

my struggle

Posted by empoweredowl90 - 16 Sep 2024 16:56

Berushus all the Tzaddikim and Talmedi Chacham on this forum.I wright this with glimmer of hope maybe this is the end of the road!

Here is my story.....I got involved with these inyanim at the age of 12(Porn, masturbation).I had access to many unfiltered devices for over 4 years were my addiction got worse and worse and worse.....I tried everything from kenas to fliters to reaching out to experts but i saw no long term success.

A little bit about how everyone else viewed me.I was the perfect bochur a very clever mind and in truth a big masmid a budding talmud chachum,I learnt with guys way older then me,Rosh Yeshivis sons,Rabbis.I was the guy that if you have a kasha on the gemera i got asked.A very social guy friends with everyone.

I looked like i had everything,but i feel like i have nothing, on the inside I'm crushed and destroyed.

One of the things that upset me the most is it feel like hashem has giving up on me.The famous gemera in kidushin says someone that goes to purify oneself hashem helps them. I have the strongest kasha on that Gemera I have tried to purify myself countless times just to name a few attempts filtering my phone calling experts throwing out many devices etc.....And i dont see the siyata dismaya the gemera talkes about at all.....???!!!

That all being said I know that hashem is still there waiting for me to come to him(even though i think i have tried and got refused).

And that hashem is still my loving father even though i don't feel it..

whishing everyone hatzlacha From a struggling Bochur.

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Re: my struggle

Posted by empoweredowl90 - 21 Oct 2024 01:07

Hi everyone today is day 8 tg !

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Re: my struggle

Posted by eiyantov - 21 Oct 2024 01:12

Awesome I was just thinking about you and saw you haven't posted since day 3. Glad to here we are back on and chugging! Keep it up brother!!!

A Gut Moed!

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Re: my struggle

Posted by empoweredowl90 - 21 Oct 2024 01:13

means a lot thanks so much!

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Re: my struggle

Posted by empoweredowl90 - 22 Oct 2024 22:02

today is day 10 thank hashem!!! wanted to know if you guys think it would be helpful for me to listen to the 12 step recordings by dove or is it to extreme?

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Re: my struggle

Posted by eiyantov - 22 Oct 2024 22:08

Awesome. Keep it up!!!

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Re: my struggle

Posted by soli123 - 31 Oct 2024 21:44

Keep going!

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Re: my struggle

Posted by soli123 - 31 Oct 2024 21:46

I spoke to Dov personally numerous times and I first thought he's extreme but I started to realize he's very down to earth and practical.

Dov is also extremely smart and well spoken and knows exactly what he's doing.

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