

I'm trying, I really am

Posted by strugglingwithbetrayal - 16 Feb 2025 14:59

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Hello everyone,

When everything comes apart, the ??? is always there to tempt. When the world crumbles, he is already ready to corrupt and entangle. This is the struggle that I have had (that I'm sure almost all of you have had) for decades. It always happens when I am at my lowest point. Whether it's my parents yelling at teenage me, my wife expressing her disapproval, or when I look at myself in the mirror and wonder at just how awful a person I truly am. He is there, and so are his little tools.

I have always struggled with this problem. Sometimes I even manage to succeed for awhile, only for one failure to drop me back to below square one. And like the subject states: I'm trying. I truly am. G-d please forgive me and grant me the strength I clearly do not have. I don't know if I have it in me.

Sincerely,

A broken person.

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Re: I'm trying, I really am

Posted by trying23 - 27 Feb 2025 00:42

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I always had a hard time around day 14, so good for you and keep it up

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Re: I'm trying, I really am

Posted by strugglingwithbetrayal - 19 Mar 2025 19:53

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\*sigh\*

Update: I failed. Again. I need to restart, but I need to find a good therapist before I do. I can't do this alone. I tried, but I couldn't do it.

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Re: I'm trying, I really am

Posted by renewedunicorn23 - 19 Mar 2025 22:49

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We may not all be therapists, but there are definitely those on here with vast experience who are happy to help you. Please reach out to them. I'm not a therapist OR vastly experienced but feel free to reach out anyways, always here for a brother in need.

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Re: I'm trying, I really am

Posted by mickey30 - 20 Mar 2025 01:18

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im new here. i thought i was alone in this struggle so its really nice to be part of the family.

honestly im awed that as soon as u fall its about picking yourself back up and getting back into the fight. thats really cool

i never met with success until i reached out to muttel. he saved my life. legit.

also side note you guys all did much better on making a user name than i did lotta creativity:cool:

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