

Bi Bocher about to get married

Posted by Zag xx - 06 Jun 2023 17:15

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Hi all I'm in my mid 20s and I'm getting married in 2 months. I was sexually abused when I was 13, and I've had plenty of trauma therapy in the past. I'm in a relatively healthy place right now, but I've had many years of struggles. I also know I'm more attracted to men than to women, and I'm really nervous about what to do in marriage. I'm in yeshiva and have an excellent support of rebbayim and friends. I'm also bh very gifted in learning and I absolutely love Torah. I've however over the years had a number of sexual encounters with friends, and I'm worried about what I should do if I ever find myself struggling in marriage. I want to make marriage work and I AM attracted to my kalla, but I know these feelings won't just go away. I'm currently speaking to people (rabbayim/therapist) pre marriage. I just need all the advice and disatisa dishmaya I can get. Thanks all

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Re: Bi Bocher about to get married

Posted by bright - 20 Sep 2023 12:51

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Feel your pain. There is a light at the end of the tunnel, and though you cant feel it GD is truly with you. Its very very normal to have no motivation, maybe take a nice vacation, relaxation, whatever works. Its a very difficult situation to be in, please give yourself space to heal and grow. That is what is your obligation to yourself now. You will IYH get back to feeling normal, but if someone cv got run over by a truck would you expect him to get up a couple weeks later? You got run over by an emotional tank. Heal, my friend, heal.

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Re: Bi Bocher about to get married

Posted by taherlibeinu - 20 Sep 2023 14:52

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I can only echo what has been said, I have no words. Only tears and Tefillos. May Hashem help lift you up and may He grant you only much Mazel and Brocho and Simcha. Thinking of you.

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Re: Bi Bocher about to get married

Posted by iLoveHashem247 - 24 Sep 2023 02:36

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One woman closer to your wife... had a similar situation except it broke off the week we were to be engaged.

feels horrible but it's ok.

Hashem gave us feelings and it's appropriate to feel your feelings in this situation

I'd be more nervous if you felt nothing

talk it out with a mentor and give yourself time to heal.

you will look back on this one day and think to yourself "oh yeah I forgot that it felt like such a big deal at the time."

hatzlacha

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Re: Bi Bocher about to get married

Posted by yehudi1 - 24 Sep 2023 03:38

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It must feel terrible to go through an engagement breakup, but consider this. Up to 10% of todays frum marriages will likely end up in divorce sadly. Another 15% at least, will realize they aren't compatible but will remained married due to social stigma, children, or financials. All these people wish they hadn't entered the relationship with their spouse. Hashem just saved you from a trainwreck of a marriage that would have ruined your life! You now have more time to get the help you need to be ready for marriage in the future. I know people that got married before being emotionally ready & they suffered tremendously because of it. You probably should choose a different yeshiva to keep away from the male relationships you had in the past. Wishing you much hatzlocha this year!

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