

looking for people that understand my situation

Posted by relaxed - 02 Aug 2024 02:56

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I am an amazing rabbi. I am considered by all of my students to be THE BEST RABBI. and the reason behind it is because I'm really interesting and exciting. and I show real care and understanding to every child. b"h since my teenage years I don't struggle with hoitzuas zera levatule. what I do struggle is with fomo and a bit of porn. b"h not too much since I don't have access to computers that are unfiltered. so what IS my problem. I have low self esteem and I give all to my students but it is NOT from a healthy place. its from a place of not being able to say the word NO. so I become every few days DOWN and then I will daven just to be over and guess what? I never enjoy my life because I over think or I WORRY ALWAYS for the future. if I have some errands or I woke up late - that is very often- I just daven 123 AND IT IS SO NOT ME I am a very emotional person by nature that is never happy and wants clarity in life and wants to grow constantly. I don't remember my learning although I know every politician and all of history by heart. because I never get the point BECAUSE I AM NEVER FOCUSED. and one special problem that gets me into the dirt is - that I TAKE EVERYTHING TO HEART. so when someone will tell me some comment on my family community shul klal yisroel I become SO DOWN. and this is the pattern that makes me check out every famous women's life and image and from time to time to call up all sorts of hot lines. And turn to dirt. I would love to hear back from amazing people on this holy website.

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Re: looking for people that understand my situation

Posted by Muttel - 13 Sep 2024 15:46

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[respectyourself40 wrote on 13 Sep 2024 14:19:](#)

I just started today on GYE hoping and davening this can help me get past my issues

Welcome!

It would be great to see you start a new thread in the Introduce Yourself section. Tell us about yourself and join this wonderful supportive "family"!

There's so much help and positivity here!

Muttel

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