

Tired of the cycle

Posted by HashemLovesYou12 - 10 Dec 2024 00:03

I'm a Typical kid 19, in yeshiva been on this journey since 16 got exposed to this stuff at 10. I recently hit rock bottom for the current stage im in, i decided to filter my phone, i got the strict one from tag, no browser, no social media apps. Its a life saver no more braindead scrolling and obviously no access to shmutz. BH right now im in a very very good state of mind, learnt alot over the years. Im so happy GYE exists because outside sources for help can be scary been there done that. Glad i can be part of the community. Good luck!

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Re: Tired of the cycle

Posted by blissfulelephant98 - 10 Dec 2024 00:06

[HashemLovesYou12 wrote on 10 Dec 2024 00:03:](#)

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wow wow wow!

just keep on like that!!

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Re: Tired of the cycle

Posted by stopsurvivingstartliving - 10 Dec 2024 00:55

Wow! Hashem up there is looking down at you and is really proud! You took that first step of installing a filter. Real mesiras nefesh saying goodbye to all the things we think we "love".

Wishing you luck moving forward and keep making Hashem proud (WYLMFAKMHP)!

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Re: Tired of the cycle

Posted by hopefulposek - 10 Dec 2024 12:12

Welcome, very happy to hear that things are going well for you now, an to echo slss very amazing that you put on the filter, it is a difficult step but a necessary one.

LHatlacha rabbah!

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Re: Tired of the cycle

Posted by Muttel - 10 Dec 2024 13:54

Welcome! Here you'll see how you can break free -forever!

How I wish I knew about GYE at your age!!

If I can suggest, it'll do you well to reach out to Hashem Help Me (michelgelner@gmail.com), he'll give you much support and help you break free!!

Muttel

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Re: Tired of the cycle

Posted by HashemLovesYou12 - 10 Dec 2024 19:17

I know HHM i don't think people even realize how great he is hes beyond words hes truly a special person

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Re: Tired of the cycle

Posted by stopsurvivingstartliving - 10 Dec 2024 19:23

[HashemLovesYou12 wrote on 10 Dec 2024 19:17:](#)

I know HHM i don't think people even realize how great he is hes beyond words hes truly a special person

I guess you took the brave step and gave him a call. Ashrecha!

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Re: Tired of the cycle

Posted by redfaced - 10 Dec 2024 19:25

[HashemLovesYou12 wrote on 10 Dec 2024 19:17:](#)

I know HHM i don't think people even realize how great he is hes beyond words hes truly a special person

Can I disagree? (Gonna go for three sorry BH-BH)

Hes helped us all enough for that realization to sink in

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Re: Tired of the cycle

Posted by blissfulelephant98 - 11 Dec 2024 00:03

you know him personal or just from here?

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Re: Tired of the cycle

Posted by eerie - 11 Dec 2024 07:16

[blissfulelephant98 wrote on 11 Dec 2024 00:03:](#)

you know him personal or just from here?

I don't think that should be asked on a public forum

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Re: Tired of the cycle

Posted by odyossefchai - 11 Dec 2024 11:14

[blissfulelephant98 wrote on 11 Dec 2024 00:03:](#)

you know him personal or just from here?

I know him personally from here!

Does that answer the question!

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Re: Tired of the cycle

Posted by livingagain - 23 Dec 2024 21:18

[HashemLovesYou12 wrote on 10 Dec 2024 00:03:](#)

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recently hit rock bottom for the current stage im in, i decided to filter my phone, i got the strict one from tag, no browser, no social media apps. Its a life saver no more braindead scrolling and obviously no access to shmutz. BH right now im in a very very good state of mind, learnt alot over the years. Im so happy GYE exists because outside sources for help can be scary been there done that. Glad i can be part of the community. Good luck!

Gye has helped me immensely. I've met people who struggle like me. I thought I was all alone. I've managed to fight the battle and to watch my eyes and avoid triggers

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