

I'll try to share some of my journey

Posted by trying23 - 03 Feb 2025 19:59

Today's Hayom Yom

? ?????? ????? ?????? ??? ?????? ?????? ?????? (????? ??????, ???' ? ??????) ????? ??? ????? ??
???, ????? ?? ????????? ??? ????? ??????, ????? ????? ?? ????? ??? ??? ?????? ????? ??? ?? ?????, ???
???? ????? ?? ??? ??????? ??????. One must recite words of Torah copiously, saying Tehillim or
verbally reviewing Mishna whenever and wherever possible, in order to bolster the existence of
Creation, to be saved from chibut hakever and kaf hakela, and to merit all the highest
revelations.

I'm not thinking about the kaf hakela after 120 but this can probably also help our day to day kaf
hakela when we go from being in the world of torah and being a good person to the complete
opposite extreme where we follow our eyes and thoughts.

Maybe later I'll post more about myself...

=====
=====

Re: I'll try to share some of my journey

Posted by cleanmendy - 08 Jun 2025 13:31

[trying23 wrote on 08 Jun 2025 04:24:](#)

Update is that I'm bh doing much better and at day 35

Gut voch

Ah!! The power of a Yid to push through and get back on his feet!!

Keep it up Reb trying, Keep on inspiring us all!!

=====
=====