

i'm finally posting

Posted by Horizon - 30 Mar 2023 20:24

i wroth this up yesterday but for some reason it didn't post. sitting down to rewrite it now.

hi everyone! my name is horizon i'm a 23 yo yeshiva bochur. i created my account about a year ago, but haven't been active until about a week ago. in the little time i'm here iv'e met some wonderful chevra, and was encouraged to write about myself. i hope it will takeh help me, specifically w meeting and connecting with the chevra. although my 'story' is as cookie cutter typical as they get, i'm still sharing. partially to unload, but mainly to make connections with . here we go...

i grew up in a typical frum yeshivish home. my father is a respected rebbi, and my mother teaches in the local school. although my parents are good people, i never connected w them or felt understood. emotions were also pretty much nonexistent in our home. my father is very reserved and cold, and my mother was always a hard woker, and expected the same from us. (recently my siblings and i started discussing how this affected us. bh i have a pretty nice relationship w my siblings)

from quite a young age (probably like 10) i had a sexual rush. but i'd rather not elaborate on that. when i was 13 years old i went off to an out of town yeshiva ketana. although it was a nice yeshiva, and the chevra were nice, i had a hard time fitting in cuz i was a year younger then the class. i kinda felt like i don't belong and also had to prove myself. i was also embarrassed to share my age with orhers. it was a tough matzav.

others. so if you came for chidushim, i'm sorry to let you down. during the first year in yeshiva i started to become a very 'erlnste bochur'. taking davening seriously, waking up early to learn, i would get upset when guys were sitting around and chilling or talking loшон hara... you get the pic. it was kind of a distraction from social life which i wasn't very good at.

the next year i went the other direction. i started sleeping in, chavering zich with the more chilled guys in yeshiva, and being in beis medrash less.

one day i came across a store not far from yeshiva that sold (drumroll please) adult magazines. i took one. (i don't want to say stole). i was utterly shocked by what i saw. i was a naive sheltered boy, who didn't dream there was such a thing as women exposing themselves. i didn't either know about sex. that magazine really changed me (one of my rebbeim at the time pointed out that he sees i changed). it was at that point that a started to m* (i hate the word, so a * will

have to suffice). over the next two years i only took another two or three magazines, and occasionally when i'd be home i'd watch porn.

when i was 17 i went to eretz yisroel for the summer. seeing the attitude they have in israel towards the internet had a big effect on me, and it caused me to make strong gedarim for myself. i was clean from porn and m* for 3 years (!)

after that the YH creapt in in the most ingenious of ways. i decided to be a ka'nu'ee and check to make sure our family's computer was kosher. it was not.

about a year ago i came across gye, and was convinced it was the end of my struggles. i now had a place to keep myself in track by using the success tracker and i'll live happily ever after. i was clean for 8 days.

i recently gave up my access to porn, and now have a phone that is really restricted (no really). bh it was a HUGE gamechanger. iv'e wanted to do it for the longest time but it was very hard. and that first night without it was very, hard. but surprisingly in the days since i was very much ok and didn't feel like i'm missing much. (although i'll admit that it gets annoying sometimes heving restricted access).

i'm gonna try for the future to be more involved in this community, and hopefully i'll meet some nice chevra:)

wishing everyone continued hatzlacha in everything,

horizon

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Re: i'm finally posting

Posted by horizon - 06 May 2024 19:57

I'm glad this conversation brought up all these great thoughts, thank you all for participating. while on the one hand i don't fully understand everything that was brought up, and on the other hand i don't completely agree w everything, i greatly appreciate the voices which shared their thoughts and insights to this discussion.

jack, you're last point can be tough to swallow.

P.s.

i'm glad to be seeing you around, and honored that you graced my thread w your presence.

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Re: i'm finally posting

Posted by horizon - 24 May 2024 23:02

Hi friends, its been some time. im in yeshiva and seldom have access to come around here.

bh im on day TOV, and will continue trucking bisyata dishmaya.

gut shabbos!

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Re: i'm finally posting

Posted by horizon - 07 Jun 2024 23:23

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Re: i'm finally posting

Posted by horizon - 16 Jun 2024 20:22

Day 40. bh

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Re: i'm finally posting

Posted by Muttel - 16 Jun 2024 20:26

[horizon wrote on 16 Jun 2024 20:22:](#)

Day 40. bh

Wow, amazing! I'm right behind you brother!

you're so fortunate to be taking on this damned beast at your age, and not waiting until mine...

with my bestest wishes for much hatzlacha in trucking for many years to come!

