

Thompson, with a 'P', as in psychology  
Posted by thompson - 01 Jul 2024 18:22

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Hello, dear brothers, fighting the good fight.

I'm Thompson, and I come in peace - I don't bite.

I've tried many times to quit, and every time fell flat on my face prematurely.

By now, many porn sites have my email address stored (hopefully) securely.

So I figured, what harm can it do if I attempt to kick this via another anonymous online account -

Resembling the others - all of which only in an incognito window do I mount.

I'm now on day three in my quest toward a clean life,

I pray to our heavenly father that this time, I should get there without much strife.

Amen

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Re: Thompson, with a 'P', as in psychology  
Posted by chosemyshem - 01 Jul 2024 18:35

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I'm sorry for your pain but you totally made my day.

Anyway, Welcome!

You're in the right place. Stick around, post, work hard and prosper.

Check out some of the excellent resources on the site including: The F2F program, the excellent book the Battle of the Generation, and most importantly, the chevra. (Normally I put in links but your intro is still blowing my mind, sorry. . .) Get to know the guys, share, and connect honestly with other fighters.

Hatzlacha!

Side point: you are very right about "just one more incognito website open." That's how most people start off. I wrote awhile back that I hide GYE just as religiously as I hide my porn use. That changes as you heal.

As you honestly open up, to yourself, to Hashem, to others, you stop hiding. (That doesn't mean putting your username on your tallis bag. Doesn't necessarily even mean telling anyone. Just the attitude changes from "part of my dirty little secret" to "unhelpful for others to know, but not something I'm ashamed of.")

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Re: Thompson, with a 'P', as in psychology  
Posted by thompson - 02 Jul 2024 15:22

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Thank you @chosemyschem for the warm welcome. You need not to be sorry for my pain, unless you're the one responsible. If that's the case, we have bigger problems.

I found the daily check-in prompt a bit odd.

Question 1: Did you have any urges?

No.

Question 1: Did you have any falls?

If I didn't have urges, when would the fall happen?

But as long as the answer to the second was "no" I don't mind some weirdety (that's gotta be a word).

I'm feelin good about this.

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Re: Thompson, with a 'P', as in psychology  
Posted by youknowwho - 02 Jul 2024 15:39

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[thompson wrote on 02 Jul 2024 15:22:](#)

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Welcome, Thompson with a "P"!

Your playful gripe about the daily prompt got me thinking a little, maybe a bit painful to acknowledge...But I think I can unfortunately relate to the phenomenon of falling without an urge.

The kind of falls that come out of left field. I was feeling fine, didn't lust during the day, not aware of anything bothering me, (at least, consciously) And the next thing I know....BOOM! Poned and masterbated, yes, without any cravings/fantasies all day/urges.

Anyway.

Welcome aboard, I wish you much success on your journey!

-YKW

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Re: Thompson, with a 'P', as in psychology  
Posted by thompson - 02 Jul 2024 15:48

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[youknowwho wrote on 02 Jul 2024 15:39:](#)

[thompson wrote on 02 Jul 2024 15:22:](#)

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Now that you mention it, I've had that happen to me a time or 471 too.

So I can't gripe about that anymore. I'll be on the lookout for other annoyances.

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Re: Thompson, with a 'P', as in psychology  
Posted by BenHashemBH - 02 Jul 2024 15:54

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[thompson wrote on 02 Jul 2024 15:48:](#)

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<https://guardyoureyes.com/forum/23-Just-Having-Fun/409768-The-Grouchery-Haven-for-the-Grumpily-Disgruntled>

Welcome and hatzlacha

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Re: Thompson, with a 'P', as in psychology  
Posted by youknowwho - 02 Jul 2024 16:05

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[thompson wrote on 02 Jul 2024 15:48:](#)

[youknowwho wrote on 02 Jul 2024 15:39:](#)

Sounds like you might make some future good use of the below thread

[thompson wrote on 02 Jul 2024 15:22:](#)

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So I can't gripe about that anymore. I'll be on the lookout for other annoyances.

