HI from the teen program Posted by gyefeller - 01 Nov 2024 05:41

hi guys, this is my first time posting on the GYE adult forum, i used to be on the teen hub but i graduated a short while back and never posted yet, so heres my 'story':

I am 18 and in yeshiva in North America. B"H i grew up in an amazing family, great friends, good school and a happy yiddishkeit/spiritual life. at about 14 (9th grade) my hormones started getting attracted to inappropriate vids on YouTube etc. i didn't even know why or what (i only learnt about puberty later on...) but it got more intense until i discovered P***. It was BAD, let me tell you. B"H it was not my introduction to s*x as i was taught the Jewish view on s*x in 6th or 7th grade, i think that was a big part of my success in the first fall. unfortunately i couldn't speak about my horrific discovery that became a habit and shortly an addiction with the one who talk me about s*x for whatever personal reason. so i was left to slip down the slippery slope of tumah by myself.

Thank you hashem that M********* never really was my weakness, of course i've had tough times with that especially after a long 'session' of p*** but i don't think i was ever addicted.

anyways it got to a really bad point in 11th grade, i was up half the night for weeks just trying to find crazier and crazier, you know what i mean. i don't think i was using p*** to numb myself bec as i didn't really have too many stresses in my life bli ayin hora, i think it was a slow build-up of the yetzer hora re-wiring my brain through strong taiva that caused my addiction.

one night after weeks of nightly heavy duty p*** i wanted to watch something to keep me stimulated but it had to be kosher, so i googled 'kosher video sites' and lo and behold GYE popped right up so i checked it out and although i heard of it before i never knew what it was for, but it seemed hashem sent me hope when i was at a really low spot so i decided to sign up, it's anonymous after all!!

i tried some of the tools and was like 'hey, man we've got some hope' then i discovered the teen hub which made me feel normal and human once again, it was really really really essential for me to see that this is normal and to interact with people openly about these struggles. i really learnt and grew a lot there, now i'm starting my journey with the men i hope it'll be the same great if not better!

i don't think my story is anything compared to the other giant warriors on here, but i just wanted to introduce myself:blush:

thanks for reading!

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Re: HI from the teen program Posted by gyefeller - 21 May 2025 05:28

The clean day tracker is off, I want to update it but it doesn't let me change anything last like 10 days

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Re: HI from the teen program Posted by adventurousjellyfish - 21 May 2025 06:43

You are a major tzaddik. May you see lots of blessings in your life. May you be granted happy life. Can I have a blessing from you?

So don't think I'm that big of a tzaddik______

Re: HI from the teen program Posted by gyefeller - 21 May 2025 18:44

Amen! Thank you

Hashem should shower upon you all the good blessing that exist, he should make him and the Shechinah tangible to you and he should assist you in perfecting yourself- with a positive and healthy mindset the whole way thru in every aspect of your life especially in that of kedusha!

Re: HI from the teen program Posted by adventurousjellyfish - 21 May 2025 20:17

Wow what a blessing! The same should be for you. The people on this forum are so great. !!!

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Re: HI from the teen program Posted by AyinM - 23 May 2025 10:42

Hello! I'm also from the teen program and I'm still trying to figure out how to use this one. (So far, it's a bit confusing in all honesty) The formats are just way too different for me so far

But I definitely understand what you mean when you mentioned needing to see other people who you share struggles with speaking about it in a safe place, even reading your story I see similarities too my own. Helps it feel less lonely and hopeless. From my perspective if I'm not the first person ever to have a certain issue then it means someone (or a lot of someone's) out there overcame it already.

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Re: HI from the teen program Posted by gyefeller - 25 May 2025 19:27

Welcome to manhood! Yes the teen hub is so much simpler and way more developed than this forum. But its really the content and conversations that count, and what I've seen here has truly blown me away! GYE-teen and adult forums have truly taught me the definition of ???? ??? ??? ???, like one man with one heart, it's truly amazing how much each and every yid cares for his brother and it's really expressed right here on this holy site!!It might be beneficial for you to start your own thread and to post your story as it progresses on there wish you much success in your journey on this new stage of your growth!!Keep trucking!!!

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