

My ENTIRE story

Posted by Muttel - 10 May 2024 18:05

I've just joined and would love to share my story to get support from this amazing platform. I grew up pretty sheltered and innocent. When I was 12 (26 years ago) a friend invited me and brought me to his basement and promptly showed me a nude photo (no real porn vids in those days and it took time for pix to load). I succumbed and it would be a 3x weekly trip to his basement. Of course mutual hj's and bj's followed until I finished elementary school. This went on and off until I entered shidduchim when I stopped - thinking I was done for life. Enter Covid. After being clean of P&M and shmiras einayim for 12 years I stumbled during covid. Porn, phone sex, shmiras habris everything one can do without a partner.

Though happily married, I couldn't stop.

I visited a therapist and it helped for a bit but any device I encountered was dangerous. I filtered computers and phones. Recently I moved into a new office and a non filter able screen was there. BH I cut the internet chord 2 days ago. Yesterday I stumbled into 800 numbers and BH was motivated to sign up to GYE. So embarrassing and I shudder to think of my trial upstairs.....

I'm sharing this with the hope my expressing myself will lead to my keeping my commitment to being here going.

gut shabbos!

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Re: My ENTIRE story

Posted by horizon - 05 Aug 2024 18:48

mazal tov on the 90!!

Muttel, you probably hold a bunch of gye records. Records such as quickest trek to 90, (days, posts and friends:)) and quickest trip to Burma...

A great asset to the community. Please continue growing and inspiring!

Warning: Spoiler!

Warning: Spoiler!

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Re: My ENTIRE story
Posted by iwannalivereal - 05 Aug 2024 18:52

Wow Mazel Tov on 90!

Feels like I've known you forever!

Keep inspiring us all!

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Re: My ENTIRE story
Posted by eerie - 05 Aug 2024 19:47

WOW WOW WOW!

I'm really not sure I believe you that it's only 90 days since you came! My friend, keep sharing and inspiring, lighting up the way for so many of us!

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Re: My ENTIRE story
Posted by yiftach - 05 Aug 2024 19:55

Ashrecha shezachisa - You came here not too long ago, but you had a fire. That fire did not extinguish one bit, it flakered away. And now you're holding at 90! MAZAL TOV!

Ashreinu Shezachinu - We're delighted beyond words that you joined the train. The chizzuk you provide, the eitzos, validation and support is something else!

Keep on flakering that ?? ???? ?????... ?? ?????!

It's a zchus to get to know you!

A friend,

Yiftach'l

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Re: My ENTIRE story

Posted by Muttel - 08 Aug 2024 00:36

We walked outside into the misty parking lot instantly connecting like the closest of friends.

Bonding over shared challenges, shared pain, and yes, shared successes and purity.

*Reminiscing of his flight taken like an **Eagle**, I stood spellbound and gained new respect and appreciation*

For one that overcame so much and stands a victor in the great battle, a proud General bearing spoils of war.

*R' **Eagle**, the inspiration and warmth you provided today was priceless! The shteigen, understanding, insight,*

And such friendship, though brand new chronologically, so firm and deep like so many GYE relationships.....

That parting hug, silently expressing so much without any words,

Expressing support,

Expressing relief,

Expressing understanding,

Expressing love,

Expressing friendship,

Expressing connection,

Expressing aliya,

Expressing respect,

Expressing hope,

*Expressing the power of **GYE**, the power of harnessing friendship to get ????? ?????? ??????
??.....*

With brotherly love, and the hope to meet again soon,

Muttel

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Re: My ENTIRE story

Posted by Hashem Help Me - 08 Aug 2024 01:14

The poetry of R' Muttel, emotional yet sane,

A small glimpse into his essence, far from simple or plain,

As others stated, a fire blazes warm and bright,

A cause to take notice, a beacon of light.

A movement is born, mentors with might,

With passionate strength, pulling *yedidim* from the black night,

R' Muttel can't stop, a mageifa rages among our best,

Downtrodden friends, unable to withstand the test.

With a strength so pure, exalted focused and well aimed,

And a heart brimming with love, exuding interest in *yenem*'s pain,

His 90 is like nine thousand, an expert healer - that's him.

May Hashem bless him with hatzlocha from without and within!

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Re: My ENTIRE story

Posted by chaimoigen - 08 Aug 2024 23:44

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I once knew a prince with armor so bright,

His brown eyes were wellsprings of truth,

He poured over volumes, he swayed in delight,

An image of wholesomeness, youth.

But the dragon of darkness unfurled his black scales,

and wrapped him in venomous coils,
choking in seething and shadowy tales,
his pure heart was vanquished and soiled.

Until came the great day that he rose up in fire,
like a phoenix, was born from his ashes,
The white flame of his heart lances out to inspire -
A legend to uplift the masses!

He leapt in with fervor, disregarding the shame,
Candid and eager for learning,
With friendship and warmth meeting one then another,
His Neshona so passionately burning.

