

Moshiach is Coming in 100 Days: The Battle Within

Posted by iwillbefreeoneday - 08 Jan 2025 18:49

Hi Everyone

I recently heard that "Milchemes Gog u'Magog" is not just an external event—it's a battle that happens within ourselves

For nearly 20 years, I've been fighting my battle: an addiction on P/M. I've been struggling with this since I was 13, and it has only gotten worse over time. Despite countless attempts to stop, I felt like I was always falling back into the same cycle. But recently, I came to a huge realization: I might be dealing with addiction, and that was a breakthrough for me. It was a moment where I understood that maybe I'm not at fault—maybe what I've been experiencing is a real addiction, and I need to fight it in a different way.

At the start of this year, I joined GYE for the first time, thinking I was the only one stuck in such a deep hole. But I quickly learned that I'm far from alone. Since I joined, my longest streak was 21 days. I've tried again, but the stretches haven't lasted as long. However, I'm still here, and I'm still fighting

Today, I'm starting a new cycle and committing to push through to 100 days. I know the road ahead won't be easy, but I haven't given up, and I never will. I truly believe that one day, I will be clean, and I'm not going to stop trying until I get there

Lets prepare for Moshiach as he will arrive in 100 days from today.

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Re: Moshiach is Coming in 100 Days: The Battle Within

Posted by jollylemur95 - 08 Jan 2025 19:02

I hope he comes sooner!

Welcome my friend!

You are certainly not alone. There are so many people that deal with these things. People we would never imagine are struggling.

The good news is that there are so many people who have broken free! You can as well!

As an aside, I love your deep ratzon to improve by trying to go 100 days. It is truly admirable!

However, it may be a good idea to try a shorter amount first. It will help you see all the accomplishments you are making along the way.

If you are still set on 100 days, maybe reward yourself a few times in the middle when you reach smaller milestones. That way it will not come across as an all or nothing game. Of course, build a support system that can encourage you along the way. There are so many great people here who want to help!

The truth is that every moment you stay strong is something to be proud of! It is a jewel in Hashem's crown!

Whatever you choose to do should be with hatzlacha!

Feel free to reach out!

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Re: Moshiach is Coming in 100 Days: The Battle Within
Posted by stopsurvivingstartliving - 09 Jan 2025 01:24

Welcome to the forums. A great move you made to post here. Wow to the strength behind your commitment!

I would mention you reach out to michelgelter@gmail.com.

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Re: Moshiach is Coming in 100 Days: The Battle Within
Posted by odyossefchai - 09 Jan 2025 14:29

[jollylemur95 wrote on 08 Jan 2025 19:02:](#)

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I can only concur with Harav Jolly!

I found that shawarmas with tehina dripping on your pants, were great for giving me chizzuk when I hit various milestones

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