

Hashem Saved Me

Posted by Heshemechad - 02 May 2023 11:40

Hi,

Im 28 single and I almost have no control of stopping to watch porn. As hard as I try I can't get over it. Kinda struggling on my own. I did something that I never did before and I called out to Hashem to take this burden from me because nothing is working and I feel like I'm trying my hardest. A half hour later my typical urge to watch porn was there. My Yetzer Tov and Yetzer Horara fought it out and my Yetzer horah had a very good argument and my decision was made. So I opened the browser on my phone that had zero browsing history saved no auto recommend ect ect. I by mistake hit the G on the keyboard and gye website popped up although my phone is not set up to do that and no websites pop up when typing! I have a gye account but I never spent time on it and haven't logged in since I made the account which has been a few years! it was very hard to take a step back but after a long struggle I was able to hold myself back from watching and distract myself on gye website. which is quite a feat for myself. I almost never posted anything publicly online I am currently a hour after my struggle writing this and thanking Hashem for giving me this gift, directly helping me out and answering my plea! I give everyone a blessing that they should overcome their Sexual challenges and that all their tefilot should be answered!

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Re: Hashem Saved Me

Posted by EccentricComposer - 02 May 2023 14:28

That's an amazing story of hasgacha pratis over there, welcome back! Feel free to reach out if you need any help with anything to anyone here, and also make sure to stick around and continue posting, it will help you tremendously!

Much hatzlacha in your struggles!

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Re: Hashem Saved Me

Posted by chancy - 02 May 2023 16:43

Hi,

Welcome home brother! Hashem gave you a hand and hes waiting for you to take it, so take it! In the beginning of your journey if you are really serious and you will ask alot for help, Hashem will show you great things like that. He wants you to succeed.

Please share about yourself, where are you in this journey? what are your issues? what have you already tried? what would you like advise on?

I think the most pressing thing is to address that smartphone..... as long as you have something like that laying around, its too esy to fall, the temptations are too great for us humans.

Lets talk. Im listening.

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Re: Hashem Saved Me

Posted by Horizon - 02 May 2023 18:22

hi and welcome!

that's a really cool story. thanks for sharing. the coolest part in my opinion is that you followed the lead to this wonderful site instead of just brushing it off and continuing.

there's a vort from the kotzker, that from all the nissim that happened w eliyahu b'har hakarmel, the biggest ness was that the yiddin cried out that hashem is true, and didn't just say wow what a ness and move on.

i'll address one point you made since nobody did yet: "i almost have no control of stopping to watch porn".

hang around here some more and you might change your prospective.

hatzlacha!!

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Re: Hashem Saved Me

Posted by Vehkam - 03 May 2023 02:49

[Heshemechad wrote on 02 May 2023 11:40:](#)

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welcome and thank you for posting. it is very special that you recognize that hashem will help you get out of this. You mentioned that as hard as you try you could not stop. Often it is not about how hard you try, I believe the quote is fight smarter, not harder....being proactive and changing your perspective during the moments that you are not gripped by desire will help you immeasurably in this struggle.

best wishes

vehkam

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Re: Hashem Saved Me

Posted by Heshemechad - 04 May 2023 04:28

Thanks all for being so responding and welcoming me. All sharing warmth, care and wisdom although you don't know who I am.

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Re: Hashem Saved Me

Posted by Eerie - 04 May 2023 17:09

Hi! Welcome to the family, my friend! Here we are brothers, we care about you and we want to hear from you. Keep sharing! We are here for each other. There are many great things to learn here and good people to connect to, and soon you will learn that many of them thought like you that they just can't get stop, and they learned how to stop. So stick around, keep posting, and Keep trucking!

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