Your Talmidim are lucky, their hope is reborn,
They feel you relate to their pain,
with love and compassion their journey you chart,
To rejoice in Tahara again!

Oh Muttel - a prince you were ever, it's true
With a spirit that yearns to soar free
So it fills me with joy to see **you** reclaim **you**,
And to embrace your sublime destiny !!

And raise ????? ????? up High.

Keep going, ever upwards, to Glory!

?????? ??????, ?????, ????? ?????? ?????? ?????? ?????? ?????? ?????? ?????? ?????? ?????? ??????
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Onwards , Upwards, and Outwards, Muttel,

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Posted by minhamayim - 09 Aug 2024 05:05

Muttel,

A bit of a belated tremendous ??? ??? to you on your 90+ days!

You are a role model to myself and to many others. Your tremendous ????? that you utilize with such ??????. That coupled with your caring heart is what makes you so ?????.

Keep plowing ahead at full speed big brother,

Minhamayim

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Re: My ENTIRE story

Posted by youknowwho - 12 Aug 2024 01:25

Thank you for your interest in contacting YKW.

Please listen carefully, as our options have changed.

If you know your parties extension, you may dial it at any time.

The following requirements must be met before contacting YKW:

Applicant must have had a minimum of three proper, **valid** grouches on The Grouchery.
Grouch must be approved by the full Wizengamot

Applicant must be proficient in all three Unforgivable Curses:

Instantaneous death (*Avada Kedavra*)

Excruciating pain (*Crucio*)

Total control (*Imperio*)

Applicant must have a history of using at least *one* of the three unforgivable curses

Applicant must be willing to be branded with the Dark Mark (on which ever body part deemed appropriate by YKW)

Terms and conditions apply, not available in all states, may cause reproductive harm in the state of California, may not be combined with other offers

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Re: My ENTIRE story

Posted by Muttel - 12 Aug 2024 22:23

Tears streamed down his face, shame gnawed at him.

How could he have betrayed her like that, acting on a whim!

Oh! How he wished he could move the clock back, wipe his slate clean,

Not be left feeling her pain and resentment, at his betrayal so cold and mean.

For years he'd kept up the charade, two-faced in his behavior,

As though his fidelity mere chivalry, his devotion a favor.

Until the day she discovered, found out about his act,

Her nuptials and commitment she's looking to retract.

He begs and pleads, "please give me another chance!"

I'll make it up to you, this time with true romance.

You'll see my regrets are real and commitment firm

I've made real changes inside and out, on the road to return.

She smiles wanly and says "I'm willing to give it a try",

For you to show its real, not just another lie.

I'll swallow my pain, hide my pride, give you a shot,

Although you are really asking of me a lot.

As the days went by and he stayed true, her heart fluttered with hope,

Maybe he really turned a corner, agreeing didn't make her look like a dope.

As the weeks turn to months her heart begins to soar, a great life anew,

Where he's her rock and support the way it should be, staying close to her and true.

The power of return, regret and forgiveness, this story serves to show,

How our Father affords us the ability to change, though our iniquities He knows,

A couple can repair their relationship though fractured and torn asunder,

And He too can come closer when we beckon and His wings stand under.....

May this Tisha B'av with the GYE family serve as a beacon of light,

For all of us to join in the holy fight.

of us returning our commitment to our wives though clueless they may be,

And sharing true love where our devotion they'll see.

It will propel us towards greater heights in avoda,

Teach us the power of Teshuva,

Then we can truly hope that His house will be quickly built

In our days, speedily, bimheira....

Muttel

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Re: My ENTIRE story

Posted by ezraw - 13 Aug 2024 23:36

Thank you for your story, I can really feel the pain and shame emanating from your words. The best piece of advice that I have for you is to never give up. Use the tools that you have and do your best. Remember that Hashem loves you and doesn't expect you to be perfect. We are put in this world to improve ourselves and do our best. Keep trying and know that I am davening for you.

All the best.

Ezra W

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Re: My ENTIRE story

Posted by ezraw - 13 Aug 2024 23:49

Mazal Tov on reaching 90 days! It's an incredible accomplishment. A word of caution from my personal experience, don't get cocky or lazy regarding these nesyonos. Every time I got too excited by my accomplishments, I would become less careful, and when I next had a tiny urge, all my hard work was for naught and I would go right back to where I was before. always remember what you did and how it made you feel or you risk slipping back.

Hazlach raba, and keep up the good work!

All the best,

Ezra W

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Re: My ENTIRE story

Posted by BenHashemBH - 14 Aug 2024 00:13

Haughty? No.

Have pride? Yes.

Reb Muttel's positive attitude is helping not only himself, but so many others.

We need to be excited and happy with our accomplishments. Also, don't become lax. They aren't a stira.

Hatzlacha

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Re: My ENTIRE story

Posted by ezraw - 14 Aug 2024 00:55

Thank you for clarifying, I hope it didn't come out sounding critical in any way, that was not my intent at all, rather it was to share about where I failed in the hopes that others may benefit from that knowledge