

i'm finally posting

Posted by Horizon - 30 Mar 2023 20:24

i wroth this up yesterday but for some reason it didn't post. sitting down to rewrite it now.

hi everyone! my name is horizon i'm a 23 yo yeshiva bochur. i created my account about a year ago, but haven't been active until about a week ago. in the little time i'm here iv'e met some wonderful chevra, and was encouraged to write about myself. i hope it will takeh help me, specifically w meeting and connecting with the chevra. although my 'story' is as cookie cutter typical as they get, i'm still sharing. partially to unload, but mainly to make connections with . here we go...

i grew up in a typical frum yeshivish home. my father is a respected rebbi, and my mother teaches in the local school. although my parents are good people, i never connected w them or felt understood. emotions were also pretty much nonexistent in our home. my father is very reserved and cold, and my mother was always a hard woker, and expected the same from us. (recently my siblings and i started discussing how this affected us. bh i have a pretty nice relationship w my siblings)

from quite a young age (probably like 10) i had a sexual rush. but i'd rather not elaborate on that. when i was 13 years old i went off to an out of town yeshiva ketana. although it was a nice yeshiva, and the chevra were nice, i had a hard time fitting in cuz i was a year younger then the class. i kinda felt like i don't belong and also had to prove myself. i was also embarrassed to share my age with orhers. it was a tough matzav.

others. so if you came for chidushim, i'm sorry to let you down. during the first year in yeshiva i started to become a very 'erlnste bochur'. taking davening seriously, waking up early to learn, i would get upset when guys were sitting around and chilling or talking loshon hara... you get the pic. it was kind of a distraction from social life which i wasn't very good at.

the next year i went the other direction. i started sleeping in, chavering zich with the more chilled guys in yeshiva, and being in beis medrash less.

one day i came across a store not far from yeshiva that sold (drumroll please) adult magazines. i took one. (i don't want to say stole). i was utterly shocked by what i saw. i was a naive sheltered boy, who didn't dream there was such a thing as women exposing themselves. i didn't either know about sex. that magazine really changed me (one of my rebbeim at the time pointed out that he sees i changed). it was at that point that a started to m* (i hate the word, so a * will

have to suffice). over the next two years i only took another two or three magazines, and occasionally when i'd be home i'd watch porn.

when i was 17 i went to eretz yisroel for the summer. seeing the attitude they have in israel towards the internet had a big effect on me, and it caused me to make strong gedarim for myself. i was clean from porn and m* for 3 years (!)

after that the YH creapt in in the most ingenious of ways. i decided to be a ka'nu'ee and check to make sure our family's computer was kosher. it was not.

about a year ago i came across gye, and was convinced it was the end of my struggles. i now had a place to keep myself in track by using the success tracker and i'll live happily ever after. i was clean for 8 days.

i recently gave up my access to porn, and now have a phone that is really restricted (no really). bh it was a HUGE gamechanger. iv'e wanted to do it for the longest time but it was very hard. and that first night without it was very, hard. but surprisingly in the days since i was very much ok and didn't feel like i'm missing much. (although i'll admit that it gets annoying sometimes heving restricted access).

i'm gonna try for the future to be more involved in this community, and hopefully i'll meet some nice chevra:)

wishing everyone continued hatzlacha in everything,

horizon

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Re: i'm finally posting

Posted by Misgaber96 - 24 Apr 2023 06:51

Thank you for sharing and being honest, One day at a time my friend, There are only 2 ranks here on GYE sober and not sober and sobriety takes 24hrs, My sponsor told me after I fell last, to be safe for the next 24hrs.

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Re: i'm finally posting

Posted by Misgaber96 - 24 Apr 2023 06:58

I just read the whole forum, I saw your original post. You sound very genuine of a person. I personally share in that way and I find I am sober (though I need SA) I hope you find that you can stop using this platform, keep coming back and sharing with us.

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Re: i'm finally posting

Posted by monseyid41 - 24 Apr 2023 13:49

Hey, sorry to hear about your fall. It seems like you have the right perspective about it, though. You were able to get right back up and make a fresh start. Feel free to reach out if there's any other way we can help you. Looking forward to hearing your news tomorrow.

P.S. I'm just wondering what you did about that old phone. Do you still have it?

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Re: i'm finally posting

Posted by Eerie - 24 Apr 2023 20:33

You are blessed that you felt that sweet taste, and beH you'll keep trucking and get to taste that sweet taste many times over and over. 22 holy days, shining forever and yours for all eternity!

