

I'll try to share some of my journey

Posted by trying23 - 03 Feb 2025 19:59

---

Today's Hayom Yom

? ?????? ????? ?????? ??? ?????? ?????? ?????? (????? ??????, ???' ? ??????) ????? ??? ????? ??  
???, ????? ?? ?????????? ??? ?????? ??????, ????? ????? ?? ????? ??? ??? ?????? ????? ??? ?? ?????, ???  
???? ????? ?? ??? ?????????? ??????. One must recite words of Torah copiously, saying Tehillim or  
verbally reviewing Mishna whenever and wherever possible, in order to bolster the existence of  
Creation, to be saved from chibut hakever and kaf hakela, and to merit all the highest  
revelations.

I'm not thinking about the kaf hakela after 120 but this can probably also help our day to day kaf  
hakela when we go from being in the world of torah and being a good person to the complete  
opposite extreme where we follow our eyes and thoughts.

Maybe later I'll post more about myself...

=====  
=====

Re: I'll try to share some of my journey

Posted by amevakesh - 07 Apr 2025 13:06

---

To me, this is indicative of real progress, when the urges come, and we somehow figure out  
how to manage them. Understanding how our YH works, is also helpful, as a tool before we're  
in his clutches. Once we're in grip it's often too late. Keep on trucking and moving forward! One  
day at a time, one urge at a time.

=====  
=====

Re: I'll try to share some of my journey

Posted by trying23 - 07 Apr 2025 22:51

---

I'm making a quick in and out trip which means lots of room to slip.

Here's the plan

1. I made sure to take a companion and although he's not thinking to look out for me but I don't want to get "caught"
2. I'm posting here that although I'll be in a airport 4 times within 24 hours I'll try to be extra vigilant to not let my eyes and thoughts wander
3. thinking to learn something on the way there and think about the purpose of my trip

let you know how it all went tomorrow night

=====

=====

Re: I'll try to share some of my journey  
Posted by trying23 - 08 Apr 2025 06:02

---

Day 13

=====

=====

Re: I'll try to share some of my journey  
Posted by trying23 - 09 Apr 2025 04:19

---

Day 14

2 weeks

BH my trip went well I managed to keep myself distracted by staying on the move when possible and when just waiting around I went to a quiet area, I learned a little and had a companion to keep me busy.

Now I see that I can do it, I still need to be careful but it's attainable

=====

=====

Re: I'll try to share some of my journey  
Posted by cleanmendy - 09 Apr 2025 13:28

---

Mazel tov!!

Not on two weeks, but on realizing that its attainable. If you did it once you can do it again!!

My friend your growth and aspirations to be closer to Hashem is awe inspiring!

KOMT ODAAT

=====

=====

Re: I'll try to share some of my journey  
Posted by trying23 - 10 Apr 2025 04:16

---

Day 15

=====

=====

Re: I'll try to share some of my journey  
Posted by trying23 - 11 Apr 2025 03:15

---

Day 16

Today we did bedikas chometz, my chometz isnt really hidden I just need to get rid of it.

I think every year by the yehi ratzon the thought crossed my mind that hopefully this time ???  
????? ??? ??????? ??????.... now I think I will come to biur chometz a little further in the journey

of getting rid of it. I don't know of a physical Korban pesach that I can bring (besides for the entire internet which I don't control) as @vehkam writes on his thread but I will again be asking hashem for help in getting rid of it for me.

=====

=====

Re: I'll try to share some of my journey  
Posted by m111 - 11 Apr 2025 11:49

---

Accomplishment!

The chometz within us is the ???? , the aspect in us who feels it neeeeeeeeeeeeeeeeds, and if not, he will disintegrate into nothing (aka ??????)...

? ???? ??? ????????? ???

=====

=====

Re: I'll try to share some of my journey  
Posted by trying23 - 15 Apr 2025 04:39

---

Day 20

BH had a really nice Yom Tov and put some thought into cheirus.

=====

=====

Re: I'll try to share some of my journey  
Posted by trying23 - 16 Apr 2025 05:38

---

Day 21

=====

=====

Re: I'll try to share some of my journey  
Posted by trying23 - 17 Apr 2025 04:41

---

Day 22

=====

Re: I'll try to share some of my journey  
Posted by trying23 - 21 Apr 2025 04:57

---

Day 26

=====

Re: I'll try to share some of my journey  
Posted by m111 - 22 Apr 2025 17:53

---

[trying23 wrote on 21 Apr 2025 04:57:](#)

Day 26

?????? ?? ??"??

Hashem is helping you.

Keep it up

=====

Re: I'll try to share some of my journey  
Posted by trying23 - 23 Apr 2025 03:06

---

Day 28

Don't feel that posting here is making much of a difference at the moment but il'll try to keep it

---

up

=====

=====