

Restarting my journey... Again

Posted by sunnyswan68 - 25 Nov 2024 16:00

I cant believe I'm posting here but here goes.

I'm 20 years old and have been struggling with porn and masturbation since I was 10. I had some good streaks, although it never lasts more than a month. Recently (as in the last few years) I haven't been able to go more than a few days. I went to israel and decided to restart my journey and now I'm at 22 clean days. I'm trying to use the gye programs but they really don't speak to me. Don't even know why I'm posting this. I've tried just about everything to stop, nothing really works for me. I set a goal for 90 days, but taking it one day at a time. Hoping this time will be different!

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Re: Restarting my journey... Again

Posted by lamaazavtuni - 06 Feb 2025 21:03

Quote from yogi berra "" 'if you wanna be an expert baseball player see what expert baseball players do and copy it even if it doesn't make sense to you y "" my friend we all did this no matter what stage were in look at what the successful people on here are doing and copy if you wanna be successful!!

Warning: Spoiler!

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Re: Restarting my journey... Again
Posted by sunnyswan6 - 04 Apr 2025 06:34

Been a while since I last checked in. The rest of the zman was ok had it's ups and downs, should have been better. Anyways here's hoping that bein hazmanim will be clean!

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Re: Restarting my journey... Again
Posted by helperfromheaven18 - 04 Apr 2025 21:42

You're awesome!

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