

I'm back

Posted by loading... - 21 Sep 2023 15:48

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Hello brothers of struggle, to live to please God. During the pandemic he once again had erratic behaviors that he had already overcome. At least I didn't do all the erratic behavior again. But there were things that were undesirable for me and I repeated them, I asked for advice at GYE and they advised me to use other tools but to this day I return to apply them. So with pain I understood that it was a lifelong struggle but I came to understand that this struggle was a beautiful gift from God. A gift to be better in my life. Because this gift brings the need to recognize one's own weakness and be able to be humble before God, this humility leads to sincerity and that sincerity leads to recognizing the need that God can help me with this. But not only with this but with all of life. It is a gift to polish our lives with God, to make us better and be strengthened by God. God looks at the proud from afar, and I was very proud. Even proud to recognize or want to receive help from other people. But I don't want to be like that anymore and I have come to learn how to live the principles of life that God wants to give me with this lifelong struggle, of learning to be humble before others to recognize that I am far from being perfect. Far from being self-sufficient or independent of other human beings. I need God a lot in my entire life, that's why I need to be humble, to be able to ask for his help. I have reached the limit, I can't take it anymore and I am here to leave what I was and take a better path. I accept this struggle and my weakness. I make the commitment to not give up until I win and defeat myself to put myself in the right place before God. For me. For my parents. For my family. For my brothers who fight to worship God. For the children that God gives me. For my future and the hope of it. Why does God want it that way for my life mainly? Because I await the righteous Kingdom of the Messiah and I do not want to distance myself from his presence with shame. I do not plan to put aside this fight until I overcome it and be able to worship God with integrity along with all my brothers.

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Re: I'm back

Posted by bright - 21 Sep 2023 18:35

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Beautiful! I couldn't follow everything, but it sounds like your heart was talking. Can you share a bit more of what you are struggling with, that may help you with the advice part. Also, what's this about defeating yourself?

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Re: I'm back

Posted by eerie - 22 Sep 2023 22:27

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Welcome, my friend. Feel comfortable to say what you want about yourself and your struggles. We are here to support each other grow.

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Re: I'm back

Posted by loading... - 23 Sep 2023 09:54

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Hello, I hope you are well. Thanks for answering. My struggles are for now, not so much pornography anymore. Around 2015 I left pornography with this program. In the pandemic I fought in a different way with the confinement. Thank God Now I have to fight and overcome fantasies that I have also managed to overcome. I say this about defeating myself because sometimes I feel that I myself do not want to fight and I have become my enemy because of that, so I must change my feelings and thoughts or motivations.

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Re: I'm back

Posted by bright - 24 Sep 2023 04:02

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Now I have to fight and overcome fantasies that I have also managed to overcome.

What do you mean?

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Re: I'm back

Posted by loading... - 24 Sep 2023 08:01

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I will complete the idea. Now I have to fight and overcome fantasies that I have also managed to overcome in part. At some point I could already overcome those distorted ideas about sexuality. But as their root can have in emotional problems and in other aspects of life that is necessary to treat, they can return because there are issues to solve from the root. For my work and other responsibilities, sometimes I finish tired, stressed, sometimes I felt frustrated and I would like to escape ... a few moments at least. I already set out to change their economic activity but at least I want to wait for November to realize that. I have already proposed to resume the sport. I have returned to Gye. And I try to use tools to change my mind, changing my

mind and leading my motivations to something real.I feel that at this point, more than perversion is tiredness, tension and stress or frustration that leads me to act.So it is a time of crisis, of opportunity or change for me.

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Re: I'm back

Posted by bright - 24 Sep 2023 17:19

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[loading... wrote on 24 Sep 2023 08:01:](#)

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And gd willing change you will! Do you have an accountability partner? That makes all the difference!

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Re: I'm back

Posted by loading... - 27 Sep 2023 09:03

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Not in this moment. Do you know how I can get one?

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Re: I'm back

Posted by bright - 27 Sep 2023 20:36

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Try reaching out to Hashem Help Me

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Re: I'm back

Posted by eerie - 02 Oct 2023 05:37

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[bright wrote on 27 Sep 2023 20:36:](#)

Try reaching out to Hashem Help Me

His email is [michelgelner@gmail.com](mailto:michelgelner@gmail.com)

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