

Needing help

Posted by ScottHarvath - 30 Jun 2024 12:40

Hi. I've been struggling with p and m pretty much my whole life. I'm working hard every day to stop and bh I've been very successful as of late, but I do have falls and slip ups. I'm looking for an accountability partner to help me in my struggle.

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Re: Needing help

Posted by Muttel - 30 Jun 2024 14:16

You've come to the right place! Many of us here, me included, have suffered with ups and downs for years, and have received care, guidance, and empathy here that springboarded recovery. Have you reached out to the mentor-in-chief, Hashem Help Me? He can be reached at michelgelnier@gmail.com. He's helped many with accountability.....

With much Hatzlacha!

Muttel

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Re: Needing help

Posted by redfaced - 30 Jun 2024 14:30

The Scott Harvath that I know is not someone that shies away from tough situations. He usually ends up doing something like throwing the bad guy (Yh) out of a 6th story window. You can beat this monster the same way.

Hatzlocha

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Re: Needing help

Posted by proudyungerman - 07 Jul 2024 16:11

How's it going, buddy?

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