

My Story - struggling with faith

Posted by time2win - 22 Jan 2025 01:56

I've been struggling with whether or not I should share my story on the forum. Because This isn't a forum for people struggling with faith, it's a forum for people struggling with P/M addiction. That being said, my addiction is a result of my fall out with halachic (I.e. authentic) Judaism. So, to begin with the end of my story-where I am now:

I'm not that religious at this point of my life. I don't learn Torah anymore. I don't daven mincha/maariv during the week. For shacharis I daven shema and shemone esrei at home. I don't fast on fast days, with the exception of Yom kippur. I'm shomer Shabb-ish (tear toilet paper, brush teeth, put on stick deodorant etc.) I'm not going to go through the whole Shulchan aruch, but you get the gist.

on the bright side, I'm twenty days clean for the first time in a while:-)

to be continued...maybe

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