

im a 26 year old in shidduchim trying everything

Posted by relirsom - 28 Oct 2024 14:47

hi im 26 yo im in shidduchim for over 2 years. ive had alot of ups and downs but im still trying. it all started very young i grew up in a terrible way i was beaten by my parents curesd at and really put down by my parents and family. i was never the good kid anywhere. in school i was bullied and i had no friends so im living here loanly as a child everyone hates me i felt like garbage it was around 7 when someone started tol ike me and connect with me it was a family member and then he started to molest me every week multiple times a week but atleast i had a connection nobody else liked me i then got molested a few times by a different guy in shu. I now this ruined my sexuality i began to be really confused sexually i was half way attracted to men but not really and was overly attracted to women. when i was 12 i started using the family computer making emails watch videos and then googling basic stuff until i eventually discovered p***n. i then started watching every day i got an ipod and would watch every day a few times a day i went to isreal when i was 18 and struggled for hours a day. someone found out about my family situation and i flew back and went to thearpy for a few months it got a little bit better but i was still watching every day i continued therapy and went back to isreal until i was 23. i worked very hard and was only watching a few times a week it was slowly getting bit by bit year by year a little better i began locking all my devices and now i can go for a few weeks without but i always figure out ways to watch every few weeks i watch for hours. the mas***** got a bit better aswell. i now try my best to go a few days without but when i fall i fall hard a few times and feel death the next day.. it sorta saved me from leaving this world because i felt like i had a connection even now my family situation is not good i dont have many friends or connections with anyone. this is my friend but my biggest enemy aswll but how do i leave my only best friend when i have nothing eles i feel nobody likes me im loanly its not humanly possible to live like this and this is my only way to survive i hate it and i want to change but its in gods hands now im doing everything i could.....thank you for reading

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Re: im a 26 year old in shidduchim trying everything

Posted by soulwork - 03 Jan 2025 00:32

Hi everyone I was just scrolling through my computer cleaning it out even though it's filtered I was going through the years of garbage I have on here and I found a porn video I deleted it immediately bh I don't know how I did that thank you hashem for protecting me

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Re: im a 26 year old in shidduchim trying everything

Posted by Hashem Help Me - 03 Jan 2025 01:15

[soulwork wrote on 03 Jan 2025 00:32:](#)

Hi everyone I was just scrolling through my computer cleaning it out even though it's filtered I was going through the years of garbage I have on here and I found a porn video I deleted it immediately bh I don't know how I did that thank you hashem for protecting me

Yes, thank you Hashem - but know that you are a HERO!

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Re: im a 26 year old in shidduchim trying everything
Posted by jollylemur95 - 03 Jan 2025 04:04

WOW!!

I am blown away by you!

This is stuff that legends are made of!

Please keep posting such great things!

Truly wowed by you!

Keep it up!

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Re: im a 26 year old in shidduchim trying everything
Posted by soulwork - 12 Jan 2025 20:04

Woke up with hard strong painful emotions feeling a lot of pain and anxiety it's good I'm actually feeling my emotions instead of numbing them but it's very hurtful and painful

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Re: im a 26 year old in shidduchim trying everything
Posted by hopefulposek - 13 Jan 2025 02:25

Hey man, how you feeling now? How was your day?

I can relate to starting to feel and be aware of your emotions and how painful and difficult it can be. I remember having to go on long walks and listen to music during those times because it was just to uncomfortable to sit in the beis surrounded by people while having these emotions roiling inside. Keep on trucking man, just take in ODAAT and you're gonna be amazing.

Feel free to reach out, number and emails in my signature,

Hatzlachah Rabbah!

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Re: im a 26 year old in shidduchim trying everything
Posted by soulwork - 13 Jan 2025 06:00

Feeling much better bh was just a very busy tiring month for good things bh

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Re: im a 26 year old in shidduchim trying everything
Posted by soulwork - 13 Jan 2025 06:01

Warning: Spoiler!

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Re: im a 26 year old in shidduchim trying everything
Posted by soulwork - 13 Jan 2025 06:02

Warning: Spoiler!

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Re: im a 26 year old in shidduchim trying everything
Posted by trying1989 - 13 Jan 2025 06:58

Warning: Spoiler!

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Re: im a 26 year old in shidduchim trying everything
Posted by stopsurvivingstartliving - 13 Jan 2025 11:00

Mazel Tov!

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Re: im a 26 year old in shidduchim trying everything
Posted by Hashem Help Me - 13 Jan 2025 12:35

Mazel Tov!!! May Hashem shower you with brochos ad bli dei!!

Make sure your chosson rebbi is aware of your history or reach out to someone here to make sure you have every last memory from the the industry purged from your brain before you get married.

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Re: im a 26 year old in shidduchim trying everything
Posted by jollylemur95 - 13 Jan 2025 13:54

Mazel Tov!

Such great news!

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Re: im a 26 year old in shidduchim trying everything
Posted by yosefms - 13 Jan 2025 14:04

Mazal Tov!!!!!!!!!!!!!! amazing news

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Re: im a 26 year old in shidduchim trying everything

Posted by soulwork - 13 Jan 2025 16:05

[Hashem Help Me wrote on 13 Jan 2025 12:35:](#)

Mazel Tov!!! May Hashem shower you with brochos ad bli dei!!

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Thank you so much Bh all of my rabbis who were also very involved with the shidduch know about my issue and my challengesBut not my chussin rebbi I would love too call you to discuss further what you had in mind I want to go into this in a way we're I'm protecting myself

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