

New here

Posted by kolellingerman11211 - 04 Feb 2024 04:09

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I am a Chassidic Ingerman and I am still in kollel, but I am facing a major problem. Since the age of 13, I have been influenced by bad friends and it has continued to this day. Despite being a good student in yeshiva, I have been struggling with lust and other negative behaviors due to these bad influences.

2 years ago I got married to a nice good girl and I was sure the problem was over and, in the beginning, it was really good, but then it started much worse than before I'm too shy to tell all the details of what was happening

last week I found this place I was so excited, that Hashem sent me the right place, looking forward to getting back on track

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Re: New here

Posted by SisonYishecha - 04 Feb 2024 10:56

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Welcome!

If you really want to work on kicking the bad habits, and moving on in life you have come to the right place!

You will discover understanding, empathetic, and remarkably helpful people here that will hold your hand.

Keep on posting and you're on the right path!

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Re: New here

Posted by notezy - 04 Feb 2024 13:19

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Welcome!

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Re: New here

Posted by Captain - 04 Feb 2024 14:27

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Welcome! Try strengthening yourself with these great free resources:

1) The Battle of the Generation: a sensational free ebook that seriously gets you excited to fight and win this fight. It's a real game-changer.

2) The Fight: an incredible audio series from Rabbi Shafier.

Links are below in my signature.

Wishing you much success!

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Re: New here

Posted by kolellingerman11211 - 04 Feb 2024 16:56

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The million-dollar question is where to start to live a life with KDISHE, not with these bad things.

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Re: New here

Posted by yitzchokm - 04 Feb 2024 17:46

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It was courageous of you to post. A large percentage of the people posting are in chinuch and there is nothing to be shy about. Chazal say ?? ?????? ???. Rebbe Elimelech of Luzensk says in Tzetil Katan to share everything with someone you trust. You can do so on the forum and

with the main mentor Hashem Help Me when you feel ready to do so. Many people have also reached out to Eerie. It is a game-changer to be honest and open with people about our shortcomings.

Read through some threads. The Flight to Freedom program is also very helpful. I couldn't have broken free without it. Keep on posting and sharing. Wishing you Hatzlacha on your journey.

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Re: New here

Posted by davidt - 04 Feb 2024 18:22

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[kolellingerman11211 wrote on 04 Feb 2024 16:56:](#)

The million-dollar question is where to start to live a life with KDISHE, not with these bad things.

You have already started. The best next step would probably be to reach out to someone. Are you willing to talk to a mentor that can guide you, on the phone?

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Re: New here

Posted by rebhirsch - 04 Feb 2024 20:31

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I'm new here too. I waited way too long to join and I wish I would have joined earlier. Hatzlacha Rabba!

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Re: New here

Posted by davidt - 04 Feb 2024 20:34

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I would recommend looking into the [Flight to Freedom program](#), which is designed to help you

reach freedom from, by teaching you the skills you need to make a change that will last for the long term.

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Re: New here

Posted by eerie - 04 Feb 2024 21:01

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[davidt wrote on 04 Feb 2024 18:22:](#)

[kolellingerman11211 wrote on 04 Feb 2024 16:56:](#)

The million-dollar question is where to start to live a life with KDISHE, not with these bad things.

You have already started. The best next step would probably be to reach out to someone. Are you willing to talk to a mentor that can guide you, on the phone?

Welcome! You have just joined the most amazing family of YH fighters! Wonderful first step to post. I second the suggestion of DavidT. Talking to someone live is a game changer. When you'll be ready for it jump in!

Keep us posted, my friend

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Re: New here

Posted by yiftach - 04 Feb 2024 21:12

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Welcome!

?You're definitely in the right place!

Plz continue sharing ur story... and reach out when you feel ready! **It's life changing!!!**

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Re: New here

Posted by notezy - 04 Feb 2024 21:28

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Start where you can work your way from there.

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Re: New here

Posted by eraygrand - 06 Feb 2024 02:21

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*2 years ago I got married to a nice good girl and I was sure the problem was over and, in the beginning, it was really good, but then it started much worse than before I'm too shy to tell all the details of what was happening*

You will find this is a VERY common theme and you are far from alone in thinking that marriage would fix the issue. It actually makes it worse because it brings yiush to a whole new level when the one hope you had prior to marriage is blown to bits!

Please continue to share!

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Re: New here

Posted by kolellingerman11211 - 01 Mar 2024 00:05

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back to day 1

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Re: New here

Posted by Hashem Help Me - 01 Mar 2024 00:28

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Great attitude. Let's get moving b'ezras Hashem. Do you speak with anyone?

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