

The Eishes Chayil

Posted by seagull - 28 Jan 2024 18:54

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Hi to all the Warriors of our generation. I am currently on the path to recovery from internet abuse. It is a process that as we know can take months. And along the way we fall in from time to time. My question is, how should my wife take the situation in a way that is only encouraging to my growth, and what support can she get, going through this period. Please reply if anyone can be of help.

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Re: The Eishes Chayil

Posted by chaimmod - 28 Jan 2024 19:02

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[seagull wrote on 28 Jan 2024 18:54:](#)

Hi to all the Warriors of our generation. I am currently on the path to recovery from internet abuse. It is a process that as we know can take months. And along the way we fall in from time to time. My question is, how should my wife take the situation in a way that is only encouraging to my growth, and what support can she get, going through this period. Please reply if anyone can be of help.

see [guardyoureyes.com/component/content/article/36-resources-for-wives-of-strugglers](https://guardyoureyes.com/component/content/article/36-resources-for-wives-of-strugglers)

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Re: The Eishes Chayil

Posted by Hashem Help Me - 28 Jan 2024 22:16

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One of the best things for her is to speak to the mentor you are dealing with over here.

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Re: The Eishes Chayil

Posted by parev - 28 Jan 2024 23:41

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**"....in a way that is only encouraging to my growth,"**

I learnt the hard way that I can't be dependant on my wifes support  
encouragement understanding or willingness to help

However the results spoke for themselves - not necessarily the day count - the attitude and  
behaviour changes in and out of the bedroom

She is my biggest [silent] supporter since!

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Re: The Eishes Chayil

Posted by richtig - 29 Jan 2024 01:29

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[parev wrote on 28 Jan 2024 23:41:](#)

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This may seem obtuse, but would you elaborate a bit on that?

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Re: The Eishes Chayil

Posted by parev - 29 Jan 2024 01:38

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explain your q and ill try to A

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Re: The Eishes Chayil

Posted by richtig - 29 Jan 2024 01:40

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Trying to gain insight into the silent support- how do you feel her support if she is silent?

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