looking for people that understand my situation Posted by relaxed - 02 Aug 2024 02:56

I am an amazing rabbi. I am considered by all of my students to be THE BEST RABBI. and the reason behind it is because I'm really interesting and exciting. and I show real care and understanding to every child. b"h since my teenage years I don't struggle with hoitzuas zera levatule. what I do struggle is with fomo and a bit of porn. b"h not too much since I don't have access to computers that are unfiltered, so what IS my problem. I have low self esteem and I give all to my students but it is NOT from a healthy place. its from a place of not being able to say the word NO. so I become every few days DOWN and then I will daven just to be over and guess what? I never enjoy my life because I over think or I WORRY ALWAYS for the future. if I have some errands or I woke up late - that is very often- I just daven 123 AND IT IS SO NOT ME I am a very emotional person by nature that is never happy and wants clarity in life and wants to grow constantly. I don't remember my learning although I know every politician and all of history by heart. because I never get the point BECAUSE I AM NEVER FOCUSED. and one special problem that gets me into the dirt is - that I TAKE EVERYTHING TO HEART. so when someone will tell me some comment on my family community shul klal yisroel I become SO DOWN. and this is the pattern that makes me check out every famous women's life and image and from time to time to call up all sorts of hot lines. And turn to dirt. I would love to hear back from amazing people on this holy website.

Re: looking for people that understand my situation Posted by relaxed - 09 Aug 2024 16:34

Thanks. I am approaching shabbes iyh very excited and recharged to keep on going up hill to a little better me.

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Re: looking for people that understand my situation Posted by m111 - 11 Aug 2024 12:30

Welcome,

By the way, GYE has a high proportion of Rabbis and the like, myself included.

So feel at home, like in the teachers room in Yeshiva, where we're relatable and in the same boat.

From the experience of many, make connections with others, do the work, and the good times will come.

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Re: looking for people that understand my situation Posted by relaxed - 11 Aug 2024 18:00

thanks m111 would love to talk to you. where can you be contacted? do you prefer yiddish or english?

Re: looking for people that understand my situation Posted by m111 - 12 Aug 2024 16:27

relaxed wrote on 11 Aug 2024 18:00:

thanks m111 would love to talk to you. where can you be contacted? do you prefer yiddish or english?

Responded based on your private message,

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Re: looking for people that understand my situation Posted by relaxed - 19 Aug 2024 00:32

Friends, it has been years that I have been looking for a partner in AVOIDAS HASHEM . I tried sooooooo many ways to get someone.

all tzadikim on this platform share one thing. WE WANT TO BE HONEST AND WORK ON OURSELVES TO BECOME BETTER YIDEN WITHOUT BLAMING. I spoke to a few of you wow I am inspired to keep growing. thanks eerie! m111 I cant wait to talk to you iyh soon. FAMILY GYE, LISTEN UP..... I AM CONVINCED THAT HASHEM GETS EXCITED AND PROUD WHEN HE CHECKS OUT THIS FORUM. AND HE IS LOOKING FORWARD TO ROSH HASHUNE THAT HE ALREADY HAS LOTS OF OIVDIM ON GYE THAT WILL BE

MAMLICH HIM.

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Re: looking for people that understand my situation Posted by relaxed - 30 Aug 2024 04:28

friends......I had a slip.... b"h not physically but I bought and watched

I know it stems from a very emotional week - I was working so hard.

my trap is WHEN I FALL INTO SELF PITY.... this is what happened because my son changed yeshivah and is miserable

and rightfully so.

people help me stay strong

Re: looking for people that understand my situation Posted by relaxed - 30 Aug 2024 05:39

oy no one to understand me and help me? ok will turn to hashem. good night all

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Re: looking for people that understand my situation Posted by Muttel - 30 Aug 2024 08:09

A slip is tough.....

Stay strong brother,

Muttel

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Re: looking for people that understand my situation Posted by levaryeh - 30 Aug 2024 08:36

It's difficult to slip but the key is to not get discouraged, when we slip the YH wants us to give up. Get right back up and keep fighting, it's the attitude that Hashem loves.

I'll be praying for your hatzlachah,

Have a great shabbos

Re: looking for people that understand my situation Posted by stopsurvivingstartliving - 30 Aug 2024 11:13

relaxed wrote on 30 Aug 2024 04:28:

friends......I had a slip.... b"h not physically but I bought and watched

I know it stems from a very emotional week - I was working so hard.

my trap is WHEN I FALL INTO SELF PITY.... this is what happened because my son changed yeshivah and is miserable

and rightfully so.

people help me stay strong

I feel for you my friend, falls are painful. Recognizing why you fell is a good thing for the future. Please don't let it get at you because that is the YH trying to get you to fall again. Hatzlacha Raba. Good Shabbos.

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Re: looking for people that understand my situation Posted by hopefulswan89 - 30 Aug 2024 15:13

stopsurvivingstartliving wrote on 30 Aug 2024 11:13:

relaxed wrote on 30 Aug 2024 04:28:

friends......I had a slip.... b"h not physically but I bought and watched

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people help me stay strong

I feel for you my friend, falls are painful. Recognizing why you fell is a good thing for the future. Please don't let it get at you because that is the YH trying to get you to fall again. Hatzlacha Raba. Good Shabbos.

Falling is part of learning how to walk.

Re: looking for people that understand my situation Posted by hopefulswan89 - 30 Aug 2024 15:28

relaxed wrote on 02 Aug 2024 02:56:

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levatule. what I do struggle is with fomo and a bit of porn. b"h not too much since I don't have access to computers that are unfiltered. so what IS my problem. I have low self esteem and I give all to my students but it is NOT from a healthy place. its from a place of not being able to say the word NO. so I become every few days DOWN and then I will daven just to be over and guess what? I never enjoy my life because I over think or I WORRY ALWAYS for the future. if I have some errands or I woke up late - that is very often- I just daven 123 AND IT IS SO NOT ME I am a very emotional person by nature that is never happy and wants clarity in life and wants to grow constantly. I don't remember my learning although I know every politician and all of history by heart. because I never get the point BECAUSE I AM NEVER FOCUSED. and one special problem that gets me into the dirt is - that I TAKE EVERYTHING TO HEART. so when someone will tell me some comment on my family community shul klal yisroeI I become SO DOWN. and this is the pattern that makes me check out every famous women's life and image and from time to time to call up all sorts of hot lines. And turn to dirt. I would love to hear back from amazing people on this holy website.

Try focusing on your maalos what a wonderful rebbe you are

Re: looking for people that understand my situation Posted by proudyungerman - 13 Sep 2024 04:58

My friend, how are you doing?

Re: looking for people that understand my situation Posted by respectyourself40 - 13 Sep 2024 14:19

I just started today on GYE hoping and davening this can help me get past my issues

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