The other low hanging fruit would be the "urge scale" prompt, from 1-10. I've found myself **staring rather blankly** at that one, many a time...

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Re: Thompson, with a 'P', as in psychology

Posted by proudyungerman - 02 Jul 2024 17:17

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Welcome!

Here you will find warmth, and healing! (and some good humor and gripes too. As I said, you're quite comfortable already...)

Stick around, read some posts, and when you're ready, share some of your own story and connect to some of the amazing people here on GYE!

(If you daring, and being Thompson with a "P" I'm sure you are, reach out to Hashem Help Me - [michelgelner@gmail.com](mailto:michelgelner@gmail.com) - one of the main mentors on the site. He has helped hundreds, present company included. You wont regret it.)

**Warning: Spoiler!**

Seems like you've made yourself at home here already



Signing off,

your friend - Thomsom without a "P"

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Re: Thompson, with a 'P', as in psychology

Posted by thompson - 02 Jul 2024 17:56

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[proudyungerman wrote on 02 Jul 2024 17:17:](#)

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**Warning: Spoiler!**

Seems like you've made yourself at home here already

Signing off,

your friend - Thomsom without a "P"

As a true Thompson, I make myself very at home wherever I go. I like to blend in with the local population.

Ah, so you're Thomsom without a "P" and with an extra "M"? Nice to meet my long lost triplet.

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Re: Thompson, with a 'P', as in psychology  
Posted by eerie - 02 Jul 2024 19:04

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Hey, Welcome! I LOVE your entry! Your humor! Absolutely gevaldig!

My friend, I'm sure we will love having you around, so please keep posting, get to know the

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Re: Thompson, with a 'P', as in psychology  
Posted by amevakesh - 02 Jul 2024 23:20

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Blistering barnacles Bashi Baazuk!!!!!! Thank you for bringing a small to my lips. You've brought me back to my youth when I would pound those Tintin books! Welcome welcome. Here you will find all types of people fighting the fight, even the Professor Calculus type, from all different backgrounds, with a common goal of beating the YH. You'll find warmth, understanding, and best of all friends who really care and get it. It should be with tons of Hatzlacha!

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Re: Thompson, with a 'P', as in psychology  
Posted by horizon - 03 Jul 2024 04:59

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Welcome!

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Re: Thompson, with a 'P', as in psychology  
Posted by thompson - 03 Jul 2024 13:12

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[eerie wrote on 02 Jul 2024 19:04:](#)

Hey, Welcome! I LOVE your entry! Your humor! Absolutely gevaldig!

My friend, I'm sure we will love having you around, so please keep posting, **get to know the**

**boys**, share some of your struggles, and we'll help you with the crime stopping real soon

I was really hoping to get to know some men. Am I on the wrong forum? Is this the day camp? I guess I can be the counselor.

Thanks, everyone, for the welcome and the warmth. So far, I've only encountered, what seems to be, awesome people - on my thread, that is.

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Re: Thompson, with a 'P', as in psychology  
Posted by Muttel - 03 Jul 2024 13:36

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I'm late to this great thread! Welcome! It's great to see this fresh air and new perspective!  
Looking forward to getting to know you and seeing you succeed on this holy mission of purity!

The support on this forum is other-worldly! It's what got me to stay clean the last 56 days after  
vacillating for years! Feel the warmth, get to know the heroes, and I look forward to seeing great  
things from you!

Muttel

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Re: Thompson, with a 'P', as in psychology  
Posted by redfaced - 03 Jul 2024 13:41

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[thompson wrote on 03 Jul 2024 13:12:](#)

[eerie wrote on 02 Jul 2024 19:04:](#)

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So far, I've only encountered, what seems to be, awesome people - on my thread, that is.

Don't fret, we got all types. The whole spectrum

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