

Hi, I'm back

Posted by mex19 - 17 Apr 2023 01:24

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Hi, I'm back

**I was here before in the forum with other accounts, but I had no discipline, it fell to the P&M and I simply said goodbye to the forum. I want to start over but now do it for real. I became more addicted to the P&M. I have bad thoughts about sex and in the past I didn't have them. I'm scared of it I need help**

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Re: Hi, I'm back

Posted by Yankee - 17 Apr 2023 04:13

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In a somewhat similar boat—you are definitely not alone, we will do it together.

United we conquer!

nice to have you back,

have a great week!

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Re: Hi, I'm back

Posted by Horizon - 17 Apr 2023 05:03

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hi and welcome back!

i think its important to remember that no one becomes a tzadik or for the same price a baal teshuva over night. the gadlus of the chevra around here is that we stay around even in tough times, even when we're going through a fall we come around and stay a part of the community.

i don't mean to damper your excitement of coming back, and i wish you to continue on a one way flight upward bound, i just felt i should say this.

hatzlacha, and please stick around

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Re: Hi, I'm back

Posted by mex19 - 17 Apr 2023 06:25

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Hi , thanks

Thanks for your love

Thanks for your service

I have peace thanks to your comment

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Re: Hi, I'm back

Posted by mex19 - 17 Apr 2023 06:28

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Thanks

**Thanks to your comment I have clear ideas that he is a tzadik.**

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Re: Hi, I'm back

Posted by Captain - 17 Apr 2023 13:04

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Welcome!

Please check out these great free resources:

ebook- The Battle of the Generation. It's a real game-changer!

Audio series- The Fight

They're very good to start with.

See below in my signature for the links.

Hatzlocha!

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Re: Hi, I'm back

Posted by Eerie - 17 Apr 2023 23:03

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[mex19 wrote on 17 Apr 2023 01:24:](#)

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It's so nice to see how everyone welcomed you! I hope you really feel welcome, stick around, there are good things to learn and good people to connect to, and through them all you will discover beH the goodness that is within you! Keep posting and keep trucking!

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Re: Hi, I'm back

Posted by Crabapple18 - 18 Apr 2023 04:48

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Hi, I'm back

**I was here before in the forum with other accounts, but I had no discipline, it fell to the P&M and I simply said goodbye to the forum.**

My experience is it is easier to reach out when things are better.

When things are tough and rough I just want to isolate. But that's when I need to reach out.

Hatzlacha this time around!

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