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Re: i'm finally posting

Posted by Horizon - 26 Apr 2023 04:54

hey guys, thanks for being there, and thanks for all the chizuk.

here's the second part of the story:

after a light fall Friday, and then another on motze shabbos, i was chatting w a couple guys who were being m'orer me to get rid of my old phone. one guy in particular was pushing me.

thing is i was able to trade in the phone for like 2/300\$. it wasn't so much about the money, but more about giving up an opportunity to make a buck. also i had data on that phone that i still wanted to restore. my thought process was that i'll trade it in within the next couple days, and for that amount of time i'd be able to control myself.

I'maase this guy i was chatting with was persistent. he told me things that i already knew but had to hear, and was pushing me to just smash the phone. finally he offered me a hundred bucks to break it. we ended up w a deal that if i send him a picture of the phone smashed he'll give 100\$ to tzedaka. he said he felt that if he helps me stay off of p&m it can be a tikkun for him, and that he hopes i'll be there for him when he needs it. isn't that special?

now i dont want to be a phone smasher (anyone read the mishpacha pesach story supplement?) and i'm uncomfortable breaking things, but here i was bringing a wrench down on my phone... i did it reluctantly, but afterwards breathed i sigh of relief. hopefully the next glass i break will be followed by mazal tov.

please hashem b'karov.

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Re: i'm finally posting

Posted by iLoveHashem247 - 26 Apr 2023 12:44

[Horizon wrote on 26 Apr 2023 04:54:](#)

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please hashem b'karov.

There is a very special yeshiva in Monsey called Ohr Yisrael in Monsey that has a shelf with dozens of smashed smartphones, tablets, and even an aftermarket head unit from a car (the screens with internet access, backup cam, YouTube, browser etc).

I've been there when a device was smashed. They make a big Simcha out of it. The guys who smash end up on such a high of coming close to Hashem they throw themselves into learning and working on middot and become amazing people.

you did something amazing!

i don't know what article you are referring to but I wouldn't take hashkafa tips from a magazine, even (especially) one for the Jewish market. People read it for entertainment, not to become more sensitive toward spiritual growth...

kol hakavod!

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Re: i'm finally posting

Posted by Trouble - 26 Apr 2023 13:38

[iLoveHashem247 wrote on 26 Apr 2023 12:44:](#)

[Horizon wrote on 26 Apr 2023 04:54:](#)

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kol hakavod!

and here i thought that was the purpose and mission of gye

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Re: i'm finally posting

Posted by monseyid41 - 26 Apr 2023 13:56

[Horizon wrote on 26 Apr 2023 04:54:](#)

hey guys, thanks for being there, and thanks for all the chizuk.

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please hashem b'karov.

Wow! Beautiful! It's stories like these that make it worthwhile to keep on visiting GYE. Here we have two "simple" Yidden who just did some unbelievable things. One pushed aside his discomfort to smash his Y"H, and the other one paid money to give his friend the extra push. Thank you for sharing this.

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Re: i'm finally posting
Posted by vayimaenyosef1398 - 27 Apr 2023 03:21

As typical as the story is, it's still inspiring that you are trying and taking the steps now.

Nice to have "met you".

Hatzlacha!

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Re: i'm finally posting
Posted by soaring high - 27 Apr 2023 03:27

[vayimaenyosef1398 wrote on 27 Apr 2023 03:21:](#)

As typical as the story is, it's still inspiring that you are trying and taking the steps now.

Nice to have "met you".

Hatzlacha!

if only it would become a little more typical!

horizon! that took true strength keep it up buddy! ur a hero!

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Re: i'm finally posting

Posted by Grant400 - 28 Apr 2023 01:19

[Horizon wrote on 26 Apr 2023 04:54:](#)

hey guys, thanks for being there, and thanks for all the chizuk.

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after a light fall Friday, and then another on motze shabbos, i was chatting w a couple guys who were being m'orer me to get rid of my old phone. one guy in particular was pushing me.

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please hashem b'karov.

Awesome! That feeling of relief when the decision is out of your hands. The torment takes a tiny break.

I know how you feel. I had the same situation with an old phone. Same excuses, data, value etc. Guess what I did? Yup! Smashed it too! But I used a hammer...

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Re: i'm finally posting

Posted by iLoveHashem247 - 28 Apr 2023 11:36

[Grant400 wrote on 28 Apr 2023 01:19:](#)

[Horizon wrote on 26 Apr 2023 04:54:](#)

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I know how you feel. I had the same situation with an old phone. Same excuses, data, value etc. Guess what I did? Yup! Smashed it too! But I used a hammer...

How can we make this more of a thing?

Also, what phone did you switch to?

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Re: i'm finally posting

Posted by Eerie - 28 Apr 2023 18:43

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Re: i'm finally posting

Posted by EccentricComposer - 28 Apr 2023 18:47

B"h nowadays you can get almost everything you really need on a tagged flip phone!

Warning: Spoiler!

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