didnt think you can fight it without reaching out even though i was never zocha to spk to muttel (maybe one day)but i heard from him and saw his massages you or in great hands hatzlacha on your journey and my hashem help you in this and you should be zocha soon to be able to help otherskeep posting

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Re: big win

Posted by chosemyshem - 20 Mar 2025 13:40

[mickey30 wrote on 18 Mar 2025 01:43:](#)

i really thought there was some secret trick, some black magic to win, but totally not.

Welcome Mickey!

Welcome to the family. If you're working with Muttel you're in a good place already!
Love this line. Some have said GYE means hope. I think saying it this way is a little catchier

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Re: big win

Posted by mickey30 - 01 Jul 2025 02:56

hey im back again its day 1. many wins and falls since. I dont come on here alot because i try to stay off the internet...

but it really helps to be on here, the group effect etc.

thanks

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