

Thought I wouldn't need to ask for help
Posted by chaimoigen - 16 May 2023 03:44

It's hard to admit that I need to reach out.

I help others. A lot, B"H.

I struggled for years. And Hashem helped me. With unbelievable Siyata Dishmaya I have come light-years from where I once was.

I now inhabit a world of Torah and Kedusha and Avoda.

I am a healer and a rebbe. I have been blessed with deep understanding, I learn and teach a lot, and am Zocheh to guide and inspire. I'm still growing.

.....**Mostly.**

...except sometimes when I fall.

.....and then I feel sickened and then I work on myself and try to close the gaps in the fences and fill the gaps in my heart and make changes and find inspiration and do Teshuva and make commitments and truly grow from the mistakes and work to know myself better and realize where the emptiness needs filling. and I learn and daven and grow. I'm not a hypocrite. I really do grow. ... and then I feel confident.

And it lasts for a while. Sometimes a very long while. And BH I'm sure that the last fall was just an anomaly, and I know that who I really am isn't the one who fell [which is true], and that I don't have to be on guard so much [which is a terrible mistake - ???? ??? ????? ????? ?????? ??? ????? ???]

And it lasts.

.... UNTIL IT DOESN'T, DARNITTTTTTTTTT!

And then, then, oh OY Rebonoy Shel Olam, not again.... oh please not again! How, *how can I* be once again hearing the silent, harrowing scream from deep in my soul "AYEKA!!?"

It's about time that I am having the courage to admit that there is still a pattern.

I lurked here for about a month. I had a fall and decided to finally check this site out, not for others but for myself this time. 22 clean days. and now again a "minor" fall.

And I finally decided to reach out for help. To stop being stupid.

And I finally admit it. I need brothers. I need others . Because even though I am never alone, and even though I always whisper to the Rebono Shel Oilam, who always helps me, still - I need chavirim. I need help. I stand in front of you, brothers, humbly ready to admit that I still have a problem. I am thankful on the night of ??? ?????? that it's far, far from the problem I once had. I am thankful and proud of where I am. I do not define myself by my falls. BUT I WANT MORE. I NEED MORE. MY NESHOMA DESERVES MORE

I want to be 1000 days clean and more. I am so UNBELIEVABLY jealous of the heilige yiddin here who are clean for years. I NEED to be 100 percent clean. It's my hearts desire - a white-hot Ratzon Pnimi. But I need help from Hakadosh Boruch Hu and from you.

The deepest part in the center of my Neshoma is sickened by the realization that I may have been still fooling myself [I am not entirely sure if I have been, or if I'm just a work in progress].

I am deeply inspired by the raw honesty and desperate yearning in many posts here. I love that so much. I love honest , searching growing yidden. I want to be an anonymous yid among others who are growing together. I want to grow more, be more, find out what roads are still open to me.

Can you guys help me? Please?

I'm sitting in my office and crying at my computer.

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Re: Thought I wouldn't need to ask for help
Posted by amevakesh - 14 May 2024 23:29

The RY is hitting 1 year tomorrow. He gives us all his insight, wisdom, but most of all his caring heart. What can we give back to him in honor of this occasion? I was thinking a Retzifus Seder in his honor. Anyone in? Or if anyone has any other suggestions, please post.

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Re: Thought I wouldn't need to ask for help
Posted by Heeling - 14 May 2024 23:37

I wont call or text him - ill give him a break for one day. I will dedicate one 'looking away' for his zechus.

CO! You Rock!

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Re: Thought I wouldn't need to ask for help
Posted by chaimoigen - 15 May 2024 04:01

Tonight is a special night, my sweetest friends.

I am celebrating 365 days free of any inappropriate viewing **whatsoever**. (Including limiting of internet use to only targeted pre-determined searches and thereby avoiding seeing almost any pritzus). This incredible accomplishment is one that I did not know that I would ever achieve. And it fills me with thankfulness and awe, with joy and a sense of quietude in the center of my being. I am humbled to have reached this point, ????? ?? ?? ??? ?? ?????? ?????, ?? ?????? ?????? ?????? ???????? ???????? ??????

I had planned on writing a special poem and something significant to mark this milestone (although the upcoming night of ??? ?????? will mark the actual Hebrew one-year anniversary of my first post).

Unfortunately, the Rebono Shel Olam saw fit to present me with a significant challenge these past few days, and I don't have the energy for the kind of post that I had envisioned writing tonight.

