

Jewizard21's Journey

Posted by jewizard21 - 21 Apr 2024 21:24

I don't know where to begin and my hands are kind of trembling while typing this but I guess I just have to start.

I am 21 and my problems with P&M since 12. I think I had urges and fantasies from around age 5 or 6 even though I didn't know what it was or what I was doing.

I got a hold of a tablet for playing games and watching YouTube. Then one day I looked up pictures.

I remember shaking and needing to stand up and walk around, I believe I was in shock, but then I went right back and started looking. I eventually started looking at videos. (I wish I could travel back on time and slap myself in the face and break that tablet.)

Already at age 13/14 I noticed what I was doing was wrong but didn't really care. What was it doing to me or anyone else. I also used M to fall asleep.

I then started going to yeshiva. I didn't have access to P but I was thoroughly addicted to M as well at the time and I would go home once a month and "restock" on P. I remember waiting to hear the snoring of my roommates so I could M. Others in my yeshiva also did P and M and talked as if it were normal. I thought to myself that I will stop when im a senior.

In the summer of 10th grade I went to Israel. I was clean for 5 weeks. Up until then I was doing M atleast once a day. I then thought to myself once back from Israel that I could just wait till I went to bais medresh in Israel to be clean and ill do all the P and M I want till then.

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Re: Me

Posted by odyossefchai - 13 Nov 2024 11:15

[jewizard21 wrote on 13 Nov 2024 01:15:](#)

Something I wanna run by you all. I find it that now if I look at a glance at a woman that it's no longer full of lust but, I don't know how to explain it but it feels more kosher than ever before.

Of course this is only a glance and not a lingering or 2nd glance but since I feel this way my brain tries to tell me that it is OK to glance again.

I guess if I were to explain it, it's a feeling of longing and searching. I see a person and don't objectify her.

I need to talk to a rav about this but I wanna get married but don't think that it's responsible to start shidduchim with no parnasa secured and not to mention that I don't have enough time to go on dates. The biggest counter to those arguments is that I feel like I am missing out on time that I could be with my wife. Sorry for my ramblings, it's been and will be a tough week and I'm

(Also on a side note, was there a thread that got removed recently? I remember commenting on it this morning and thinking "idk why this is on the single forum?")

Keep on Trucking, One Day At A Time!!
exhausted

I'm no rabbi but if it's a mitzvah and you are ready to get married, it would be no different than tefilin and Lulav where 'i have no time's simply isn't an excuse (obviously ???? is not included)

You should speak to someone to prioritize your day and figure out how to find the time.

Believe me, having a wife and kids is the absolute best thing a human could have happen to them. Just experience one time where you come home from work and when you walk into the door, the kids come running and say "Daddy" (tatty or abba is acceptable too) makes every second spent on dating and marriage worth it.

Hashem should bentch you to find the 'perfect for you wife' bekorov mamish!

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Re: Me

Posted by jewizard21 - 13 Nov 2024 12:47

You don't understand how busy I am. I want nothing in the world more right now than to start dating and to get married but I don't believe it's the right thing to do in my current situation. How can I be devoted to my wife if I am too busy.

If you want more of an explanation as to why I don't have time, message me.

When I pass the part in benching that your supposed to say ??? ????? I get sad that I can't. I want to share my life with someone but I don't even have enough time in the day for my own life right now.

Please don't think that I am saying I don't have time to get married because I am lazy. I wish that were the case because then I would be able to.

Again, for more details private message me.

Thank you so much for your response, I appreciate it. I will definitely talk to a rav that can understand my situation.

Keep on Trucking, One Day At A Time!!

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Re: Me

Posted by jewizard21 - 15 Nov 2024 02:09

Today was really hard, I'm exhausted, stressed, and demoralized, and I'm not even done with

I'll be on gaurd till I'm in a better mood in case my brain tries to tell me that masturbation will help bc I know it wwon't. It would just make things worse.

Keep on Trucking, One Day At A Time!!

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Re: Me

Posted by odyossefchai - 15 Nov 2024 02:47

[jewizard21 wrote on 15 Nov 2024 02:09:](#)

Today was really hard, I'm exhausted, stressed, and demoralized, and I'm not even done with

I'll be on guard till I'm in a better mood in case my brain tries to tell me that masturbation will help bc I know it won't. It would just make things worse.

