

Where do I start??

Posted by markj3905 - 23 May 2024 16:15

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Hi all, I'm hesitant to be here but know I need to.

Here is my story....

I began as a kid looking at magazines my mother brought into the house. As I got older I started using the internet (dial up aol in those days) and "tripped" on some content. As a Bochor in BM I got involved with 900 phone lines, and continued during shidduchim.

I more or less stopped when I got married, but my old habits came back a few years into marriage. Once I started working, I had full access to technology and money, and the freedom of my own space and schedule. At that point 900 calls weren't doing it for me anymore and I began camming.

I've been camming now for many years and recently felt like I needed more (part of the addictive cycle I assume). I joined a few social media platforms, and made some new "friends". What scares me about this new development is that I've been faced with strong temptations to meet with some of these people in person - a dark place I haven't ever gone yet, but fear that it's too easy to fall into.

This new development has forced me to realize that while I'm "comfortable" continuing my cam habits (sadly), it's leading me to dangerous areas that I know I don't want to be.

I now realize two things: 1) each habit gets boring and will make you look for the next

2) every habit feels wrong in the outset, but then becomes part of your norm to the point that you don't even want to stop.

My question to everyone here is where do I start?

Is stopping cold Turkey and filtering every device the way to go? I fear that I won't last a day

like that....and if I fall I'll just give up.

Do I stop slowly? Is that even an option?

I'm too wrapped up in all of this to see things clearly. In moments of truth and clarity I'm well aware of what needs to happen- but a piece of me just doesn't want to stop. How do I start on this road? Any and all help will be greatly appreciated.

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Re: Where do I start??

Posted by chosemyshem - 24 May 2024 13:41

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Very valid point. Holding back from giving unsolicited advice and questions is very difficult for me, but I will give it my best shot.

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Re: Where do I start??

Posted by markj3905 - 24 May 2024 16:47

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No offense was taken from @chosemyshem - I realized he missed read my post, plus he does have many valid points. I'm staying here for now, as I know this is where I need and want to be.

I'm deeply moved by some of the stories I've read, and I'm impressed by how great Klal Yissroel is. Thank you all, and I look forward to gaining, and changing.

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Re: Where do I start??

Posted by chosemyshem - 24 May 2024 17:02

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[markj3905 wrote on 24 May 2024 16:47:](#)

plus he does have many valid points.

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Re: Where do I start??

Posted by foolie - 24 May 2024 19:30

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Fifth greatest compliment I've ever received:  
[Chosenym wrote on 24 May 2024 17:02:](#)

[markj3905 wrote on 24 May 2024 16:47:](#)

plus he does have many valid points.

Don't forget to put it on your calendar

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Re: Where do I start??

Posted by Muttel - 30 May 2024 08:45

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Hi MarkJ, buddy.

is everything ok?

haven't seen you posting in a bit....

Muttel

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Re: Where do I start??

Posted by Heeling - 09 Jul 2024 02:52

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Hey, Mark!

It's been a while. Hope you are doing okay, looking forward to hearing more from you.

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