But this I know:

There is **hope**. There are no dead ends.

Life, in the Hands of the Aibeshter is worth living, and can ever be found to be full of Chaim.

Good Chaverim are the key to learning how to live.

So, as I face today's challenge, I have hope. And I have Bitachon.

???? ??? ??? ??? ??????? ?????? ??????, ?? ?? ?????? ? ?????? ????

And I know that although life will necessarily ever be a series of Nisyonos, but ????? ?????? is possible and makes it worthwhile.

And I have undying gratitude to you, my close friends. Because you have helped me become who I have always wanted to be. I have learned so much from all of you. I am hoping and planning to keep growing now, imyh, and climbing higher. And I will stay close, let's keep climbing together, with Hashem's help.

The road goes ever, ever on

Down from the door where it began,

The road goes ever on,

And I shall follow, if I can

Lean on my shoulder, if you're weary

Your throat is parched, and full of dust,

Travelers shall journey on,

Till journey's end, as so I must.

But on that road, and in that dust

There is a light I've learned to see,

The light that shines from pushing on,

And it shines from inside me.

I am

Chaimoigen

and I am alive.

Thank you Hashem, and thank you GYE.

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Re: Thought I wouldn't need to ask for help
Posted by Ish MiGrodno - 15 May 2024 07:24

R' Chaim, Mazel Tov!!

At first afar, we saw you come,

On roads we'd known and traveled on,

The road then widened, we saw a light,

You walked along, you held on tight

We thought you leaned on our deeds,

In daytime pause and nighttime reads,

But then we saw the road was new,

With blaze ahead our vision grew

Oh, that we stay on this new road..

Oh, that the blaze and light untold..

Oh, that we cherish, always hold..

These destinations of the soul!

With love from Grodno - img

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Re: Thought I wouldn't need to ask for help
Posted by yiftach - 15 May 2024 11:04

Heilige Oigen, you've reached a milestone grand,

A year of purity, with strength you stand.

Your dedication shines, a guiding light,

In kedusha's field, you've soared to great height.

As a rebbe, your wisdom is truly rare,

Your impact on others, beyond compare.

We thank you for your leadership, steadfast and kind,

In the pursuit of holiness, you are refined.

As a rebbe, you've inspired us to grow,

Your wisdom and kindness, a steady flow.

You lead the pack with love and care,

In the realm of holiness, you're truly rare.

Your impact on our lives, can't be measured,

Your teachings and guidance, they've truly treasured.

May your journey inspire others to find,

The path to kedusha, as pure and kind.

Your talmid,

Yiftach'I

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Re: Thought I wouldn't need to ask for help

Posted by Hashem Help Me - 15 May 2024 11:22

A beacon alit, seen through the rolling waves

A warm hand, a hug, eyes ablaze

a legend of support, giving nights and days

Opinions strong, fearless guidance through the maze

Behind the linguist, a heart so soft

Offering counsel, holding so many aloft

Honest with his past, of the present so proud

Witty posts that inspire, on occasion quite loud

May Hashem help you traverse the challenge you hint at

A tzibbur here, for you, ready to go to bat,

Ask us to pray, names not needed indeed

Our dear hugging Master's heart should not bleed

Mazel tov on a year, a circle complete

In shomayim a celebration for an awesome feat

May you be blessed with nachas gezunt and parnassa

And with your GYE mentoring, heaping doses of hatzlacha

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Re: Thought I wouldn't need to ask for help
Posted by Muttel - 15 May 2024 13:44

[Hashem Help Me wrote on 15 May 2024 11:22:](#)

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I feel compelled to respond as I'm new here and am just getting my first tastes at the rarified air and devotion of the mentors here that leave my mouth agape and heart aflame.

having just begun my journey anew

im floored by the love here and support for every jew

the mentors are the masters of the maze

teaching us all how to overcome this craze

they know the challenge, the guilt and shame,

enlightening and prompting change in perspective - avoiding self blame.

taking time out of their busy days to help us all here

must be the greatest nachas to give our Father and he's sure to hold dear

may you all see endless success and soar to greater height

and never deal again with this challenge and fright

we should together be zoche to greet

moshiach tzidkeinu

bimheira b'yameinu

Muttel

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Re: Thought I wouldn't need to ask for help
Posted by cande - 15 May 2024 16:33

i honor of the **re**birthday of R' Chaim,

i would suggest anyone that has not **learned** through this thread, to go through it today,
and those that went through it, make a chazara.

thank you for sticking around and inspiring so many of us!