Keep on Trucking, One Day At A Time!!

You're a wizard!

And a warrior.

the week. Hopefully next week won't be as difficult

Pick up the phone and call someone.

It's worth it

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Re: Me

Posted by jewizard21 - 15 Nov 2024 19:37

Have you ever taken a deep breath, straightened your posture, and put on a smile? It does wonders!!

Tell yourself it will be OK and that it will all work out because Hashem is there for you.

I made sure to talk to ppl (they were not from GYE) and I've also scheduled a meeting with a rav to discuss the previous post about shidduchim and when it's responsible for me to start.

Thank you all for your support of just being here on this forum, and don't forget to smile. Have a great shabbos!

Keep on Trucking, One Day At A Time!!

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Re: Me

Posted by jewizard21 - 18 Nov 2024 15:44

Just a thought I had on last week's parsha that I feel really relates to this nisoyon and the schar (reward) that comes from battling.

Disclaimer this is not a post to discount the greatness of the people in tanach but to try and learn from them.

We have 2 instances in the 4th alya. 1 with Lotes daughters and another with Sarah being abducted by avimelech if im not mistaken.

From the story of Lots daughters we know that even with good intentions illicit relations are assur, they thought they were the last in the world! We know that they got the zchus of the line of Malchus to come from after they did full teshuva.

By the story of Sarah Emanu the medrash/mefarshim tell us that Avimelech did not even touch Sarah because Hashem protected her. We see that even in what seems to be the most inevitable and worst situations that Hashem will protect us.

I'm not sure if I explained this well but what I took out of it is that We may fall but when we get back up and prevail not only will we get tremendous reward but Hashem will be with us every step of the way.

Keep on Trucking, One Day At A Time!!

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Re: Me

Posted by jewizard21 - 25 Nov 2024 05:34

Nov 25th last year was the day I got a filter. I don't know how to feel about it bc within the hour of getting a filter on my phone I ran to get my old tablet and watched my last ever porn video.

I think today is a silent celebration of taking a huge step towards being free and tomorrow is the real celebration of a whole year with no pornography.

It has changed my life for the better more than I ever could have imagined. I feel more alive than ever. I can't wait to see what the rewards of fighting this battle will be in the future because just these small but extremely significant rewards that I have now are so precious. Being in control of your own mind, having a clear head, being able to talk to a woman without forcing yourself from trying to fantasies.

So to a year of progress we celebrate.

The number 1 thing i would like to say is that tomorrow is another day. We will all be fighting this together 1 day at a time. It has been a year taken 1 day at a time.

This is not a year streak, this is a year of progress. A streak does not matter in of itself, the progress is what matters.

???? ??' ?? ???!!

!!Keep on Trucking, One Day At A Time

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Re: Me

Posted by Hashem Help Me - 25 Nov 2024 12:29

Mazel Tov on a year! May Hashem help you continue living a life of menuchas hanefesh and yishuv hada'as as you continue to inspire many others.

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Re: Me

Posted by Muttel - 25 Nov 2024 13:58

Mazel Tov brother!!

Seeing your consistency, positivity, and encouragement to others has been heartwarming.

Here's a tefilla (and a toast) to many more years of continued growth!

Muttel

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Re: Me

Posted by jewizard21 - 28 Nov 2024 17:53

Yesterday was really difficult and the only thing getting me through it was that I know it will all work out in the end.

Keep on Trucking, One Day At A Time!!

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Re: Me

Posted by jollylemur95 - 29 Nov 2024 15:02

Shalom Brother!

I do not think we ever communicated but I wanted you to know how much I enjoy your posts.

Your positivity and conviction that you will be able to succeed is contagious!

Keep on inspiring us!

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Re: Me

Posted by jewizard21 - 29 Nov 2024 15:05

Thank you so much!

feel free to reach out.

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Re: Me

Posted by jewizard21 - 02 Dec 2024 20:39

Will be on guard due to feelings of being overwhelmed, tired, and lonely. Not all to do with each other.

Keep on Trucking, One Day At A Time!!

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Re: Me

Posted by jewizard21 - 03 Dec 2024 01:41

Doing better just gotta be more productive. Thank you all for just being here.

Keep on Trucking, One Day At A Time!!

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