

Phone addiction

Posted by imohamed - 18 Nov 2024 15:07

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Hello I'm Tom addiction to phone and pornography, given the context I'm using iPhone can someone suggest an app lock where a friend can set a password that I don't know, to help block destructive apps and porno.

Thanks!

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Re: Phone addiction

Posted by bt again - 18 Nov 2024 19:32

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Hello and welcome! I believe there are settings built into the iPhone that you can use for restricting apps. The Screen Time settings can have their own passcode and you should be able to block many apps entirely. Here's a page from Apple on that: [support.apple.com/en-us/108806](https://support.apple.com/en-us/108806) For content filters and more blocking, you can set up parental controls within the built-in iPhone settings. However, TAG, as mentioned in your other thread, is going to be more solid.

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Re: Phone addiction

Posted by gyefeller - 22 Apr 2025 07:10

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try cold turkey blocker

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Re: Phone addiction

Posted by PaulONeill21 - 22 Apr 2025 17:54

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Netspark is the king, I have tried everything, but they are almost 100% safe

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Re: Phone addiction

Posted by empoweredrabbit68 - 22 Apr 2025 18:26

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Is there something similar to WebChaver for iPhone?

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Re: Phone addiction

Posted by ezraw - 24 Apr 2025 14:46

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[empoweredrabbit68 wrote on 22 Apr 2025 18:26:](#)

Is there something similar to WebChaver for iPhone?

Webchaver (and another similar app called covenant eyes) is available on iPhone in the app store

I personally use techloq, i find it very good. It allows you to choose categories to block, and you can set up someone as an administrator to unlock certain content for you if needed

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