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Re: Thought I wouldn't need to ask for help
Posted by funbuchur - 15 May 2024 17:00

Wow.

Just a while ago I would see that post and think to myself, that's impossible no way someone can go a full yr like that. But slowly over time reading posts trying things out myself this is getting to be more of a possibility and closer to reality. It's Very encouraging seeing people really fighting the beast. I can/and will do it also. Thank you

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Re: Thought I wouldn't need to ask for help
Posted by Bennyh - 15 May 2024 17:20

It all started swift

With a howl of courage

And a pajama quip

That sparked some outrage

But here was he

Ready for the occasion

Never one to flee

An opportunity for introspection

A giant emerges

A leader of men

With wisdom, wit and a withering pen

With a blanket of empathy

And a cup of comfort

Encouraging dear friends

To please make the effort

From difficult sugyas

To Friday Night Blues

With the Rebbe CO

There's something to muse

All hail the chief

Who inspires us all

To be better men

To stare down a fall

A calendar year

Now talk about goals

Look who's in charge

In total control

Your clarity and vision

Your outstretched arm

You hit with precision

Your voice, what a balm

Another year to tackle

But this time with ease

Free of your shackle

You now hold the keys

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Re: Thought I wouldn't need to ask for help

Posted by eerie - 15 May 2024 17:40

Dearest friend and inspiration, strength and support, light and powerhouse, our dear friend Reb
CO,

Mazal tov on the year, and on all that it represents. On the greatness you've attained, growing so unbelievably. On the wisdom you've shared with us, pushing us to really think. In English we say: KEEP ON TRUCKING!

There are so many things I want to say. Emotions overtake me. There are thoughts I want to share. There's a heart I want to bare. Yet, out in the open, for all to hear...but I still want you to know. And I know that you already do.

Because, as you surely know, ah hartz shpeert ah hartz.

Oy, how you know.

Ah hartz shpeert ah hartz

My friend, dear, dear friend, who's friendship has stood by me so many times, through thick and thin, who's wise advice has impacted so many areas of my life, I have not sufficient words to thank you, to thank the RBSO for orchestrating that our paths have crossed. My heart swells with pride that I count among your friends. May the RBSO give you the clarity and strength to grow through the challenges you currently face, and the peace and presence of mind to continue all your avodas hakodesh.

Friend, we are always here for you

With tears in my eyes,

Eternally grateful,

Eerie

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Re: Thought I wouldn't need to ask for help
Posted by youknowwho - 15 May 2024 19:05

I as I lay awake last night on YouTube, (Bah Humbugitty Doo)

I saw your post come in; my heart did fill with simcha for you

For although I'm still trapped in Lilith's firm grip

I read your words, as you truck on your Trip

And *hope* to me it did give, for my heart oh so weary

That through those days, dark and dreary,

Light and good things can be reborn again

It's not a question of *if*, but *when*

So, my dear friend, if you're ever feeling like Toad, Alone,

In that tempest sea of life, lurk dark creatures of ice and stone

Loch Ness-like eels who grab you, and frighten

Crabs with sharp pincers abound, they are bitin'

Remember this, The Elder Wand you possess,

Not Thestral hair, for that's really worthless

It's not the wand that makes the wizard, sorry Ollivander,

Pieces of wood and Phoenix feathers, are merely dander

Your true power lies in being a Jew

Possessing a soul of white fire, the Chosen few

With the Hallows of Torah, Avodah and Prayer,

You can get through it all, layer by layer

Dear Chaimoigen, I wish for you

A life of happiness, to be a good Jew

Help many, as you've helped me and others,

With counsel and heart, so that porn no longer bothers

Thank you!!! Keep on Trucking,

With that old magic called love,

-Tom

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Re: Thought I wouldn't need to ask for help

Posted by gevura shebyesod - 15 May 2024 19:36

I'm not even going to try to compete with all that magnificent poetry....

Just wanted to wish you Mazel Tov and happy/birthday/anniversary(/yorchzeit?)

May you continue growing and inspiring (and monstuh trucking!)

Stan

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Re: Thought I wouldn't need to ask for help

Posted by frank.lee - 15 May 2024 23:00

Mazal tov! Keep inspiring us, helping others, and never become complacent! The yh doesn't give up too easily.

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