Muttel

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Re: i'm finally posting

Posted by horizon - 16 Jun 2024 20:30

thank you!

i've been watching you a little, but am not here often enough to stay in the loop.

keep it up, and let's continue doing this together!!

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Re: i'm finally posting

Posted by YSDB - 17 Jun 2024 16:55

Keep it up.

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Re: i'm finally posting

Posted by Hashem Help Me - 19 Jun 2024 04:21

Keep it up tzaddik. The *horizon* is glowing with a rising majestic powerful warming sun.....

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Re: i'm finally posting

Posted by horizon - 21 Jun 2024 18:07

A gutin erev shabbos tayere yiddin.

Today is day 45. half way to 90. big stuff are coming!

Boruch hashem!!

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Re: i'm finally posting

Posted by Muttel - 21 Jun 2024 18:36

[horizon wrote on 21 Jun 2024 18:07:](#)

A gutin erev shabbos tayere yiddin.

Today is day 45. half way to 90. big stuff are coming!

Boruch hashem!!

Great news!

you should go mechayil El choyil!

right behind you bro !

Muttel

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Re: i'm finally posting

Posted by horizon - 28 Jun 2024 21:00

day 52. boruch hashem!!

good things are coming on the horizon

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Re: i'm finally posting

Posted by chaimoigen - 30 Jun 2024 07:02

[horizon wrote on 28 Jun 2024 21:00:](#)

day 52. boruch hashem!!

good things are coming on the horizon

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Re: i'm finally posting

Posted by horizon - 05 Jul 2024 19:18

Dearest chevra,

this week i made it into the high 50's. it was a huge accomplishment for me. more then the number of days - the longest streak i did since joining gye about two years ago - what those days reflected was tremendous growth. a little after pesach i decided w true commitment, that the time has come, i'm done w this nonsense. i'm sick and tired of the ups and downs, doing a week or two and then falling out for a couple days just to repeat the cycle. i called a few chevra to make it official, got some chizuk and ideas and was off to a new start. BH i am truly grateful that the results showed.

~~this all came to an end two days ago.~~ unfortunately, the other day i slipped. i was dealing w a lot, including a very upsetting setback, and ultimately succumbed to look at r'iyos assurim. i wish i was stronger. i also wish i wouldn't have access. oy. this is very upsetting. besides for the feeling that i became weaker, it is also very annoying. as i have quite some to do in the next couple days, and this just gave me such an ichy loser feeling. it sucks.

my response to that is, that although i may have gotten weaker through falling, i will resolve to find new strength to be misgaber these next couple days. i am recommitting to keep gidrei yichud w an unsafe device till after next shabbos. regarding the negative feelings, i will own up to my actions and suffer the consequence. i did something that made me feel stupid, and i will now continue life undeterred.

an interesting reflection: i'ts crazy how just the other day i came across a non tznius billboard and thought it was disgusting. that society advertises that we are all hopeless when we're

shown some fleshy curves. i was nauseated by certain acts people do. but that all faded out so quickly. the second i looked up a couple things on the internet it was over.

BH i didn't go too far off the deep end, please hashem help me have a safe landing, give me the koicos to be STRONG, and to land safely on the other side of this speed bump.

gut shabbos to all,

there is light on the

horizon

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Re: i'm finally posting

Posted by jewizard21 - 05 Jul 2024 20:20

Correct me if im wrong but it sounds like the way your looking at it is that your no longer "clean".

I would like to point out that it's not that you ate no longer clean its just that you no longer have a streak and now you have to restart the streak.

Yes having 50+ days in a row is stronger and healthier than day 1 of a streak, but it's not only about the streak it's about the overall outcome.

Also I'm not saying ODAAT is obsolete, I am just giving a different perspective on the concept of a streak and fall. ODAAT is how you accomplish cleanliness but what is overall cleanliness, what makes you clean?

It's the overall outcome, if you fall after 50+ days that's a great accomplishment, but think out of the 2+ yrs how many of those days were you clean and how many of those days did you slip up?

I hope you understand what I'm trying to get at. Also Mazel Tov on the new highest streak and may you pass it with flying colors this next go around.

Good Shabbos!!

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